

نجاح الإنسان

# HUMAN SUCCESS

الجزء الثاني: العمل الصالح  
**PART TWO: GOOD DEEDS**



طلب التصريح لتداول أو طباعة المصاحف والمطبوعات

Request Issuance of Permit Publication/Printing

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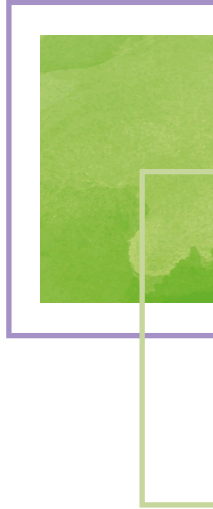
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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
لا حول ولا قوة إلا بالله

وَعَمَلُوا الصَّالِحَاتِ

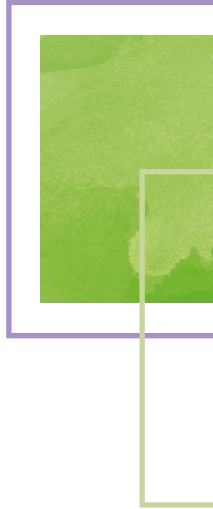
AND DO RIGHTEOUS GOOD DEEDS





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المقدمة

**INTRODUCTION**

# SURAH AL 'ASR

## (سورة العصر)

CHAPTER OF TIME

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

وَالْعَصْرِ ١

By time,

إِنَّ الْإِنْسَانَ لِفِي خُسْرٍ ٢

Indeed, mankind is in loss,

إِلَّا الَّذِينَ ءَامَنُوا وَعَمِلُوا الصَّالِحَاتِ وَتَوَّصَوْا بِالْحَقِّ وَتَوَّصَوْا

بِالصَّبْرِ ٢

Except for those who have believed and done righteous deeds and advised each other to truth and advised each other to patience.

“

Surah Al 'Asr is a complete surah such that Imam Ash Shaafie' (may Allah have mercy on him) said if only Surah Al 'Asr was revealed then **IT WILL BE ENOUGH.**

We humans can easily forget so we need reminders. We forget that we want to go to paradise. The shaitan, the duniya and life can make us forget. Sometimes we can forget which is ok, but when we remember, then we should act and go forward.

This means if the human does not do the best with the time he has then he will be in loss.

Humans can easily be molded, changed, spoiled and they can be the best as well. Notice how we can quickly change, but we do not want to be easily molded by anyone. We want to believe in Allah and go to the Qur'an because Allah will show us the best.

We all want to be winners and we do not want to be losers. Who will help us? Allah. We cannot depend on ourselves, but we ask Allah to help us do good and have good manners.

Does winning mean to compete with others? No. Winning is to use the time we have to come closer to Allah, to believe in Him, to do good, to be on the truth and to remain patient.

All praises are due to Allah, Lord of the Worlds.

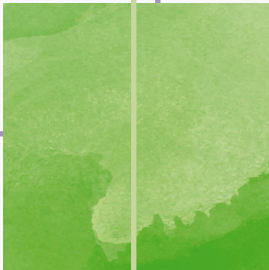
Praises and peace upon our Prophet Mohammed.





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**WHAT WE NEED  
TO BE WINNERS**

إِلَّا الَّذِينَ آمَنُوا وَعَمِلُوا  
الصَّالِحَاتِ وَتَوَاصَوْا بِالْحَقِّ  
وَتَوَاصَوْا بِالصَّبْرِ

Except for those who have believed and done righteous deeds and advised each other to truth and advised each other to patience.

## WHAT DO WE NEED TO DO TO BE WINNERS?

1. **BELIEVE (آمَنُوا):** to believe in all that Allah tells us.
2. **DO RIGHTEOUS GOOD DEEDS (وَعَمِلُوا الصَّالِحَاتِ):** when we believe what Allah tells us then it will show in our actions by doing what Allah wants from us.

If we do (1) and (2) then we will be a good person on our own (يُكْمِلُ نَفْسَهُ). We cannot be successful if we are only doing things for others. We first need to see what comes to us from belief and what comes out from us which are the good deeds. But we still need to be good with others (يُكْمِلُ غَيْرَهُ) such as our parents, friends and society. And that is (3) and (4).

3. **ADVISE ONE ANOTHER TO TRUTH (وَتَوَاصَوْا بِالْحَقِّ):** it is important to advise others to what is good and truthful.
4. **ADVISE ONE ANOTHER TO PATIENCE (وَتَوَاصَوْا بِالصَّبْرِ):** we need to be patient when we are with others and not complain about them.

## WHO ARE THE LOSERS?

1. **DISBELIEVE** (كفروا): they do not believe in Allah and what He told them.
2. **DO SINS** (عملوا السيئات): they commit sins and do bad things. They do not pray and do not speak good.
3. **SPREAD FALSEHOOD** (تواصوا بالباطل): they spread lies among people and spread negativity.
4. **IMPATIENT** (لا يصبر يشتكى): they always complain and are impatient with others.



# IMPORTANCE OF BELIEF



- Surah Al 'Asr explains our religion in a short and concise way. If this was the only surah revealed in the Qur'an then it would be enough as it tells us everything we need in life.

وَالْعَصْرِ  
١

By time,

- Allah swears by time because this is when we do everything.


إِنَّ الْإِنْسَانَ لِفِي خُسْرٍ  
٢


Indeed, mankind is in loss,

- If the human being does not do his best in the time he has, then he will be a loser. So success is to do the best with the time we have.


إِلَّا الَّذِينَ ءَامَنُوا وَعَمِلُوا الصَّالِحَاتِ وَتَوَّصَوْا بِالْحَقِّ وَتَوَّصَوْا  
بِالصَّبْرِ  
٣

Except for those who have believed and done righteous deeds and advised each other to truth and advised each other to patience.

