


عش مع الهدي النبوي

LIVE WITH THE PROPHET'S WAY

All praises are due to Allah. Anything good is from Allah and any mistakes are from ourselves and the shaitan. May Allah forgive us.

 www.markazalsalam.com

 t.me/markazalsalam

 +97150 8008875

 info@markazalsalam.com

 t.me/dropletsofdew



Al Salam Islamic Center



بسم الله الرحمن الرحيم
لا حول ولا قوة إلا بالله

عش مع الهدي النبوي LIVE WITH THE PROPHET'S WAY

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INTRODUCTION

THE STRAIGHT PATH

SUPPLICATION TO REMEMBER ALLAH

" اللهم أعني على ذكرك وشكرك، وحسن عبادتك "

*'Allahumma a'inni 'ala dhikrika wa shukrika, wa
husni 'ibadatika,'*

(O Allah, help me remember You, expressing
gratitude to You and worship You in the best
manner)".¹

- Everyone wants to be on the Straight Path and the straight path is where the input and output

¹ Riyadh As Saliheen, Abu Dawud and An- Nasa'i , Book 1, Hadith 384

are the same. Imagine someone taking in so much but little comes out, or someone taking in too little, but much comes out.

- Allah (**سبحانه وتعالى**) is Al 'Aleem – The All-Knower and He knows what we need and what should come out from us, so we should accept what comes along the way. Sometimes we see something on the floor, and we have the feeling we want to remove it, then we should. When Allah (**سبحانه وتعالى**) shows us something, it is important to accept it in order to show truthfulness.

- Or someone we could be sitting and someone passes us, and the thought comes in our mind to say salam. But then we let it go and think, “maybe it takes time, maybe it interrupts”, so

we don't do it, and then we think, "why did I not say salam since it came to my mind".

- Also, we think if we come outside our comfort zone then we will become better and improve, but Allah's nurturing is always through something relatable to us. For example, if someone's nature is quiet, and then we tell them, "you're so quiet, you're so boring, make some noise", then we become conscious of it and think, "ok let me learn how to be more animated". And this itself creates disturbance within us and others, because the change was not based on foundation, it was only based on a comment of someone.

- Allah (سبحانه وتعالى) created us in the form suitable for us, so we cannot just take on a lifestyle or qualities of someone without any

evidence. For example, we may go on different diets but are so extreme for us, and then we cannot handle it, so we go back to our comfort zone and what we know. We go back to our biryanis and samosas.

- Why are there eight gates of paradise? Because there are different ways to reach Allah (سبحانه وتعالى), some are good with prayer, some are good with fasting, some are good with caring and so forth.
- We think the Straight Path is only about our worship and religion, but includes our life. The more we accept what Allah (سبحانه وتعالى) brings to us, then we will be foremost because we are truthful in taking what Allah (سبحانه

(سبحانه وتعالى) brings. May Allah (سبحانه وتعالى) guide us to the Straight Path. Ameen.

- Allah (سبحانه وتعالى) guides whomever He wills to the Straight Path, and the meaning of “whomever He wills” is based on the perfect knowledge and wisdom of Allah (سبحانه وتعالى). This shows everyone is different and Allah (سبحانه وتعالى) has full knowledge of each person and what they need.
- It is not possible that our needs and what Allah (سبحانه وتعالى) makes us see are random. And this makes us to always follow His decree because He will guide us to the Straight Path. It cannot be that He makes us see things so that we judge it, but to act.

- The Straight Path is knowledge and actions, it is belief and righteous good deeds.
- We have to go with the stages Allah (سبحانه) has taken us in life. When we look at the creation of the human being, first it is a drop of water, then it becomes a blood clot, then there are bones, and the bones of each person are different. Some bones are broad, some are delicate, but even these proportions in the womb will be as the person grows. And then the bones are covered with flesh. And some flesh is very taut and toned, and some flesh is very thick and soft. And some people, no matter how much they exercise that flesh is there, and some even if they do not exercise, they look toned. People are different, but everyone is born beautiful.

- And it is important to accept ourselves because why do we want to make our lives difficult and “go outside our comfort zone”? When Allah (سبحانه وتعالى) gives us contentment, then this is not something bad.
- If we believe in Allah (سبحانه وتعالى), then surely He will guide us to the Straight Path. He will guide us to the right knowledge customized for us, and not what others think. When Allah (سبحانه وتعالى) guides us, He will not guide us to something so extreme. Everyone has a way of how they will be nurtured and taken care of.
- And we must believe Allah (سبحانه وتعالى) guides everyone, but it depends on the person if they are truthful or not. The more we are truthful, the less we will leave a gap in the nurturing of Allah

(سبحانه وتعالى). We will not just take the knowledge and hold on to it without acting.

- We think if we learn something here, then we must take it out in the same way, but Allah (سبحانه وتعالى) knows in which form the knowledge will be expressed.

