

الصلاة قرّة عيني

PRAYER A COOLNESS
OF MY EYES

PRAYER





بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
لا حول ولا قوة إلا بالله

الصلاة قرّة عيني

Prayer: Coolness of the Eyes

01 FEBRUARY 2020 | 07 JAMAD AL AKHAR 1420 | WORKSHOP

INTRODUCTION

SURAH TA HA 12 TO 15

12.

إِنِّي أَنَا رَبُّكَ فَاخْلَعْ نَعْلَيْكَ ۖ إِنَّكَ بِالْوَادِ الْمُقَدَّسِ طُوًى

"Verily I am your Lord! So take off your shoes; you are in the sacred valley,
Tuwa.

13.

وَأَنَا اخْتَرْتُكَ فَاسْتَمِعْ لِمَا يُوحَىٰ

"And I have chosen you. So listen to that which will be revealed (to you).

14.

إِنِّي أَنَا اللَّهُ لَا إِلَهَ إِلَّا أَنَا فَاعْبُدْنِي وَأَقِمِ الصَّلَاةَ لِذِكْرِي

"Verily! I am Allah! La ilaha illa Ana (none has the right to be worshipped
but I), so worship Me, and perform As-Salat (Iqamat-as-Salat) for My
Remembrance.

15.

إِنَّ السَّاعَةَ آتِيَةٌ أَكَادُ أُخْفِيهَا لِتُجْزَىٰ كُلُّ نَفْسٍ بِمَا تَسْعَىٰ

"Verily, the Hour is coming - and I am almost hiding it from Myself - that every person may be rewarded for that which he strives.

- In the prayer, Allah (سبحانه وتعالى) is calling us and the prayer is a light. Without the prayer, we feel lonely and no one understand us; we are in darkness. The prayer gives us comfort, happiness and warmth.
- In Surah Ta Ha, Allah (سبحانه وتعالى) tells Musa (عليه السلام) that He chose him and when we go to the prayer, Allah (سبحانه وتعالى) chose us to speak to Him, subhan Allah.
- We do not want to miss any appointment. We should not the see the prayer as a burden; the prayer is light and happiness. The prayer is our life because He chose us to pray. We need to feel "when is the adhan?"
- When we pray, we are in a meeting with our Lord and we are in a special conversation with Him. We may not hear Him but we need to believe we are talking to Him. His voice is too beautiful for us to handle in this life.
- The prayer teaches us to listen to good things and to speak good things.

WHO IS ALLAH?

- Allah (سبحانه وتعالى) is Our Rabb and He is The One Who takes care of us.
- He is Ar Rahman Ar Raheem – He is The Most Merciful. He has more mercy to us than our own mother. When we ask Allah (سبحانه وتعالى) for something and He does not give us then that is because He knows it is not good for us now. He will not give us something that will harm us.
- He is Al 'Aleem – The All-Knowing, He knows the past, present and future. He knows anything we do secretly, and He knows when is the Day of Judgement.
- Allah is Al Qadeer and He is able to do all things. He can cause the sun to rise and set. He brings down the rain.
- We want to know about Allah (سبحانه وتعالى) before we pray because we love Him and He is perfect. There is no one like Him.
- He is Al Malik – The King and He commanded us to pray.

WHY DO WE PRAY?

- Because we love Allah (سبحانه وتعالى), we love to speak to Him and we love that Allah (سبحانه وتعالى) speaks to us.
- We love to pray and the prayer is light. When we do not pray then we will be blind from seeing good and bad, right and wrong and knowing the way.
- A life without light is being lost.
- The Prayer is light, the Qur'an is light and any good deed is light, while anything bad is darkness. Who will give us light? Allah (سبحانه وتعالى).

SURAH AN NOOR 35

اللَّهُ نُورُ السَّمَاوَاتِ وَالْأَرْضِ ۚ مَثَلُ نُورِهِ كَمِشْكَاةٍ فِيهَا مِصْبَاحٌ ۚ الْمِصْبَاحُ فِي زُجَاجَةٍ ۚ الزُّجَاجَةُ كَأَنَّهَا كَوْكَبٌ دُرِّيٌّ يُوقَدُ مِنْ شَجَرَةٍ مُبَارَكَةٍ زَيْتُونَةٍ لَا شَرْقِيَّةٍ وَلَا غَرْبِيَّةٍ يَكَادُ زَيْتُهَا يُضِيءُ وَلَوْ لَمْ تَمْسَسْهُ نَارٌ ۚ نُورٌ عَلَى نُورٍ ۚ يَهْدِي اللَّهُ لِنُورِهِ مَن يَشَاءُ ۚ وَيَضْرِبُ اللَّهُ الْأَمْثَالَ لِلنَّاسِ ۚ وَاللَّهُ بِكُلِّ شَيْءٍ عَلِيمٌ

Allah is the Light of the heavens and the earth. The parable of His Light is as (if there were) a niche and within it a lamp: the lamp is in a glass, the glass as it were a brilliant star, lit from a blessed tree, an olive, neither of the east (i.e. neither it gets sun-rays only in the morning) nor of the west (i.e. nor it gets sun-rays only in the afternoon, but it is exposed to the sun all day long), whose oil would almost glow forth (of itself), though no fire touched it. Light upon Light! Allah guides to His Light whom He wills. And Allah sets forth parables for mankind, and Allah is All-Knower of everything.