 We do not want to be among the losers; we all want to have success and for that we need to benefit from our time. Only Allah can guide us to be successful and to do the best in our time.

 What do we do with our time in order to be successful?

1. Believe in Allah.
2. Do good deeds.
3. Advise one another to truth.
4. Advise one another to patience.

 If we do (1) and (2) then we will be a good person on our own. We cannot be successful if we are only doing things for others. We first need to see what comes to us from belief and what comes out from us which are the good deeds. But we still need to be good with others such as our parents, friends and society. And that is (3) and (4).



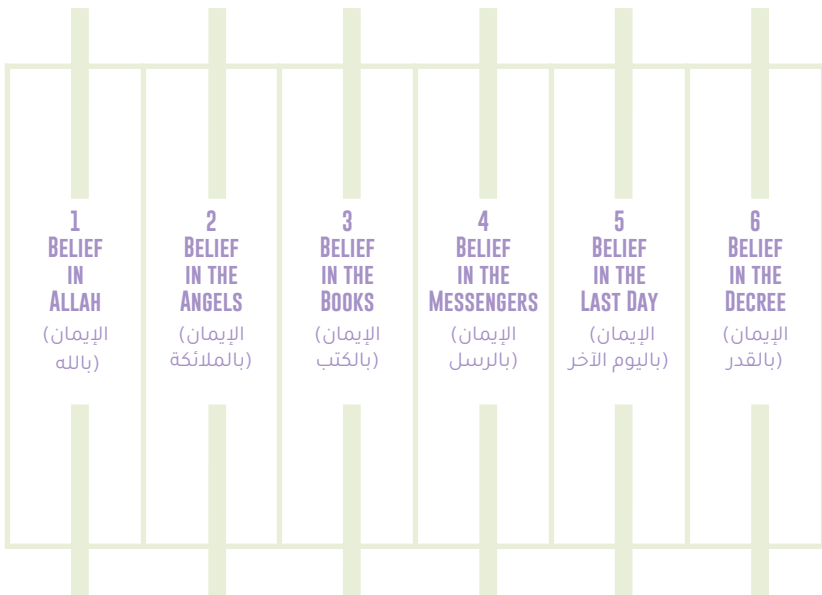


(1)

إِلَّا الَّذِينَ آمَنُوا

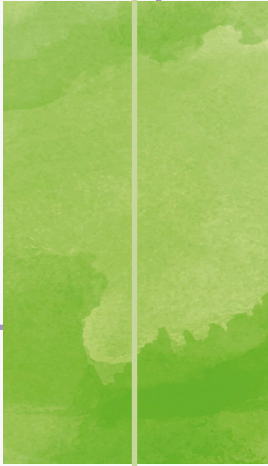
EXCEPT THOSE WHO BELIEVED

First, we need to believe so we can be successful. Belief is our foundation and our root. What do we believe? We believe in:



We need knowledge so that we believe. We believe in Allah, we believe He created the Angels, we believe He sent down the books, we believe He sent the messengers, we believe in the Last Day when Allah will account us and we believe in the Decree from Allah. It is important to believe in Allah because every pillar of faith is connected back to Allah.

Even if we do not see Allah, we believe in Him because of all the evidence He has given us. And when we believe in Allah and all the other pillars of faith, we will be so happy.



**PART TWO:**

العمل




الصالح

**GOOD DEEDS**

[2]

## وَعَمِلُوا الصَّالِحَاتِ




### AND DO RIGHTEOUS GOOD DEEDS

-  After we have a firm foundation of belief, we must focus on doing good deeds. In other words, when we have belief inside, we need to show it on the outside with our actions - our good deeds.
-  We will not be in loss when we believe and do righteous good deeds. Thus, in this book, we will be focusing on doing righteous good deeds in order to complete and perfect ourselves.
-  We ask Allah to make us benefit from this book and guide us to the best actions and the best deeds. We ask Allah to be successful and do the best in our time. Ameen.



**GOOD DEEDS**



-  What are righteous good deeds? Righteous good deeds are deeds that make us a good person and take us to paradise.
-  Some examples of righteous good deeds are praying, fasting, helping others, showing good manners and so forth.
-  When we believe what Allah tells us then it will show in our actions by doing righteous good deeds that Allah wants from us.

## CONDITIONS OF A GOOD DEED

- Good deeds are to be done according to two conditions so they can be accepted:

### 1. IKHLAAS (الاخلاص) – SINCERELY FOR ALLAH

- This means any deed we do, we do it sincerely for Allah and not for the people. When we pray, help others, do our chores and homework, we do it for Allah because He will reward us.
- Sometimes people do things for others without an intention, but we want to do everything for Allah. This makes up (لا إله إلا الله) - there is no one worthy of worship except Allah.

### 2. ITIBAA' (الاتباع) – FOLLOWING THE WAY OF THE PROPHET (ﷺ)

- We cannot worship Allah in the way we like or want, we follow the guidance of the Prophet (ﷺ). This makes up (محمد رسول الله) - Muhammad is the Messenger of Allah.
- We follow his way when doing good deeds such as praying, fasting and performing our daily duties. We do not make up our own way of praying or fasting.
- Ikhlaas and itibaa' together make up (لا إله إلا الله محمد رسول الله) (there is no one worthy of worship except Allah and Mohammed is the Messenger of Allah) and this will keep us on the Straight Path.



## TYPES OF RIGHTEOUS GOOD DEEDS

There are different types of righteous good deeds:

1  
ACTION OF THE HEART  
(عمل القلب)

2  
ACTION OF THE TONGUE  
(عمل اللسان)

1  
ACTION OF THE LIMBS  
(عمل الجوارح)

We will look into each action in detail.



