

بسم الله الرحمن الرحيم لا حول ولا قوة إلا بالله

# أسماء الله الحسنى THE MOST BEAUTIFUL NAMES OF ALLAH

ENGLISH TRANSLATION

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#### INTRODUCTION

# SUPPLICATION TO MAKE THE QUR'AN THE SPRING OF OUR HEARTS

اللَّهُمّ إني عَبْدُكَ ابنُ عَبْدِكَ ابنُ أَمتِك ناصيتي بِيَدك ماضٍ فيَّ حُكْمُك، عَدْلُ فِيَّ قَضاؤك أَسالك بِكُلِّ اسمٍ هولك سمّيْت به نفسَك أو أنزلْتَه في كتابِك، أو عَلَّمتَه أحداً من خَلْقِك أو استأثَرْتَ به في عِلْمِ الغيب عندك أنْ تجعلَ القرآنَ ربيعَ قلبي، ونورَصدري وجلاءَ حزني وذهابَ هَمِي

"O Allah, I am Your slave, the son of Your slave. My forelock is in Your Hand. Your judgment of me is inescapable. Your trial of me is just. I am invoking You by all the names that You call
Yourself, that You have taught to anyone in
Your creation, that You have mentioned in Your
Book, or that You have kept unknown. Let the
Qur'an be the delight of my heart, the light of
my chest, the remover of my sadness and the
pacifier of my worries.1

As humans, we go through difficult situations, trials and sins and this affects our state of being. Our nafs can quickly get affected if we hear or see something, and our mental state can quickly get affected as well.

#### SURAH ASH SHAMS 7 TO 10

7

### وَنَفْسٍ وَمَا سَوَّاهَا

And [by] the soul and He who proportioned it

<sup>&</sup>lt;sup>1</sup> As Silsalah As Saheeha 199, Authenticated by Al Albani as Sahih

8

## فَأَلْهَمَهَا فُجُورَهَا وَتَقْوَاهَا

And inspired it [with discernment of] its wickedness and its righteousness,

9

## قَدْ أَفْلَحَ مَن زَكَّاهَا

He has succeeded who purifies it,

10

### وَقَدْ خَابَ مَن دَسَّاهَا

And he has failed who instills it [with corruption].

- And we are (بشر) we are humans who love to receive good news and glad tidings, and the greatest good news Allah (سبحانه وتعالى) has given us is the Qur'an.
- We have a great goal in this life, and we all have time to either succeed or fail, to believe

or disbelieve, to do good or to do evil, to reform or to corrupt.

#### SURAH LUQMAN 34

# وَمَا تَدْرِي نَفْسٌ مَّاذَا تَكْسِبُ غَدًا سِوَمَا تَدْرِي نَفْسٌ بِأَيِّ أَرْضٍ تَمُوتُ عَلِيمٌ خَبيرٌ تَمُوتُ عَلِيمٌ خَبيرٌ

And no soul perceives what it will earn tomorrow, and no soul perceives in what land it will die. Indeed,

- Allah (سبحانه وتعالی) brought down the Qur'an
   which guides us to the Straight Path.
- If we do not have the Qur'an in our life then we will be miserable, and if we do not remember Allah (سبحانه وتعالى) then we will live a depressed life.

#### SURAH TA HA 124

# وَمَنْ أَعْرَضَ عَن ذِكْرِي فَإِنَّ لَهُ مَعِيشَةً ضَنكًا وَنَحْشُرُهُ يَوْمَ الْقِيَامَةِ أَعْمَى

And whoever turns away from My
remembrance - indeed, he will have a
depressed life, and We will gather him on the
Day of Resurrection blind."

- The way to misery and the way to happiness are in our hands, how? Either we turn away from remembering Allah (سبحانه وتعالی) or turn to remembering Him.
- Surah Ta Ha tells us that the deen and the Qur'an are the way to happiness. Those who are truly happy are those who always remember Allah (سبحانه وتعالى).

# KNOWING ALLAH THROUGH THE STORY OF ADAM (عليه السلام)

#### SURAH TA HA

- The way to Allah (سبحانه وتعالى) is straight and it will not be easy unless Allah (سبحانه وتعالى) makes it easy. The path will show who is truthful to take it and who does not want it.
- The people tested the most were the messengers. Does it mean Allah (سبحانه وتعالى) does not love them? Of course not.
- He loves them the most, but He wants to elevate them and make them distinct in His path. And when they go through trials, it is paradise in their hearts.
- $_{\text{\tiny \_}}$  The path to paradise is long, it is above the seven heavens, and there are things that

come before it such as the Day of Judgement and its stations. So we need fuel to reach, and what will make us reach? Belief and good deeds.

