

بسم الله الرحمن الرحيم لا حول ولا قوة إلا بالله

عش مع الهدي النبوي LIVE WITH THE PROPHET'S WAY

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INTRODUCTION

- Nothing will make sense in life except when we remember Allah (سبحانه وتعالى) because when we remember Him, we will be grateful, we will worship Him and we will be kind.
- We are all here as friends and companions because it is not just a matter of coming to study and go, but it is a lifetime journey.
- We all need to nourish ourselves and when we talk about Allah (سبحانه وتعالى), we will see perfection. That's why our religion will not be

complete and we cannot be truthful in following our religion without following the Prophet (ﷺ).

- When we have him as a role model in our life, it makes us truthful in all we do and it will not make us extreme.
- What causes people to be extreme? They just go to the book with no role model or human example in their life. When there is no role model in our life then we will be dry and emotionless.
- The Seerah is not to show us perfection, but to show us how to overcome our faults, sins and imperfections in the highest standard. It teaches us how to be someone who is kind and gentle, yet firm. And we will not know this until we have the Seerah of the Prophet (ﷺ).

Allah (سبحانه وتعالی) emphasizes in the Qur'an many times to obey Allah (سبحانه وتعالی) and His Messenger (ﷺ), and in the hadiths, we are told our faith will not be complete unless we love the Prophet (ﷺ) more than our family and ourselves.

CHOICES

- Everyone struggles in life to make a choice because we think and overthink. So we need things in our life that are solid, clear and no one can change.
- We always want to increase the (محكمات) solid in our life so that we can be strong, happy and content. But if we get confused with different options then we will just be all over the place.

- Those with knowledge do not go into interpretation, but go back to what is solid, which is everything is from our Rabb.
- But those who do not follow what is solid then they will misinterpret and go into fitna.

LIVE WITH THE PROPHET (變)

SURAH AT TAWBAH 128

لَقَدْ جَاءَكُمْ رَسُولٌ مِّنْ أَنفُسِكُمْ عَزِيزٌ عَلَيْهِ مَا عَنِتُّمْ حَرِيصٌ عَلَيْهِ مَا عَنِتُّمْ حَرِيصٌ عَلَيْكُم بِالْمُؤْمِنِينَ رَءُوفٌ رَّحِيمٌ

There has certainly come to you a Messenger from among yourselves. Grievous to him is what you suffer; [he is] concerned over you and to the believers is kind and merciful.

The Prophet (*) is not someone who is unknown to the people, and we will not find

- anyone whose life story is known as a human more than the Prophet (*).
- No matter how much we learn about Allah (سبحانه وتعالی), He is still greater, and no matter how much we glorify Him, He is greater. No one can encompass Him, but He encompasses everything.
- Allah (سبحانه وتعالى) knows our intentions, what we feel and our secrets, but we do not know what is inside Allah. It is important to submit to Allah (سبحانه وتعالى) with our faith, thoughts and mind before we submit to Him by our actions.
- The more we acquire knowledge, the more we realize, "I don't know". And those who are firmly rooted in knowledge have simple

- dealings and answers; they do not go into interpretation.
- It is just very simple, "we believe in Allah, it is all from our Lord". We are here in this life while being under the process of nurturing. And we get nurtured with those near and far from us, we get nurtured by the friend and foe, we even get nurtured with a fly.
- No matter how much we know about Allah (سبحانه وتعالی), we still do not know Him and cannot encompass Him, and this makes us attach to Him.
- But there are some people who play "hot and cold" or make themselves mysterious to others so that others attach to them. Though this is something dangerous between people because it causes attachment.

- Decause it protects us from attaching to other than Him who will make us their slaves. And this makes us to truly testify there is no one worthy of worship except Allah (سبحانه وتعالی).
- And we testify Mohammed is the Messenger of Allah (سبحانه وتعالی), so we do not worship him or attach to him.
- Allah (سبحانه وتعالی) made the Prophet (ﷺ) a role model for us with no secrets in his life, and this is good for us.

SEERAH OF THE PROPHET (變)

LIFE OF THE PROPHET ()

- The Prophet (ﷺ) lived for 63 years and Abu Bakr (رضي الله عنه) and 'Umar bin Al Khattab (عنه) also lived for 63 years as well, and this is from the ability of Allah (سبحانه وتعالى).
 - 1. From the age of 0 to 40, it was all preparation to receive the revelation.
 - 2. From the age of 40 to 53, the Prophet (**) was in Makkah which was all nurturing for faith and belief.
 - 3. From the age of 53 to 63, he was in Medina which was a time of development of society and people.

- So the Prophet (**) was a messenger for 23 years, but we see how much emphasis is placed on preparation for 40 years. It cannot be that someone just becomes a prophet.
- The nurturing of the Prophet (ﷺ) for forty years
 was something no one can handle. He went
 through many changes in his life, from his father
 passing away, mother passing away and
 grandfather passing away.
- He is someone that can face humanity and can be so kind, merciful and loving. Knowing that he has no secrets in his life makes us see him as a role model.
- Taking the Prophet (**) as a role model will protect us from blindly following anyone or being influenced by anyone.

- His worships were not only known to us, but even when he frowned at someone. And an entire surah is named after it (عبس) "he frowned".
- The Prophet (繼) was in the middle of giving dawah to Quraish, but was interrupted by a blind man and the Prophet (ﷺ) frowned because he was disturbed as to what to attain to. Despite the blind man not seeing the Prophet (ﷺ) frowning, Allah (سبحانه وتعالى) saw him and He nurtured him for this. He made a point that everyone should know, and this shows the love Allah (سبحانه وتعالى) for the Prophet (*) because He used him so the people know how to be human.