# 1. ACTION OF THE HEART (عمل القلب)

- There are actions that can be defined as worships of the heart. They are good deeds that the heart can do.

## WORSHIPS OF THE HEART

### 1. LOVE (محبة)

- To love Allah, the Prophet (ﷺ), our parents, friends, teachers, and to love good people.

### 2. HOPE (رجاء)

- To hope and want Allah to forgive us, to give us good health and a good life and to take us to paradise; to be positive, optimistic and hopeful with Allah; to hope with Allah that He will make us happy, content, rich and satisfied.

### 3. FEAR (خوف)

- To fear going to the fire, to fear doing sins, and to fear standing in front of Allah on the Day of Judgement.

- We are happy and excited when our heart loves. We are positive and looking forward when we are hopeful. And we are cautious from saying, doing or thinking bad things when we have fear.
- When there is love, hope and fear then it will be a (قلب سليم) - a sound, healthy, good and pure heart. We all want a good and pure heart.



## DUA FOR A GOOD HEART

اللهم إنا نسألك قلبا سليما

O Allah, we ask You for a good heart.

When the heart is pure then nothing can spoil it.

## SINS OF THE HEART

In addition to the worship of the heart, there are also sins of the heart that we must beware of.

Sins of the heart include:

### 1. SHIRK (ASSOCIATING WITH ALLAH)

This means making partners or rivals with Allah.

### 2. DISBELIEF

This includes disbelieving in Allah and denying whatever Allah has told us.

### 3. HYPOCRISY

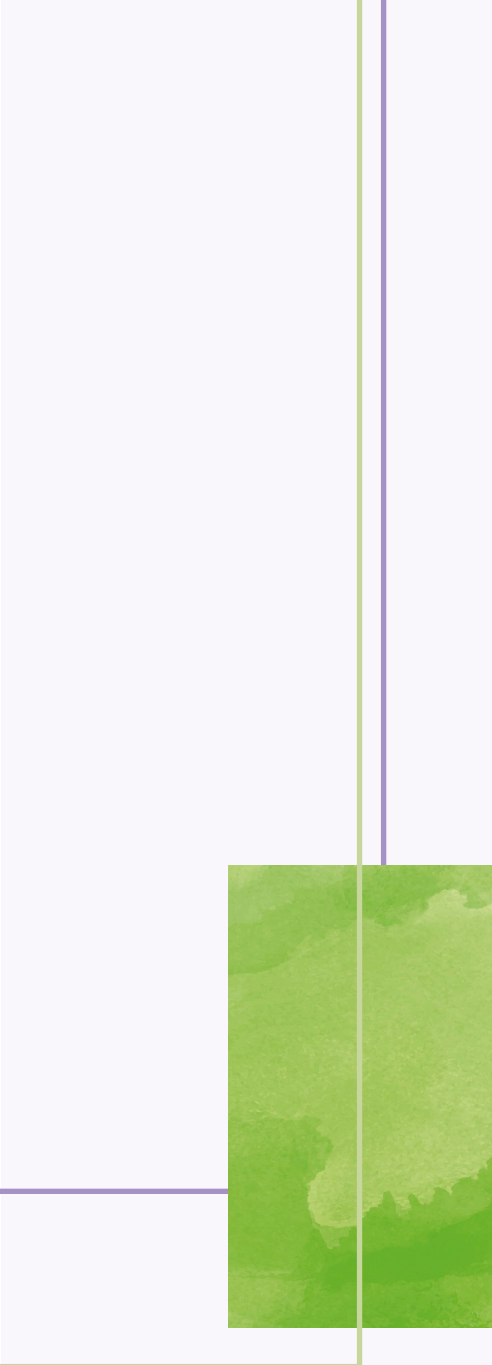
This is to show belief on the outside and hide disbelief and hatred (for the religion) on the inside.

### 4. THINKING BAD OF ALLAH




We ask Allah to protect us from the sins of the heart. Ameen.

## HOW DO WE APPLY THIS IN OUR LIFE?

- We should love Allah and His Prophet (ﷺ) more than anyone else, even more than our parents, teachers and friends.
- We must not hope for anything from anyone other than Allah.
- We must not fear anyone or anything other than Allah.
- We must never make partners with Allah. He is One and Only One.
- We must always think good of Allah even if anything bad befalls us.
- We should ask Allah for a good and pure heart.




## 2. ACTION OF THE TONGUE (عمل اللسان)

-  The tongue has both worships and sins. It is important for a person to be careful of what they say, because one word can take a person to jannah and another can take them to the fire.
-  All problems and sadness come from the tongue. May Allah protect our tongue from speaking bad and beautify it by making it speak good. Ameen.
-  Allah tells us in the Qur'an to say good to the people.

### SURAH AL BAQARAH 83

وَقُولُوا لِلنَّاسِ حُسْنًا



and speak good to people

-  He tells us to speak kindly, softly, beautifully, correctly and truthfully.

### SAY GOOD TO PEOPLE OR REMAIN SILENT

ومن كان يؤمن بالله واليوم الآخر فليقل خيراً أو ليصمت

The Prophet (ﷺ) said, "He who believes in Allah and the Last Day, let him speak good or remain silent."<sup>1</sup>

-  This means if we believe in Allah and the Last Day when Allah will account us, then we should say good words or remain quiet.
-  On the Day of Judgement, all that we said will be presented to us and we will read it.

<sup>1</sup> Riyadh As Saliheen, Al Bukhari & Muslim, Book 1, Hadith 26

Therefore, the best thing to do is:

## 1. SPEAK GOOD (خَيْرًا)

- We must say good words such as “Assalam alaykum” (peace be upon you), “Subhan Allah” (glory be to Allah), or give good advice.
- We should not say words that will cause someone to be upset.