LIVE WITH THE PROPHET (ﷺ)

- The nurturing of the Prophet (ﷺ) is for one person, but it has an impact on all of our nurturing to make it balanced. We will become more upright and truthful when we take him as our role model. It will make us understand his qualities and Who is Allah (سبحانه وتعالى). When Allah (سبحانه وتعالى) chooses him, it is not only to

extract ways of how to eat or drink, but to know Who is Allah (سبحانه وتعالى).

- When we see someone successful or has reached a certain level in life, we become fascinated in what they did. For example, if someone reaches above the age of 100, we wonder, “what did they eat, what did they do?” And people may try it because they want the same result, but it does not work out for them because that is so limited; it may work for some, but not all.
- His life is nurturing for us to focus on Allah (سبحانه) and to follow him as a messenger; he is not an idol nor is he god. People take others as gods or idols because they focus on them.

- His actions are to show our truthfulness when we follow him. We see how Allah (سبحانه وتعالى) provides him and protects him. We see how Allah (سبحانه وتعالى) gives him console for what he goes through.
- There is customized nurturing for us to be on the Straight Path, but it is not just us and Allah (سبحانه وتعالى), but to follow the Prophet (ﷺ) because this will make us know Who is Allah (سبحانه وتعالى). His seerah (biography) makes us know Who is Allah (سبحانه وتعالى), so that we attach to Him, and follow him – this is balance – this is (لا إله إلا الله محمد رسول الله).
- It is imbalance to attach to Allah (سبحانه وتعالى) and do what we want. And it is imbalance to

do what we want and not attach to Allah
(سبحانه وتعالى).

- If we do not attach to Allah (سبحانه وتعالى), then we can easily highlight something else, meaning our heart jumps to it. We always speak of tawheed and to not associate with Allah (سبحانه وتعالى) another partner because if that one part is missing then everything else will go wrong and not make sense.

SURAH AL AN'AAM 162

قُلْ إِنَّ صَلَاتِي وَنُسُكِي وَمَحْيَايَ وَمَمَاتِي لِلَّهِ رَبِّ الْعَالَمِينَ

Say, "Indeed, my prayer, my rites of sacrifice, my living and my dying are for Allah, Lord of the worlds.

- Allah (سبحانه وتعالى) wants everyone to be guided and as “He wills” means He will bring something customized for us. Do we think Allah (سبحانه وتعالى) created us in vain and we will not return back to Him?

SURAH AL MU'MINOON 115

أَفَحَسِبْتُمْ أَنَّمَا خَلَقْنَاكُمْ عَبَثًا وَأَنَّكُمْ إِلَيْنَا لَا تُرْجَعُونَ

Then did you think that We created you uselessly and that to Us you would not be returned?"

SEERAH OF THE PROPHET (ﷺ)

RECAP

- We may think the start of the seerah is when the Prophet (ﷺ) was born, or when the revelation came to him, but that is still incomplete. When the scholars speak of the

Prophet (ﷺ), they tell us about incidents before his birth because that is just as important.

- Previously, we spoke of the Zamzam water incident. The life of the Prophet (ﷺ) and what he went through was all preparation to turn the eyes of the Arabs and the world, to the Arabian Peninsula and to his family.
- The second incident is the companions of the elephant and Abraha. These two incidents had an impact of diverting the eyes of the world to a specific place and family.
- Before the Zamzam water, everyone was the same and no one was highlighted, but after this incident, the family of Banu Hashim and especially the Prophet's grandfather Abdulmutalib was highlighted.

- After the Zamzam incident, he invoked Allah (سبحانه وتعالى) for ten boys and would sacrifice one. This one that had to be sacrificed was 'Abdallah, who ultimately became the father of the Prophet (ﷺ). So now the attention further diverts specifically to Abdulmutalib and his son 'Abdallah. And this is how Allah (سبحانه وتعالى) prepares the people before sending the Prophet (ﷺ)
- Makkah was not considered a place where people outside would consider, but then all eyes turned to Makkah as a result of the incident with Abraha.
- **LESSON:** this reminds us when any great decrees happen in our life, it is all preparation for something greater.

O ALLAH, SEND SALAH UPON MUHAMMAD AND UPON THE FAMILY OF MUHAMMAD, AS YOU SENT SALAH UPON IBRAHIM AND UPON THE FAMILY OF IBRAHIM, AND SEND BLESSINGS UPON MUHAMMAD AND UPON THE FAMILY OF MUHAMMAD AS YOU SENT BLESSINGS UPON IBRAHIM AND THE FAMILY OF IBRAHIM. YOU ARE INDEED WORTHY OF PRAISE, FULL OF MAJESTY.

REFERENCES

1. كنوز السيرة النبوية - الشيخ عثمان الخميس



ADDITIONAL RESOURCES

PAST CLASS NOTES AND NEW POSTS ON TELEGRAM

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