



# عش مع الهدي النبوي

## LIVE WITH THE PROPHET'S WAY

All praises are due to Allah. Anything good is from Allah and any mistakes are from ourselves and the shaitan. May Allah forgive us.


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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

## عش مع الهدي النبوي LIVE WITH THE PROPHET'S WAY

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### INTRODUCTION

- We can learn through situations and get nurtured with it, but if we do not have knowledge preceding experience, then it will be a long way to catch up and connect to the knowledge.
- There are people who rise and fall in life and then they understand. And when they go to the knowledge, they understand and connect. Everything we went through in the past makes sense, it is not vain, and it gives us support to continue in the future.

- And there are people who go with knowledge first, but then they can be stiff, though Allah (سبحانه وتعالى) will not leave them. He will nurture them in life to be refined, gentle, humble and patient. And this is Allah (سبحانه وتعالى) – Lord of the Worlds.
- The Prophet (ﷺ) gave us the similitude of people as different types of lands. There are lands whom when the rain falls, the land will absorb it, it will flourish, and people and animals will benefit from it.

### DIFFERENT SAMPLE OF LANDS

عَنْ أَبِي مُوسَى، عَنِ النَّبِيِّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ قَالَ " مَثَلُ مَا  
بَعَثَنِي اللَّهُ بِهِ مِنَ الْهُدَى وَالْعِلْمِ كَمَثَلِ الْغَيْثِ الْكَثِيرِ أَصَابَ  
أَرْضًا، فَكَانَ مِنْهَا نَقِيَّةٌ قَبِلَتِ الْمَاءَ، فَأَنْبَتَتِ الْكَلَأَ وَالْعُشْبَ

الْكَثِيرَ، وَكَانَتْ مِنْهَا أَجَادِبُ أُمْسَكَتِ الْمَاءَ، فَنَفَعَ اللَّهُ بِهَا النَّاسَ،  
 فَشَرِبُوا وَسَقَوْا وَزَرَعُوا، وَأَصَابَتْ مِنْهَا طَائِفَةٌ أُخْرَى، إِنَّمَا هِيَ  
 قِيعَانٌ لَا تُمْسِكُ مَاءً، وَلَا تَنْبِتُ كَلًّا، فَذَلِكَ مَثَلُ مَنْ فَقِهَ فِي دِينِ  
 اللَّهِ وَنَفَعَهُ مَا بَعَثَنِي اللَّهُ بِهِ، فَعَلِمَ وَعَلَّمَ، وَمَثَلُ مَنْ لَمْ يَرْفَعْ  
 بِذَلِكَ رَأْسًا، وَلَمْ يَقْبَلْ هُدَى اللَّهِ الَّذِي أُرْسِلْتُ بِهِ."

The Prophet (ﷺ) said, "The example of guidance and knowledge with which Allah has sent me is like abundant rain falling on the earth, some of which was fertile soil that absorbed rain water and brought forth vegetation and grass in abundance. (And) another portion of it was hard and held the rain water and Allah benefited the people with it and they utilized it for drinking, making their animals drink from it and for irrigation of the land for cultivation. (And) a portion of it was barren which could neither hold the water nor bring forth vegetation (then that land gave no benefits).

The first is the example of the person who comprehends Allah's religion and gets benefit

(from the knowledge) which Allah has revealed through me (the Prophets and learns and then teaches others. The last example is that of a person who does not care for it and does not take Allah's guidance revealed through me (He is like that barren land.)"<sup>1</sup>

- Whatever we go through in life, it is important to take it in with a good heart, and then it will have a good impact on ourselves and others.
- With the Qur'an and Sunnah, we will have knowledge, and it will make the decrees easy for us to accept.

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<sup>1</sup> Sahih al-Bukhari 79

# LIVE WITH THE PROPHET (ﷺ)

## BEFORE THE BIRTH OF THE PROPHET (ﷺ)

### SURAH ADH DHUHA

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

1

وَالضُّحَىٰ

By the morning brightness

2

وَاللَّيْلِ إِذَا سَجَىٰ

And [by] the night when it covers with darkness,

3

مَا وَدَّعَكَ رَبُّكَ وَمَا قَلَىٰ

Your Lord has not taken leave of you, [O Muhammad (ﷺ)], nor has He detested [you].

4

وَلِلْآخِرَةِ خَيْرٌ لَّكَ مِنَ الْأُولَىٰ

And the Hereafter is better for you than the first [life].

5

وَلَسَوْفَ يُعْطِيكَ رَبُّكَ فَتَرْضَىٰ

And your Lord is going to give you, and you will be satisfied.

6

أَلَمْ يَجِدْكَ يَتِيمًا فَآوَىٰ

Did He not find you an orphan and give [you] refuge?