## 2. REMAIN SILENT (يَصْمِت)

- If we do not have a good word to say, then we should remain silent.

### WHOEVER REMAINS SILENT WILL BE SAVED

قال النبي صلى الله عليه وسلم: من صمت نجا

The Prophet (ﷺ) said, “Whoever is silent, he is saved.”

- The one who remains silent will be saved in this life and the next. They will be saved in this duniya (worldly life) from trouble and they will be saved in the akhira (hereafter) from any punishment.
- Most of our troubles and problems in this duniya (worldly life) is a result of our tongue and what we say.
- When a person speaks good, is truthful, does not lie or make fun of others then they are a good person.
- But if someone lies, shouts at others and makes fun of them then they are not a good person.



- We are what we speak; so, before we speak, we need to think, “Are these good words or not? Is it pleasing to Allah or not?”
- We all want to believe, have a good heart and a good tongue. Then we will have (لسانا صادقا) - a truthful tongue - which always says good and speaks the truth. We ask Allah to help us.

### DUA FOR A GOOD HEART AND TRUTHFUL TONGUE

اللهم إنا نسألك قلبا سليما ولسانا صادقا


O Allah, we ask You for a good heart and truthful tongue.

- We have one tongue, but two eyes and two ears. This means we should listen and see more but speak less. We should not speak before we hear and see first.
- There are two angels recording everything we say - good and bad. That’s why we need to guard our tongue from speaking anything bad, and only say what is good.

### SURAH QAAF 18

مَا يَلْفِظُ مِنْ قَوْلٍ إِلَّا لَدَيْهِ رَقِيبٌ عَتِيدٌ ۝١٨

Man does not utter any word except that with him is an observer prepared [to record].

 The angels do not sleep; they observe and watch all that we say:

1. If we say, “no”, they will record it.
2. If we say, “Assalam alaykum” (peace be upon you), they will record it.
3. If we say, “Why did you do this?”, they will record it.
4. If we say a bad word or a joke, they will record it.
5. If we say, “Alhamdulillah” (all praises are due to Allah), they will record it. If we say, “uff”, they will record it. And they will record to whom we said it. We should never say “uff” to our parents.

## HOW DO WE APPLY THIS IN OUR LIFE?

- We love Allah and we want Him to be pleased with us and to love us. Thus, we need to behave well by speaking good.
- We love the Prophet (ﷺ) and whoever is well-mannered will be near to him on the Day of Judgement. And part of being well-mannered is speaking good.
- We should either say something good and if we do not have something good to say then we should remain silent. Remaining silent saves us from trouble in this life and from punishment in the hereafter.

## WORSHIPS OF THE TONGUE WHICH ARE OBLIGATORY (عبادات اللسان الواجب)

- There are six worships of the tongue which are obligatory. Let us have a closer look.

### 1. TO UTTER THE TESTIMONY OF FAITH (النطق بالشهادتين)

- This means we need to say (أشهد أن لا إله إلا الله وأشهد) (أن محمد رسول الله) - I bear witness that no one is worthy of worship except Allah and I bear witness that Muhammad is the Messenger of Allah.
- That's why when people believe in Allah and want to become Muslim, it is not enough to just believe in the heart, but also to have an action and that is to say the testimony of faith.
- (أشهد أن لا إله إلا الله): We bear witness that only Allah is worthy of worship because only He is perfect. Anyone who says (لا إله إلا الله) will enter jannah.
- (وأشهد أن محمد رسول الله): We bear witness that Muhammad (ﷺ) is the Messenger of Allah and we follow him.

### 2. TO RECITE THE QUR'AN IN THE PRAYER (تلوة القرآن)

- The prayer is obligatory and we are required to recite Surah Al Fatiha in the prayer, otherwise our prayer is not valid.
- When we recite one letter of the Qur'an, we will be rewarded with ten good deeds. Imagine how much reward we will get when we recite Surah Al Fatiha. Subhan Allah.

### 3. TO UTTER THE OBLIGATORY REMEMBRANCE IN THE PRAYER

(التلفظ بالأذكار الواجبة في الصلاة)

- This includes saying, “Allahu Akbar” (Allah is the Greatest), “Subhan Rabbee Al ‘Adheem” (Glory be to Allah The Most Great), “Subhan Rabbee Al A’la” (Glory be to Allah The Most High) in the prayer.

### 4. TO REPLY BACK TO THE SALAM (رد السلام)

- When we say, “Assalam alaykum” (peace be upon you), it is actually a dua where we ask Allah to have peace on the person, and they answer back with a dua as well, asking Allah to have peace on us.
- If someone says, “Asslam alaykum” (peace be upon you) to us then we should reply back to their salam. It is obligatory for us to return the salam.
- We can reply back to the salam in three ways, and one is better than the other. We can say:
  1. Wa alaykum assalam (and upon you peace) - (10 good deeds)
  2. Wa alaykum assalam wa rahmat Allah (and upon you peace and the mercy of Allah) - (20 good deeds)
  3. Wa alaykum assalam wa rahmat Allah wa barakatuh (and upon you peace and the mercy of Allah and His blessings) - (30 good deeds)
- We should never underestimate the salam. We want to be someone who initiates the salam and not wait for others to say salam to us. And the best person with Allah is the one who says the salam first.

## BEST WHO INITIATES THE SALAM

وَحَيْرُهُمَا الَّذِي يَبْدَأُ بِالسَّلَامِ

The better of the two is one who is the first to give a greeting .

- When we spread salam among each other then we will love each other, and when we love, we will believe and when we believe, we will enter jannah.