Tightness of the chest is a result of being away from remembering Allah (سبحانه وتعالی). And each person's tightness can be different. Someone's tightness can be a result of missing prayer, someone's tightness can be a result of not reciting the Qur'an and someone's tightness can be a result of not going to class.

# ALLAH AR RABB - THE NURTURER (الرّب)

SURAH TA HA 115 TO 127 115

# وَلَقَدْ عَهِدْنَا إِلَىٰ آدَمَ مِن قَبْلُ فَنَسِيَ وَلَمْ نَجِدْ لَهُ عَزْمًا

And We had already taken a promise from Adam before, but he forgot; and We found not in him determination.

116

وَإِذْ قُلْنَا لِلْمَلَائِكَةِ اسْجُدُوا لِآدَمَ فَسَجَدُوا إِلَّا إِبْلِيسَ أَبَى

And [mention] when We said to the angels, "Prostrate to Adam," and they prostrated, except Iblees; he refused.

117

فَقُلْنَا يَا آدَمُ إِنَّ هَٰذَا عَدُقُّ لَّكَ وَلِزَوْجِكَ فَلَا يُخْرِجَنَّكُمَا مِنَ الْجَنَّةِ

### فَتَشْقَى

So We said, "O Adam, indeed this is an enemy to you and to your wife. Then let him not remove you from Paradise so you would suffer.

118

إِنَّ لَكَ أَلَّا تَجُوعَ فِيهَا وَلَا تَعْرَىٰ

Indeed, it is [promised] for you not to be hungry therein or be unclothed.

119

# وَ أَنَّكَ لَا تَظْمَأُ فِيهَا وَلَا تَضْحَىٰ

And indeed, you will not be thirsty therein or be hot from the sun."

120

فَوَسْوَسَ إِلَيْهِ الشَّيْطَانُ قَالَ يَا آدَمُ هَلْ أَدُلُّكَ عَلَىٰ شَجَرَةِ الْخُلْدِ وَمُلْكِ لَّا يَبْلَىٰ

Then Satan whispered to him; he said, "O Adam, shall I direct you to the tree of eternity and possession that will not deteriorate?"

121

فَأَكَلَا مِنْهَا فَبَدَتْ لَهُمَا سَوْآتُهُمَا وَطَفِقًا يَخْصِفَانِ عَلَيْهِمَا مِن وَأَكُلًا مِنْهُ فَعَوَى وَرَقِ الْجَنَّةِ وَعَصَى آدَمُ رَبَّهُ فَعَوَى

And Adam and his wife ate of it, and their private parts became apparent to them, and they began to fasten over themselves from the leaves of Paradise. And Adam disobeyed his Lord and erred.

122 ثُمَّ اجْتَبَاهُ رَثُهُ فَتَابَ عَلَيْهِ وَهَدَىٰ Then his Lord chose him and turned to him in forgiveness and guided [him].

123

قَالَ اهْبِطًا مِنْهَا جَمِيعًا مِنْهَا جَمِيعًا مِنْهَا جَمِيعًا مِنْهَا مِنْهِا مِنْهَا مِنْهِا مِنْهَا مِنْهِا مِنْهَا مِنْهَا مِنْهَا مِنْهَا مِنْهَا مِنْهَا مِنْهَا مِنْهَا مِنْهَا مِنْهِا مِنْهَا مِنْهِا مِنْهَا مِنْهَا مِنْهِا مِنْهَا مِنْهِا مِنْهَا مِنْهَا مِنْهَا مِنْهِا مِنْهَا مِنْهِا مِنْهِا مِنْهَا مِنْهِا مِنْهَا مِنْهِا مِنْهِا مِنْهَا مِنْهِا مِنْهِا مِنْهَا مِنْهِا مِنْهِا مِنْهَا مِنْهِا مِنْهَا مِنْهِا مِنْهِا مِنْهِا مِنْهِا مُنْهَا مُنْهَا مُنْهِا مِنْهَا مِنْهَا مِنْهِا مِنْهِا مِنْهِا مِنْهِا مِنْهِا مِنْهَا مِنْهَا مِنْهَا مِنْهَا مِنْهَا مِنْهَا مِنْهِا مِنْهَا مِنْهِا مِنْهَا مِنْهَا مِنْهَا مِنْهِا مِنْهِا مِنْهَا مِنْهِا مِنْهِا مِنْهَا مِنْهِا مُنْهِا مِنْهِا مِنْهَا مِنْهِما مِنْهَا مِنْهِا مِلْمُنْ مِنْهِا مِنْهِا مِنْهِا مِنْهِا مِنْهِا مِنْهِا مِنْهِا مِ