- Prayer is light and when we pray, He will give us more light. And when we pray, it will elevate us in ranks, the prayer will reach the seven heavens. Allah (سبحانه وتعالى) is above the seven heavens, He rose in a manner that suits His majesty. He is not everywhere.
- The meaning of the word “salat” is connection.
- Before commanding our children to pray, they need to be shown they are loved. Why do they connect on social media? Because they are missing out on connections.
- If we are not obedient to Allah (سبحانه وتعالى) then we cannot make them obey us. We need to connect to our children and express our love to them. If we do this then they will listen and do not want to disobey us. We

should not make the relation with our children like a barren desert. Our religion is a flexible religion full of feelings. The best connection is when we remind each other of Allah (سبحانه وتعالى).

- There are seven people who will be shaded under the Shade of Allah (سبحانه وتعالى) – a youth who grew up on the faith. Our religion teaches us to connect in the best way. If we do not know Allah (سبحانه وتعالى) and our heart is not turning to Him, then we have not enjoyed our lives yet, subhan Allah. When we connect with Him then we will connect with others in the best way. We love the study circles because we connect better.
- Despite the children been connected to others, they are lonely in their rooms. What can we do? We should at least send them a message saying “I love you”. Send an individual to message to each of them.
- We should not stop smiling, even if the mother is busy with work “smile”, and even if the children are busy with school work, “smile”.

PRAYER A COOLNESS OF THE EYES

- The actions of the prayer are easy, but to reset our system, heart and feelings is not easy. The prayer is special because it is the second pillar of Islam after the testimony of faith which is bearing witness to there is no one worthy of worship except Allah and Mohammed is the Messenger of Allah. Whoever says this truthfully with belief will enter paradise. It is the word of tawheed. May Allah (سبحانه وتعالى) make us to say it truthfully. Ameen.
- Our purpose in life is to know Allah (سبحانه وتعالى), love Him and do everything that brings us closer to Him. The more we do good deeds, the more we come closer to Him.
- Imagine we are saying something important and the other person is ignoring us – this is not a perfect connection. We have to establish the prayer and as soon as we say “Allahu Akbar” which is called “Takbeerat Al Ihram” – we will enter the prayer. We cannot eat or drink or speak to others. Allah (سبحانه وتعالى) is greater than anything and we are saying this. The most amazing thing will happen – He will place His Face in front of ours, subhan Allah. There is no one like Allah (سبحانه وتعالى) and He is able to do all things. No human being can be at two places at the same time.
- The Prophet (صلى الله عليه وسلم) was best in character by giving his full attention and face to anyone speaking to him. When our mother is talking to us, we should not give her our back or the side of our face.

- As long as the person is not turning away, then Allah (سبحانه وتعالى) will place His Face. Allah (سبحانه وتعالى) is The Most Beautiful and we cannot handle seeing Him in this life due to His great beauty. Though He will give a special delight to the dwellers of paradise to see His Face. We ask Allah (سبحانه وتعالى) of His great favor. Ameen.
- We want to establish our prayer in the best way, how? When we believe Allah (سبحانه وتعالى) is placing His Face in front of ours.
- We believe Allah (سبحانه وتعالى) hears what we say in our prayer and He speaks to us though we cannot hear His voice because we would not be able to handle it in this life.
- Allah (سبحانه وتعالى) sees us in every moment of our prayer. We do not need a monitor or for someone to tell us. Allah (سبحانه وتعالى) knows our intentions and He knows if we are doing it sincerely or not. Our prayer is not valid if we are praying for someone else.
- Surely the prayer will take us to the highest position and protect us from ourselves. There was a man who was stealing, but he was praying. One of the Companions said, "if he is praying, then sooner or later he will stop stealing", subhan Allah. Thus we should not stop praying, because we will be saved sooner or later. We ask Allah (سبحانه وتعالى) to make us establish the prayer and our offspring. Ameen.
- We do not want to leave the prayer because we do not want to be sad or lost. Even if our prayer is not perfect, we should not leave the prayer.

- Allah (سبحانه وتعالى) will help us in all our affairs and put barakah in our time. When we do not leave the prayer, then He will make us connect in the best way.

HOW TO PRAY?

- Before praying, we need to be in a state of wudhu and the meaning of “wudhu” is to glow.