## SPREAD THE SALAM – ENTER JENNAH

قَالَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ " وَالَّذِي بَفِي يَدِي لَا تَدْخُلُوا الْجَنَّةَ حَتَّى تُؤْمِنُوا وَلَا تُؤْمِنُوا حَتَّى تَحَابُّوا أَفَلَا أَدُلُّكُمْ عَلَىٰ أَمْرٍ إِذَا فَعَلْتُمُوهُ تَحَابَبْتُمْ أَفَسُوا السَّلَامَ بَيْنَكُمْ "

Abu Hurairah reported the Messenger of Allah (May peace be upon him) as saying:

By him in whose hand my soul is, you will not enter Paradise until you believe, and you will not believe until you love one another: should I not guide you to something doing which you will love one another: spread out salutation among you.

السلام - المحبة - الإيمان - الجنة

**SALAM – LOVE – BELIEF – JENNAH**

- So the salam takes us to jannah. Subhan Allah.

<sup>4</sup> Sahih Muslim 2560

<sup>5</sup> Sunan Abi Dawud 5193

## 5. COMMAND TO GOOD AND FORBID EVIL

(الأمر بالمعروف والنهي عن المنكر)

- ❏ If we know about something good such as praying, then we should tell others in a nice way so that others also may benefit.
- ❏ And if a person is doing something bad which they are unaware of, then we should tell them about it. We must not stay quiet and let them drown in their wrong.
- ❏ For example, someone didn't know that it is required to recite Surah Al Fatiha in the prayer, what should we do? We should tell them in a nice way.
- ❏ If someone is backbiting and they don't know it's bad, but we know that it's bad, then we should tell them nicely.
- ❏ If we don't help each other then we will all drown. If no one says what's good and no one stops bad then we will all be accountable.
- ❏ Sometimes it is a challenge because we think, "What will others think of me?", but it is best to be honest and tell them about their wrong in a nice way.

## 6. TEACHING SOMEONE WHO DOES NOT KNOW IF THEY ASK US

(تعليم الجاهل اذا سألك)

- ❏ For example, if someone does not know how to pray and asks us, then we should help them.
- ❏ But if someone asks us something and we don't know, then we should not answer back and make up things. We should say, "I don't know".
- ❏ If someone asks us the time for Fajr prayer and we know it, we should tell them, and not think, "let them find out on their own".



Or if someone asks us, "Where is the park?" and we don't tell them even though we know, then this is not good. We must use our tongue to make things easy for the people.







## HOW DO WE APPLY THIS IN OUR LIFE?

- To perform all the obligations of the tongue as much as possible.
- To use our tongue to gain good deeds.
- To initiate the salam and return the salam.
- To speak to each other in the best way.
- To advise with goodness and forbid evil.

ALLAH AL 'ALEEM (THE ALL-KNOWING) (العليم)

- One of the most beautiful names of Allah is Al 'Aleem (العليم) - The All-Knowing. The knowledge of Allah is great and vast. We cannot encompass His knowledge.
- He knows everything (يعلم كل شيء); no one knows more than Allah. He knows the past, present and future. And He knows all that is apparent (الظاهر) and all that is hidden (الباطن).
- He never forgets (لا ينسى) and He never neglects (لا يهمل).
- He knows what we say and do outwardly, and He knows what is hidden inside us from thoughts, feelings and emotions.
- He knows what our bodies need, He knows what is going on inside us and He knows what we feel inside. He knows what sicknesses we have and He knows when we say something, but mean something else.
- When we know Allah is Al 'Aleem then we should have taqwa (التقوى) (piety). We should be careful of what we say and do. We need to guard our tongue and think before we speak.

ALLAH AL HAKEEM (THE ALL-WISE) (الحكيم)

-  Another beautiful name of Allah is Al Hakeem (الحكيم) - The All-Wise. Allah Al Hakeem is the One Who puts everything in its right place (يضع كل شيء في موضعه). This means every decree that takes place is in its right place and in its best time.
-  Sometimes we make dua and say, "It still didn't happen", but Allah Al Hakeem, out of His perfect knowledge and wisdom, will give us in the right time when we need it the most.
-  Similarly with knowledge, He will teach us in the right time when we can benefit the most.
-  He is the One Who teaches us beneficial knowledge and only by His permission, we can learn.

## WE HAVE NO KNOWLEDGE EXCEPT WHAT ALLAH TEACHES US

لَا عِلْمَ لَنَا إِلَّا مَا عَلَّمْتَنَا

We have no knowledge except what you have taught us.

- When we learn things, we should not feel arrogant, or feel that we know better than others. When we learn anything, it is only because Allah taught us. We would have had no knowledge if Allah did not teach us.
- When we know Allah is Al Hakeem, we must ask Him to grant us wisdom - wisdom to not say anything unless we have knowledge about it, (لا تتكلم بغير علم), and wisdom to know when to say something or to remain silent when it is not required to speak.
- If we do not know Allah then we will end up saying anything we want and may get involved in the sins of the tongue. May Allah protect us. Ameen.

## FAULTS / SINS OF THE TONGUE

(ذنوب اللسان) / (آفات اللسان)

In addition to worships of the tongue, there are sins of the tongue that we must beware of.

What are some of the faults (sins) of the tongue?

### 1. LYING (الكذب)

Lying is to say something not truthful. If someone is asked, "Did you do this?", they will lie and say "no", or they will make up stories.

What causes someone to lie?

1. **Fear of people (الخوف من الناس):** Sometimes fear of what others will think of them or the fear of being punished can make someone to lie. Or they are afraid that their friends might not like them or something bad might happen to them if they speak the truth, so they lie.
2. **For a benefit (النفع):** Sometimes people lie because they want others to praise them or gift them. For example, they'll say, "I got a good grade," just so that they can get a gift from others.