هُدًى فَمَنِ اتَّبَعَ هُدَايَ فَلَا يَضِلُّ وَلَا يَشْقَىٰ

[Allah] said, "Descend from Paradise - all, [your descendants] being enemies to one another.

And if there should come to you guidance from Me - then whoever follows My guidance will neither go astray [in the world] nor suffer [in the Hereafter].

124

وَمَنْ أَعْرَضَ عَن ذِكْرِي فَإِنَّ لَهُ مَعِيشَةً ضَنكًا وَنَحْشُرُهُ يَوْمَ الْقِيَامَةِ أَعْمَى

And whoever turns away from My remembrance - indeed, he will have a depressed life, and We will gather him on the Day of Resurrection blind."

125

قَالَ رَبِّ لِمَ حَشَرْتَنِي أَعْمَىٰ وَقَدْ كُنتُ بَصِيرًا

He will say, "My Lord, why have you raised me blind while I was [once] seeing?"

126

قَالَ كَذَلِكَ أَتَتْكَ آيَاتُنَا فَنَسِيتَهَا وَكَذَلِكَ الْيَوْمَ تُنسَى

[Allah] will say, "Thus did Our signs come to you, and you forgot them; and thus will you this Day be forgotten."

127

وَكَذَلِكَ نَجْزِي مَنْ أَسْرَفَ وَلَمْ يُؤْمِن بِآيَاتِ رَبِّهِ وَلَعَذَابُ الْآخِرَةِ أَكَذَلِكَ نَجْزِي مَنْ أَسْرَفَ وَلَمْ يُؤْمِن بِآيَاتِ رَبِّهِ وَلَعَذَابُ الْآخِرَةِ أَشَدُّ وَأَبْقَى

And thus do We recompense he who transgressed and did not believe in the signs of his Lord. And the punishment of the Hereafter is more severe and more enduring.

and still the shaitan wanted to expose them and separate between them, though they are the only ones there. And this shows the shaitan is a clear enemy.

- The origin of matters is that everything is permissible, so we should not make something impressible on ourselves if it is not haram. And when Allah (سبحانه وتعالى) tells us something is haram then it is for sure haram.
- Everything was permissible in paradise, but one tree was haram. They had the best life in paradise, but the shaitan does not want them to enjoy it. So he will give them an excuse to fall into the haram.
- And this shows that happiness is by staying away from what is forbidden and misery is by coming near to it and falling into it. And the shaitan adorns the forbidden.
- If we do not follow the guidance of Allah (سبحانه) then we will find misery.

- Before they were in paradise and everything was good, but they came to the haram and their faults become exposed and then there was enmity.
- When our faults are exposed to others then we see each other differently, but how can we turn this around? Guidance from Allah (سبحانه).
- Happiness is by staying away from the haram and by following the guidance of Allah (سبحانه).
- We always want our richness to be in the halal, we do not want our eyes to go to the haram because the shaitan will adorn it, we will go to it, and then we become exposed. And this

- exposure is difficult, but following the guidance of Allah (سبحانه وتعالى) will make everything ok.
- The shaitan cannot have any power over the Prophet (\*\*), so the shaitan tried to burn him and this supplication was revealed.