- We cannot be perfect, and we should not expect perfection from ourselves or others because it will be very hard on us and others.
- And in another incident, the Prophet (ﷺ) was commanded to marry the wife of his adopted son after divorcing her. But this was to remove the concept of an adopted son, and the Prophet (ﷺ) feared this action of marrying her and what the people would say. So Allah (سبحانه وتعالی) revealed the ayah:

SURAH AL AHZAAB 37

وَإِذْ تَقُولُ لِلَّذِي أَنْعَمَ اللَّهُ عَلَيْهِ وَ أَنْعَمْتَ عَلَيْهِ أَمْسِكْ عَلَيْكَ زَوْجَكَ وَ اتَّقِ اللَّهَ وَتُخْفِي فِي نَفْسِكَ مَا اللَّهُ مُبْدِيهِ وَتَخْشَى النَّاسَ وَاللَّهُ أَحَقُّ أَن تَخْشَاهُ فَلَمَّا قَضَى زَيْدٌ مِّنْهَا وَطَرًا زَوَّجْنَاكَهَا لِكَيْ لَا وَاللَّهُ أَحَقُّ أَن تَخْشَاهُ فَلَمَّا قَضَى زَيْدٌ مِّنْهَا وَطَرًا زَوَّجْنَاكَهَا لِكَيْ لَا يَكُونَ عَلَى الْمُؤْمِنِينَ حَرَجٌ فِي أَزْوَاجٍ أَدْعِيَائِهِمْ إِذَا قَضَوْا مِنْهُنَّ يَكُونَ عَلَى الْمُؤْمِنِينَ حَرَجٌ فِي أَزْوَاجٍ أَدْعِيَائِهِمْ إِذَا قَضَوْا مِنْهُنَّ وَطَرًا وَكَانَ أَمْرُ اللَّهِ مَفْعُولًا وَطَرًا وَكَانَ أَمْرُ اللَّهِ مَفْعُولًا

And [remember, O Muhammad (**)], when you said to the one on whom Allah bestowed favor and you bestowed favor, "Keep your wife and fear Allah," while you concealed within yourself that which Allah is to disclose. And you feared the people, while Allah has more right that you fear Him. So when Zayd had no longer any need for her, We married her to you in order that there not be upon the believers any discomfort concerning the wives of their adopted sons when they no longer have need of them. And ever is the command of Allah accomplished.

No one can handle that many wives except the Prophet (ﷺ) and each has a certain nature and temper. And it was not his choice, but Allah (سبحانه وتعالی) chose this for him. And this is all to teach the men how to be with their wives.

- There is the story of Aisha (may Allah be pleased with her) when it was her day to be with the Prophet (*), and one of the other wives sent food. She became upset because why should another wife send food that day, so she threw the food on the floor. What was the Prophet's reaction?
- He did not scold her, but picked up the food and said, "your mother is jealous, your mother is jealous."
- Expression of the Prophet (**) and all the details of his life makes us more human, and to know that we are not perfect.
- People who follow others project a perfect image and then people think, "look at how beautiful their life is", but right before taking that picture or video they were fighting.

- Everything is known in the life of the Prophet (**) so that there is no attachment to him, worshiping him or over-praising him.
- We respect him, follow his sunnah and send blessings upon him, but we do not invoke him because he is not an ilah or god. He is a slave of Allah (سبحانه وتعالی) and His Messenger (ﷺ).
- To worship someone is not about bowing and praying to them, but to attach to them emotionally when we think they are so perfect and so good to the point that we idolize them.

DO NOT IDOLIZE THE PROPHET (&)

سَمِعْتُ النَّبِيَّ صلى الله عليه وسلم يَقُولُ "لاَ تُطْرُونِي كَمَا أَطْرَتِ النَّصَارَى ابْنَ مَرْيَمَ، فَإِنَّمَا أَنَا عَبْدُهُ، فَقُولُوا عَبْدُ اللَّهِ أَطْرَتِ النَّصَارَى ابْنَ مَرْيَمَ، فَإِنَّمَا أَنَا عَبْدُهُ، فَقُولُوا عَبْدُ اللَّهِ وَرَسُولُهُ ".

I heard the Prophet (**) saying, "Do not exaggerate in praising me as the Christians praised the son of Mary, for I am only a Slave. So, call me the Slave of Allah and His Messenger."

Nowing the Seerah of the Prophet (*) is to make us follow him and not to idolize him or commit shirk.

O ALLAH, SEND SALAH UPON MUHAMMAD AND UPON THE FAMILY OF MUHAMMAD, AS YOU SENT SALAH UPON IBRAHIM AND UPON THE FAMILY OF IBRAHIM, AND SEND BLESSINGS UPON MUHAMMAD AND UPON THE FAMILY OF MUHAMMAD AS YOU SENT BLESSINGS UPON IBRAHIM AND THE FAMILY OF IBRAHIM. YOU ARE INDEED WORTHY OF PRAISE, FULL OF MAJESTY.

¹ Sahih al-Bukhari 3445

REFERENCES

كنوز السيرة النبوية - الشيخ عثمان الخميس 1.



ADDITIONAL RESOURCES

PAST CLASS NOTES AND NEW POSTS ON TELEGRAM
THIS IS OPEN TO BOTH WOMEN AND MEN

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