We have to remember Allah is Al 'Aleem Al Hakeem, He knows what we say and do. We don't need to lie to others to get something, nor do we need to fear anyone except Allah.

## BEWARE OF LYING

وَإِيَّاكُمْ وَالْكَذِبَ

Beware of lying.

- We must not lie because the Prophet (ﷺ) told us to beware of lying. So when we stop ourselves from lying, it is not because our mother said so or that we fear the people, that is not a right intention. We must not lie because Allah and the Prophet (ﷺ) told us not to lie.

## LYING LEADS TO DOING BAD THINGS

فَإِنَّ الْكُذِبَ يَهْدِي إِلَى الْفُجُورِ

Lying leads to deviance<sup>7</sup>

- Lying will lead a person to start doing bigger and worse things. (الْفُجُورِ) means really bad things and it all begins with lying. And then what will happen?

## WICKEDNESS LEADS TO THE FIRE

وَالْفُجُورَ يَهْدِي إِلَى النَّارِ

and deviance leads to the Fire.<sup>8</sup>

<sup>7</sup> Al-Adab Al-Mufrad 386, Authenticated by Al Albani as Sahih

<sup>8</sup> Al-Adab Al-Mufrad 386, Authenticated by Al Albani as Sahih

<sup>9</sup> Al-Adab Al-Mufrad 386, Authenticated by Al Albani as Sahih









- When someone starts to do really bad things then it will lead to the fire, and this all starts with lying.
- We must not lie because Allah knows about it when we lie, and the Prophet (ﷺ) forbade us from lying. A disbeliever or a hypocrite will lie, but a true believer will not lie.
- Lying never brings any good; it only brings more bad things. Allah never leaves anyone who lies so we must keep in mind that the one who lies will surely get caught. What should we do instead of lying?

## SPEAK THE TRUTH (الصدق)

- We must always say the truth (الصدق). We must not fear the people or try to get something from them.
- Saying the truth (الصدق) is a worship of the tongue. When we are truthful then we will go to jannah.
- A believer is not a liar; it is not possible for someone to believe and lie at the same time.

## 2. INSULTING AND CURSING (السب واللعن)

-  This is when a person says bad things in front of others. He insults people, calls them bad names, talks bad about them and even curses them.
-  Allah gave us a tongue as a blessing, and to use it in a good way. But this person does not see it as a blessing and uses his tongue in a bad way.
-  What causes someone to insult, curse and scream at others?
  1. **Anger (الغضب):** Anger is from the shaitan. Sometimes we get angry, but we do not need to insult or curse anyone. A believer does not curse anything, not even the shaitan.
  2. **Hatred (الكره):** When a person hates someone, he might insult, curse or say mean things to them.
-  So what should we do instead of getting angry? We should have taqwa (piety) and remember Allah is Al 'Aleem Al Hakeem, He knows everything.
-  Also, when we get angry, we should change places. We should not scream at or insult our parents, siblings, friends or even those who help us in the house. It is not nice when we scream and shout at others.
-  A believer controls his tongue. Even if he hates, he will hold himself from speaking. Then Allah will give him a good heart and he will have love.

## A BELIEVER DOES NOT INSULT OR CURSE

قال رسول الله صلى الله عليه وسلم :  
"ليس المؤمن بالطعان، ولا اللعان،"

The Messenger of Allah (ﷺ) said,  
"A true believer does not taunt or curse."

- The Prophet (ﷺ) said a believer is not someone who insults or curses others.
- We should not use our tongue to hurt others but to speak good.
- We are believers, and believers do not lie, insult or curse. What should we do instead of insulting or cursing?

## SPEAK GOOD (قولا حسنا)

- Speak good (قولا حسنا) and say good words. And if we do not have anything good to say then we should remain silent.

## DUA FOR TAQWA

اللَّهُمَّ آتِ نَفْسِي تَقْوَاهَا

Allahumma ati nafsi taqwaha

O Allah! Grant me the sense of piety.

- When Allah gives us taqwa (piety) then we will not lie or say bad words.

<sup>10</sup> Riyadh As Saliheen, At Tirmidhi, Book 17, Hadith 224


<sup>11</sup> Riyadh As Saliheen, Muslim, Book 17, Hadith 1479


## HOW DO WE APPLY THIS IN OUR LIFE?


- To know that Allah is Al 'Aleem Al Hakeem - The All-Knowing, The All-Wise. He knows what we do from the outside and inside.
- We should have taqwa (piety) and guard our tongue from lying or saying bad things.
- Instead of lying, we should say the truth and instead of insulting or cursing others we should say good or remain silent.
- We ask Allah to make us truthful and to grant us a good tongue.




ALLAH ASH SHAHEED (THE WITNESS) (الشهيد)

 Allah Ash Shaheed is the One Who witnesses to all that we say, think and do.

 Sometimes, we do not want to say something bad because our mother or our teacher might be there, but then Who witnesses the time we say it? Allah Ash Shaheed - The Witness.

 When we know Allah is Ash Shaheed then we will be:

1. Cautious of what we say, and
2. Not say bad things

 Keeping this in mind, let us continue with the faults/sins of the tongue.

### 3. MOCKERY AND MAKING FUN (السخرية والاستهزاء)

Another sin of the tongue is making fun and mocking others, whether we are joking or not.

There are different ways people make fun of others:

1. They might say, “you’re short, you’re tall, you’re fat”. They will say things to put others down and put themselves up. Maybe someone really is short, but we do not need to say it. We should not make fun of our parents, teachers, brothers or sisters.
2. They might not say anything, but will make gestures to show someone is short, fat or anything else. No one likes to be made fun of.

Why do people make fun of others?