# SUPPLICATION BY THE PERFECT WORDS OF ALLAH

أَعُوذُ بِكَلِمَاتِ اللهِ التَّامَّاتِ الَّتِي لَا يُجَاوِزُهُنَّ بَرُّ ولَا فَاجِرٌ مِنْ شَرِّمَا مَا خَلقَ، وبَرَأَ وذَرَأَ، ومِنْ شَرِّمَا يَنْزِلُ مِنَ السَّمَاءِ ومِنْ شَرِّمَا يَعْرُجُ فِيهَا، ومِنْ شَرِّمَا ذَرَأَ فِي الأَرْضِ ومِنْ شَرِّمَا يَخْرُجُ مِنْهَا، ومِنْ شَرِّمَا يَخْرُجُ مِنْهَا، ومِنْ شَرِّمَا يَخْرُجُ مِنْهَا، ومِنْ شَرِّكُلِّ طارِقٍ إِلَّا طَارِقاً يَطْرُقُ بِخَيْرِيَا شَرِّكُلِّ طارِقٍ إِلَّا طَارِقاً يَطْرُقُ بِخَيْرِيَا رَحْمَنُ

'A'oothu bikalimaatil-laahit-taammaatil-latee laa yujaawizuhunna barrun wa laa faajimn min sharri maa khalaqa, wa bara'a wa thara'a, wa min sharri maa yanzilu minas-samaa'i, wa min sharri maa ya'ruju feehaa, wa min sharri maa thara'a fil-'ardhi, wa min sharri ma yakhruju minhaa, wa min sharri fitanil-layli wannahaari, wa min sharri kulli taariqin 'illaa taariqan yatruqu bikhayrin yaa Rahmaan.

I seek refuge in the Perfect Words of Allah - which neither the upright nor the corrupt may overcome - from the evil of what He created, of what He made, and of what He scattered, from the evil of what descends from the heavens, and of what rises up to them, from the evil of what He scattered in the earth and of what emerges from it, from the evil trials of night and day, and from the evil of every night visitor, except the night visitor who comes with good.

O Merciful One.<sup>2</sup>

<sup>&</sup>lt;sup>2</sup> Narrator: Abd Ar Rahman bin Khunbas | Reviewer: Al Albani | Source: Sahih Aj Jami'e | Number: 74 | Reviewer's Ruling of Hadith: Sahih

- A person needs to strive against their desires, their nafs that commands to evil and the shaitan.
- All that the shaitan is doing to the human is due to his pride and honor. The shaitan thinks, "who am I to prostrate to something made of clay and I am made of fire." And he has this enmity to all the offspring of Adam (عليه السلام). Imagine having an issue with someone, but carrying it on all the way to their children, though they have nothing to do with it. The shaitan is wicked.
- We are to believe in Allah (سبحانه وتعالی) and not believe in the shaitan. The shaitan plays the role of advisor, the role of a loved one but only to deceive.

- Allah (ميحانه وتعالى) said the shaitan is an enemy to you (Adam (عليه السلام)) and your wife. Allah (عليه السلام) did not say an enemy to you both because the shaitan goes to one and says something, and then he will go to another and say something else to make false assumptions and put doubts between each other. He will do this to separate between the people.
- Happiness in this life is by taking the shaitan as an enemy.
- The shaitan always puts lowly ideas, incessant whispers, negative thoughts and things which have no meaning or foundation to it. And when the shaitan brings these thoughts, it is something that we are prone to believe because he has studied our weaknesses.

- All problems, negativity, enmity, depression and hatred all go back to the shaitan.
- If we are told someone is ready to attack us, we will always be on alert. Even when we want to sleep, the shaitan will tie three knots around our neck.

#### SHAITAN TIES THREE KNOTS

عَنْ أَبِي هُرَيْرَةَ . رضى الله عنه . أَنَّ رَسُولَ اللهِ صلى الله عليه وسلم قَالَ " يَعْقِدُ الشَّيْطَانُ عَلَى قَافِيَةِ رَأْسِ أَحَدِكُمْ إِذَا هُوَ نَامَ ثَلاَثَ عُقَدٍ ، يَضْرِبُ كُلَّ عُقْدَةٍ مَكَانَهَا عَلَيْكَ لَيْلٌ طَوِيلٌ فَارْقُدْ. فَإِنِ اسْتَيْقَظَ فَذَكَرَ اللهَ انْحَلَّتْ عُقْدَةٌ ، فَإِنْ تَوَضَّا انْحَلَّتْ عُقْدَةٌ ، فَإِنْ تَوَضَّا انْحَلَّتْ عُقْدَةٌ ، فَإِنْ سَرَى انْحَلَّتْ عُقْدَةٌ ، فَإِنْ سَرَى انْحَلَّتْ عُقَدُهُ كُلُّهَا ، فَأَصْبِحَ نَشِيطًا انْحَلَّتْ عُقْدَةٌ ، فَإِنْ صَلَى انْحَلَّتْ عُقَدُهُ كُلُّهَا ، فَأَصْبِحَ نَشِيطًا انْحَلَّتْ عُقْدَةٌ ، فَإِنْ صَلَى انْحَلَّتْ عُقَدُهُ كُلُّهَا ، فَأَصْبِحَ نَشِيطًا طَيِّبَ النَّقْسِ كَسُلاَنَ ". طَيِّبَ النَّقْسِ كَسُلاَنَ ". Allah's Messenger (ﷺ) said, "During your sleep, Satan knots three knots at the back of the head of each of you, and he breathes the following