OBLIGATIONS OF ABLUTION

01	MAKE AN INTENTION IN THE HEART, WASH THE FACE WHICH INCLUDES RINSING THE MOUTH AND NOSE
02	WASH THE ARMS TO THE ELBOWS
03	WIPE THE HEAD INCLUDING THE EARS, BUT NOT THE NECK
04	WASH THE FEET TO THE ANKLES
05	FOLLOW THE ORDER
06	CONTINUOUS WITH NO GAPS IN FOLLOWING THE ORDER

- If we are in a state of wudhu and then our wudhu broke, we do not need to remove our socks, but only wipe over it.

1. STANDING (القيام)

- INTENTION IN THE HEART
- FACE THE QIBLA
- CLEAN AREA

2. OPENING TAKBEER – TAKBEERAT AL IHRAM

(تكبيرة الإحرام)

- RAISE BOTH HANDS
- SAY: **ALLAHU AKBAR**
- LOOK AT THE PLACE OF PROSTRATION



3. RECITE SURAH AL FATIHA (سورة الفاتحة)

In the name of Allah, the Most Gracious, the Most Merciful. (1)

All praise and thanks be to Allah, the Lord of the Worlds (2)

The Most Gracious, the Most Merciful, (3)

Master of the Day of Judgment. (4)

You (alone) we worship, and You (alone) we ask for help. (5)

Guide us to the straight path (6)

The way of those on whom You have granted Your grace, not (the way) of those who earned Your anger, nor of those who went astray. (7)



□ We begin by seeking refuge with Allah (سبحانه وتعالى) and He is The Most Compassionate and Most Merciful.

□ Surah Al Fatiha is a conversation between us and Allah (سبحانه وتعالى).

Hadith: فَإِنِّي سَمِعْتُ النَّبِيَّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ يَقُولُ: قَالَ اللَّهُ عَزَّ وَجَلَّ: قَسَمْتُ الصَّلَاةَ بَيْنِي وَبَيْنَ (

عَبْدِي نِصْفَيْنِ، وَلِعَبْدِي مَا سَأَلَ، فَإِذَا قَالَ الْعَبْدُ: { الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ } قَالَ اللَّهُ عَزَّ وَجَلَّ: حَمِدَنِي

عَبْدِي، وَإِذَا قَالَ: { الرَّحْمَنُ الرَّحِيمُ } قَالَ اللَّهُ عَزَّ وَجَلَّ: أَثْنَى عَلَيَّ عَبْدِي، وَإِذَا قَالَ: { مَالِكِ يَوْمِ الدِّينِ } قَالَ اللَّهُ

عَزَّ وَجَلَّ: مَجَّدَنِي عَبْدِي - وَقَالَ مَرَّةً: فَوَضَّ إِلَيَّ عَبْدِي، فَإِذَا قَالَ: { إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ } قَالَ: هَذَا

بَيْنِي وَبَيْنَ عَبْدِي وَلِعَبْدِي مَا سَأَلَ، فَإِذَا قَالَ: { اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ

الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ } قَالَ: هَذَا لِعَبْدِي وَلِعَبْدِي مَا سَأَلَ (Recite it to yourself, for I

have heard the Prophet (may the blessings and peace of Allah be up on him) say: Allah (mighty and sublime be He), had said:

I have divided THE prayer between Myself and My servant into two halves, and My servant shall have what he has asked for.

When the servant says:

1. Al-hamdu lillahi rabbi l-alamin, Allah says: **MY SERVANT HAS PRAISED ME.**
2. And when he says: Ar-rahmani r-rahim, Allah says: **MY SERVANT HAS EXTOLLED ME,**
3. and when he says: Maliki yawmi d-din, Allah says: **MY SERVANT HAS GLORIFIED ME**
4. And when he says: Iyyaka na budu wa iyyaka nasta in, He says: **THIS IS BETWEEN ME AND MY SERVANT, AND MY SERVANT SHALL HAVE WHAT HE HAS ASKED FOR.**
5. And when he says: Ihdina s-sirata l- mustaqim, siratal ladhina an amta alayhim ghayril-maghdubi alayhim wa la d-dallin, He says: **THIS IS FOR MY SERVANT, AND MY SERVANT SHALL HAVE WHAT HE HAS ASKED FOR.**

It was related by Muslim (also by Malik, at-Tirmidhi, Abu-Dawud, an-Nasa'i and Ibn Majah).)

4. BOWING (رکوع)

- SAY: FREE FROM IMPERFECTION IS MY LORD THE MOST GREAT (**SUBHAANA RABBIYAL-'ADHEEM**)



- We are not to bow to anyone except Allah (سبحانه وتعالى).