1. **Free time (فراغ)**: They have too much time on their hands and have nothing to do. When a person is busy then he will not have time to make fun of others.
2. **Arrogance (الكبر)**: Anyone who is proud and sees themselves as better than everyone will make fun of others.
3. **To make people laugh (اضحك الناس)**: Sometimes people make fun of others to make those around them laugh. At times, people even make fun of themselves so that others will laugh.



- What should we do instead of mocking and making fun of others?

## RESPECT (الاحترام)

- When we respect others then we will not make fun of them. We need to respect our parents, grandparents, teachers, brothers and sisters - even if they are younger than us - our friends, and everyone else.
- The one who does not respect others will easily make fun of everyone.
- When we know that Allah told us not to do it, then we'll really stop ourselves and if we did it in the past then we'll seek forgiveness from Allah.
- What is the evidence that we should not make fun of others?

## SURAH AL HUJURAT 11

يَا أَيُّهَا الَّذِينَ آمَنُوا لَا تَسْخَرُوا قَوْمًا مِّن قَوْمٍ عَسَىٰ أَن يَكُونُوا خَيْرًا مِّنْهُمْ  
وَلَا نِسَاءً مِّن نِّسَاءٍ عَسَىٰ أَن يَكُنَّ خَيْرًا مِّنْهُنَّ

O you who have believed, let not a people ridicule [another] people; perhaps they may be better than them; nor let women ridicule [other] women; perhaps they may be better than them.

- Surah Al Hujurat tells us about boundaries and respect for others.

- Allah addresses the believers and tells them not to mock groups of people. Why?
- Because Allah says if group A makes fun of group B, then group B will become better than group A if they do not answer back.
- So if we make fun of a group of people, then they will become better than us. And if someone makes fun of us, then we should be patient and ask Allah to make us better than them.
- And this is a reminder for anyone who makes fun of others to stop and to seek forgiveness because it hurts others; we should respect everyone.

## DO NOT PUT OTHERS DOWN

وعن أبي هريرة رضي الله عنه أن رسول الله صلى الله عليه وسلم قال: "بحسب امرئ من الشر أن يحقر المسلم"

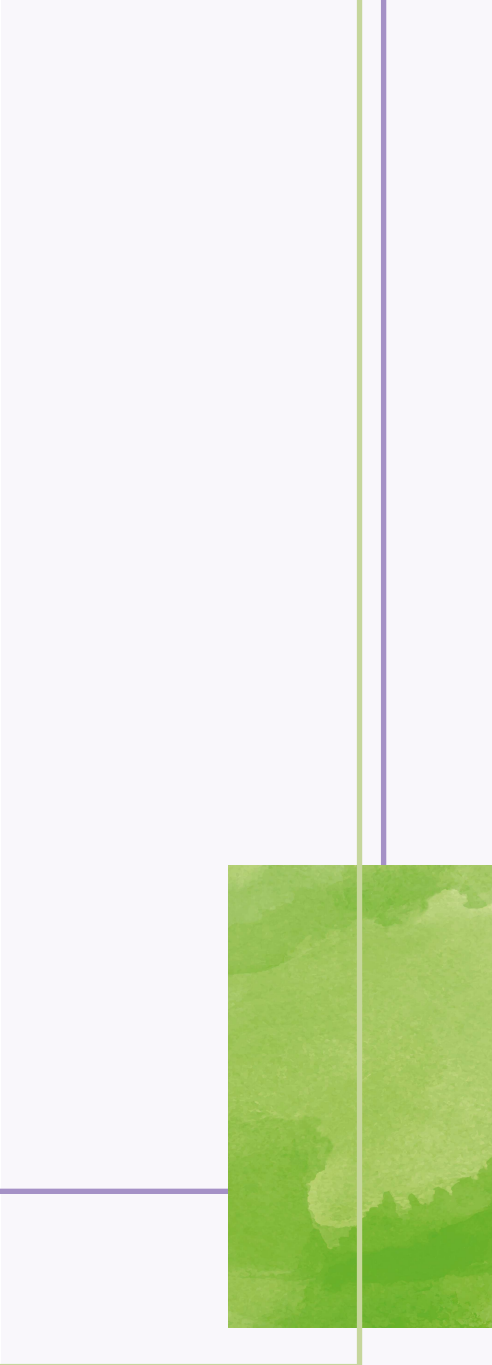
The Messenger of Allah (ﷺ) said, "It is enough evil for a Muslim to look down upon his (Muslim) brother<sup>12</sup>".

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<sup>12</sup> Riyadh As Saliheen, Musliim, Book 17, Hadith 64

## HOW DO WE APPLY THIS IN OUR LIFE?

- We must not make fun of others because Allah is Ash Shaheed and He sees us. And He will make those whom we make fun of better than us.
- We must not make fun of our parents, teachers, siblings, friends and even animals.
- We must respect others and never look down on anyone.



# 3. ACTION OF THE LIMBS (عمل الجوارح)

- What is the meaning of (الجوارح) - limbs? It means (العناصر العاملة في جسد الإنسان) - the components in the human body that perform actions.
- There are six limbs. And for each limb, there are sins and worships.

LIMB	
TWO EYES	(العينين)
TWO EARS	(الاذنين)
TWO HANDS	(اليدين)
TWO FEET	(القدمين)
STOMACH	(البطن)
PRIVATE PART	(الفرج)

## 1. TWO EYES (العينين)

■ The singular for eye is (عين).

### SINS (المعاصي)

■ To look at haram (النظر الحرام الى العورات), such as looking at indecent things or looking at the 'awra (shame) of others. For example, a boy cannot just stare at a girl in an inappropriate way and a girl cannot just stare at a boy in an inappropriate way either.

■ If we look at haram then we will not feel good.