words at each knot, 'The night is, long, so keep on sleeping,' If that person wakes up and celebrates the praises of Allah, then one knot is undone, and when he performs ablution the second knot is undone, and when he prays, all the knots are undone, and he gets up in the morning lively and in good spirits, otherwise he gets up in low spirits and lethargic."<sup>3</sup>

- The moment we remember Allah (سبحانه وتعالى),
  one knot is undone. When we perform wudhu,
  another knot is undone and when we perform
  prayer the third knot is undone. And the person
  will be in a good mood.
- Even when a baby is born, the shaitan pinches it. And this shows how much he hates the human being.

<sup>&</sup>lt;sup>3</sup> Sahih al-Bukhari 3269

#### THE SHAITAN PRICKS THE NEWBORN

عَنْ أَبِي هُرَيْرَةَ، أَنَّ رَسُولَ اللَّهِ صلى الله عليه وسلم قَالَ " مَا مِنْ مَوْلُودٍ يُولَدُ إِلاَّ نَخَسَهُ الشَّيْطَانُ فَيَسْتَهَلُّ صَارِخًا مِنْ نَخْسَةِ الشَّيْطَانِ إِلاَّ ابْنَ مَرْنَمَ وَأُمَّهُ ". ثُمَّ قَالَ أَبُو هُرَبْرَةَ اقْرَءُوا إِنْ شِئْتُمْ { وَ إِنِّي أُعِيذُهَا بِكَ وَذُرِّيَّتَهَا مِنَ الشَّيْطَانِ الرَّجِيمِ} Abu Huraira reported Allah's Messenger ( ) as saying: No child is born but he is pricked by the satan and he begins to weep because of the pricking of the satan except the son of Mary and his mother. Abu Huraira then said: You may recite if you so like (the verse):" I seek Your protection for her and her offspring against satan the accursed" (iii. 36).4

<sup>&</sup>lt;sup>4</sup> Sahih Muslim 2366

The shaitan always wants to expose us and make us needy. And in paradise, there is no poverty.

#### DIVINE NURTURING LESSONS

- The way to misery and the way to happiness are in our hands, how? Either we turn away from remembering Allah (سبحانه وتعالی) or turn to remembering Him.
- Happiness is by staying away from what is forbidden and misery is by coming near to it and falling into it. And the shaitan adorns the forbidden.
- When our faults are exposed to others then we see each other differently, but how can we turn this around? Guidance from Allah (وتعالى).

- We are to believe in Allah (سبحانه وتعالى) and not believe in the shaitan. The shaitan plays the role of advisor, the role of a loved one but only to deceive. Happiness in this life is by taking the shaitan as an enemy.
- The shaitan always puts lowly ideas, incessant whispers, negative thoughts and things which have no meaning or foundation to it. And when the shaitan brings these thoughts, it is something that we are prone to believe because he has studied our weaknesses.
- All problems, negativity, enmity, depression and hatred all go back to the shaitan.

MAY ALLAH GUIDE US AND MAKE US HAPPY. AMEEN.

#### REFERENCES

- TAFSEER SHEIKH AS SA'ADY تفسير الشيخ السعدي
- TAFSEER IBN KATHIR تفسير ابن كثير
- TAFSEER SHEIKH BIN UTHAYMEEN تفسير الشيخ بن عثيمين 3.



#### RELATED RESOURCES

1. THE PERFECT WORDS OF ALLAH - COMPLETE PROTECTION

#### ADDITIONAL RESOURCES

PAST CLASS NOTES AND NEW POSTS ON TELEGRAM
THIS IS OPEN TO BOTH WOMEN AND MEN

FOR STUDENTS OF KNOWLEDGE, TEACHERS AND DA'EES IN ENGLISH

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