5. RISING FROM BOWING (الرفع من الركوع)

- SAY: ALLAH RESPONDS TO WHOMEVER PRAISES HIM (**SAMI'ALLAAHU LIMAN HAMIDAH**)
- SAY: OUR LORD AND TO YOU IS THE PRAISE (**RABBANAA WA LAKAL-HAMD**)



6. PROSTRATION (السجود)

- Sajdah Position: Make sure these body parts are touching the floor in the sujood position - the forehead along with the tip of the nose, both hands, both knees, the toes of both feet
- SAY: FREE FROM IMPERFECTION IS MY LORD THE MOST HIGH (**SUBHAANA RABBIYAL-A'LA**A)



- When we are in prostration, we are the closest to Allah (سبحانه وتعالى). We are in the lowest position to Him and He is The Most High.

7. SITTING BETWEEN THE TWO PROSTRATIONS

(الجلسة بين السجدين)

- SAY: MY LORD
FORGIVE ME,
MY LORD FORGIVE ME
(**RABBIGHFIR LEE,**
RABBIGHFIR LEE)



8. FIRST TESTIMONY (التشهد الأول)

ALL GREETINGS OF HUMILITY ARE FOR ALLAH,	التَّحِيَّاتُ لِلَّهِ Attahiyyaatu lillaahi
AND ALL PRAISES,	وَالصَّلَوَاتُ wassalawaatu
AND ALL GOODNESS.	وَالطَّيِّبَاتُ wattayyibaatu
PEACE BE UPON YOU,	السَّلَامُ عَلَيْكَ assalaamu 'alayka
O PROPHET ﷺ, AND THE MERCY OF ALLAH AND HIS BLESSINGS.	أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ 'ayyuhan-Nabiyyu wa rahmatullaahi wa barakaatuhu
PEACE BE UPON US	السَّلَامُ عَلَيْنَا assalaamu 'alaynaa
AND UPON THE RIGHTEOUS SLAVES OF ALLAH.	وَعَلَىٰ عِبَادِ اللَّهِ الصَّالِحِينَ wa 'alaa 'ibaadillaahis-saliheen
I BEAR WITNESS THAT THERE IS NONE WORTHY OF WORSHIP BUT ALLAH,	أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ 'Ash-hadu 'an laa 'ilaaha 'illallaahu
AND I BEAR WITNESS THAT MUHAMMAD IS HIS SLAVE AND HIS MESSENGER.	وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ wa 'ash-hadu 'anna Muhammadan 'abduhu wa Rasooluhu

9. FINAL TESTIMONY (التشهد الأخير)

O ALLAH, BESTOW YOUR FAVOR ON MUHAMMAD	اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ Allaahumma salli 'alaa Muhammadin
AND ON THE FAMILY OF MUHAMMAD	وَعَلَى آلِ مُحَمَّدٍ wa 'alaa 'aali Muhammadin
AS YOU HAVE BESTOWED YOUR FAVOR ON IBRAHIM AND ON THE FAMILY OF IBRAHIM,	كَمَا صَلَّيْتَ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ kamaa sallayta 'alaa 'Ibraaheema wa 'alaa 'aali 'Ibraaheema
YOU ARE PRAISEWORTHY, MOST MAJESTIC.	إِنَّكَ حَمِيدٌ مَجِيدٌ 'innaka Hameedun Majeed
O ALLAH, BLESS MUHAMMAD AND THE FAMILY OF MUHAMMAD	اللَّهُمَّ بَارِكْ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ Allaahumma baarik 'alaa Muhammadin wa 'alaa 'aali Muhammadin
AS YOU HAVE BLESSED IBRAHIM AND THE FAMILY OF IBRAHIM,	كَمَا بَارَكْتَ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ kamaa baarakta 'alaa 'Ibraaheema wa 'alaa 'aali 'Ibraaheema
YOU ARE PRAISEWORTHY, MOST MAJESTIC.	إِنَّكَ حَمِيدٌ مَجِيدٌ 'innaka Hameedun Majeed



10. TASLEEM (التسليم)

- TURN HEAD TO THE RIGHT AND SAY: PEACE BE UPON YOU AND THE MERCY OF ALLAH (ASSALAAMU 'ALAYKUM WA RAHMATULLAH)
- TURN HEAD TO THE LEFT AND SAY: PEACE BE UPON YOU AND THE MERCY OF ALLAH (ASSALAAMU 'ALAYKUM WA RAHMATULLAH)



- We begin with “Allahu Akbar” and end with peace; this means we want to leave as a peaceful person who does not harm, does not make problems and one who obeys.

رَبِّ اجْعَلْنِي مُقِيمَ الصَّلَاةِ وَمِنْ ذُرِّيَّتِي

"O my Lord! Make me one who performs As-Salat (Iqamat-as-Salat), and (also) from my offspring.

SURAH IBRAHIM [14:40]

تم بحمد الله