### WORSHIPS (الطاعات)

■ We should use our eyes to look at the signs of Allah such as the Qur'an and to look at the universal signs (النظر في الكون آيات الله و الكون) such as the mountains, seas and sky.

■ When we look at what's good then we will feel good.

## 2. TWO EARS (الاذنين)

📖 The singular for ear is (أذن)

### SINS (المعاصي)

- 📖 To listen to indecent songs, backbiting, lies, falsehood, and so forth (سَمَاعِ الْغَيْبَةِ وَ الْكُذْبِ وَ الْبَاطِلِ). We must not indulge ourselves in these sins.
- 📖 We should not speak bad things and if someone talks bad then we should change the subject or leave the gathering.
- 📖 We must not listen to someone talking bad about Allah or the Prophet (ﷺ) or the Day of Judgement.

### WORSHIPS (الطاعات)

- 📖 We should hear good things such as the Qur'an, remembrance of Allah and the Messenger (ﷺ) (سَمَاعِ الْقُرْآنِ وَ الذِّكْرِ).
- 📖 All that we see and hear will be felt in our heart. If it's good then we will feel good. And if it's bad then we will feel bad. And we all want a good and pure heart.
- 📖 We do not want to spoil our eyes and ears with haram. When we do not see or hear bad, then our eyes and ears can worship by looking and hearing the Qur'an, and by seeing and hearing all that's good.

### 3. TWO HANDS (اليدين)

- The singular for hand is (يد). We are responsible with what we do with our hands. We do not want to sin with our hands; we want to do good deeds.

#### SINS (المعاصي)

- Stealing (السرقية) is an example of sinning with our hands, such as taking our friend's pen because we like it. We cannot just take things that belong to others.
- Another sin is hitting others (الضرب). We cannot hit our siblings or others or even any animal.
- If our hands could speak, they would tell us, "don't do it". But the hands will speak only on the Day of Judgement, and if we have stolen something or hurt someone then the hands will speak against us and say this person stole, this person hit his friend and so forth. May Allah forgive us. Ameen.
- Also, to use our hands to kill others (القتل) is a great sin. Just as in the story of Habel and Qabeel when one brother killed the other because he was jealous of him.
- We should not use our hands to write lies (كتابة ما لا يجوز) or to draw things with a life such as humans and animals, but we can draw nature. We do not want to write bad things or put bad emojis or use our hands to scroll and look at bad sites.
- If we sinned with our hands then we must seek forgiveness from Allah.



## WORSHIPS (الطاعات)

- Good things to do with our hands are to give sadaqah (الصدقة), to write good things such as good words, a nice book, or to do our homework (كتابة).
- Also, good things to do with our hands is to shake hands when saying salam (التصافح). When we shake hands, our sins will be forgiven.

### SINS WILL BE FORGIVEN

قال رسول الله صلى الله عليه وسلم : " ما من مسلمين يلتقيان فيتصافحان إلا غفر لهما قبل أن يفترقا "

The Messenger of Allah (ﷺ) said, "Two Muslims will not meet and shake hands without having their sins forgiven (by Allah) before they depart."

- If we see something on the floor, we remove it so that others do not slip and fall.
- We can use our hands to clean and organize. When we give something to others, we give with our right hand. When we eat or drink, we use our right hand, and when we clean ourselves, we use our left hand.

## 4. TWO FEET (القدمين)

- The singular for feet is (قدم). We use our feet to walk and go to places.
- The feet can go to a place that's haram and to a place that's good such as the masjid.

### SINS (المعاصي)

- To use our feet to go to places that are bad (المشي الى الحرام). For example, to go to bad places, to go with bad friends and so forth.
- To use our feet to harm someone, such as kicking others or kicking the animals.

### WORSHIPS (الطاعات)

- We can use our feet to go to good places, such as walking to the masjid (المشي الى المسجد).
- We can also use our feet to walk to the places of knowledge (المشي الى العلم). For example, we may be at home, and we walk to our room to learn, or even if we are in the car, we still take steps and go and do things.
- We can use our feet to walk to help our mother. Or we can walk to run errands or go grocery shopping.
- When we perform hajj and umrah, there is walking in the tawaf and sa'ee (الطواف والسعي والعمرة والحج).
- When we walk to go to the masjid, or walk to seek knowledge, or walk to help others, or walk to do something for our mother - we want all the steps we take and all our walking to be rewarded.





## 5. STOMACH (البطن)

- Even the stomach can sin or perform worships and that depends on what we place in our stomach, whether it is something good and halal or bad and haram.

## 6. PRIVATE PART (الفرج)

- Even the private parts can sin or do good. Engaging in a lawful relation between husband and wife is a charity, but to engage in unlawful relations is haram.

## HOW DO WE APPLY THIS IN OUR LIFE?

-  Whatever we hear and see has a great impact on our heart, so we must hear and see only what is good.
-  We must use our hands for good things such as shaking hands and helping others.
-  We must use our feet for good actions such as walking to seek knowledge and walking to the masjid.
-  We must eat what is halal and good for our body, so we can be healthy and perform the good deeds properly.





# CONCLUSION

Everything Allah has given us from our eyes, ears, hands and feet are an amanah (trust) (أمانة) from Allah, even our heart and tongue is an amanah (trust).

This means it does not belong to us, but it belongs to Allah and He has entrusted us with it. When we return to Him, He will ask us what we did with it.

So we want to use what Allah has entrusted us with for His pleasure and paradise. When we keep these two things in mind and do righteous good deeds, then all our good deeds will grow like a beautiful garden and Allah will reward us.

May Allah always guide us to perform the best deeds and accept those deeds from us. May Allah make us successful and help us to use our time in the way most pleasing to Him. Ameen.



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