7

وَوَجَدَكَ ضَالًّا فَهَدَىٰ

And He found you lost and guided [you],

8

وَوَجَدَكَ عَائِلًا فَأَغْنَىٰ

And He found you poor and made [you] self-sufficient.

9

فَأَمَّا الْيَتِيمَ فَلَا تَقْهَرْ

So as for the orphan, do not oppress [him].

10

وَأَمَّا السَّائِلَ فَلَا تَنْهَرْ

And as for the petitioner, do not repel [him].

11

وَأَمَّا بِنِعْمَةِ رَبِّكَ فَحَدِّثْ

But as for the favor of your Lord, report [it].

## SURAH ASH SHARH

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

1

أَلَمْ نَشْرَحْ لَكَ صَدْرَكَ

Did We not expand for you, [O Muhammad],  
your breast?

2

وَوَضَعْنَا عَنْكَ وِزْرَكَ

And We removed from you your burden

3

الَّذِي أَنْقَضَ ظَهْرَكَ

Which had weighed upon your back

4



وَرَفَعْنَا لَكَ ذِكْرَكَ

And raised high for you your repute.

5

فَإِنَّ مَعَ الْعُسْرِ يُسْرًا

For indeed, with hardship [will be] ease.

6

إِنَّ مَعَ الْعُسْرِ يُسْرًا

Indeed, with hardship [will be] ease.

7

فَإِذَا فَرَغْتَ فَانصَبْ

So when you have finished [your duties], then  
stand up [for worship].

8

وَإِلَىٰ رَبِّكَ فَارْغَبْ

And to your Lord direct [your] longing.

- Before the birth of the Prophet (ﷺ), it is important to understand these two surahs – Surah Adh Dhuha and Ash Sharh.

- If we go straight to the story of the Prophet (ﷺ), then we might think, “why did this happen to him?”, but we should think good of Allah (سبحانه وتعالى) and know that He will never leave him. Even if his mother left, grandfather left, or someone who loves him left, we must know that Allah Ar Rabb never leave him. It is important to always think good of Allah (سبحانه) before going into any story.
- And in every stage of the life of the Prophet (ﷺ), it is always better than before. And every time Allah (سبحانه وتعالى) will give him something to be more pleased. When his mother passed away, Allah (سبحانه وتعالى) gave him better to be pleased. If there is any burden, He will always lighten it.

- We cannot separate the story of the Prophet (ﷺ) from the Qur'an and Sunnah. Allah (سبحانه) will never place the Prophet (ﷺ) in situations that are not good for him. And all the nurturing he went through was to bring out praiseworthy values of gentleness, mercy and forbearance.
- And he was not only nurtured for humans, but the whole worlds – to the jinn, animals and plants.

### SURAH AL ANBIYAA 107

وَمَا أَرْسَلْنَاكَ إِلَّا رَحْمَةً لِّلْعَالَمِينَ

And We have not sent you, [O Muhammad (ﷺ)], except as a mercy to the worlds.

- When we go through difficult situations in life, then it can make us very tight. For example, if

someone went through an unstable childhood, then it will affect the way they see things, the way they express, and this “darkness” will show.

- Despite the Prophet's childhood, Allah (سبحانه) opened his chest so that he can quickly detox to overcome any difficult moment in life.
- If we go through difficult moments in life and our chest is tight, then it will be a burden on us and our back, and we will sin as relief. But Allah (سبحانه وتعالى) opened the chest of the Prophet (ﷺ), both physically and through the ayat.

## PARENTS OF THE PROPHET (ﷺ)

- The grandfather of the Prophet (ﷺ) had made a vow to sacrifice one of his sons, and it was his

favorite son who was chosen, but he offered a hundred camels instead.

- This favorite son of his was 'Abdallah, would ultimately become the father of the Prophet (ﷺ).
- Since his son 'Abdallah was saved, the Prophet's grandfather said "I will choose the best wife for you", so he chose Aminah bint Wahab. She was beautiful, had a place in society, and was known as the "flower of Quraish".
- They got married, but were together for only ten days, and in those ten days, she conceived, and then he travelled to trade dates. As he travelled, he went to Yathrib (which would will later be called Medina). And it is known the weather there is harsher than

Makkah. As a result, he fell sick, passed away and was buried near Medina.

- Imagine he was saved from a great slaughter, but for a greater purpose to marry 'Aminah bint Wahab and be the father of the Prophet (ﷺ).
- The state that a woman goes through during her pregnancy will affect her, and while Aminah bint Wahab was pregnant, Makkah was facing the trial of Abraha and the elephants. And this shows that sometimes we face greater problems to distract us from what we are personally going through. If the trial with Abraha did not take place in Makkah at the same time, she would just be at home thinking about the loss of her husband, and this can negatively affect her.

- Aminah bint Wahab did not feel any symptoms of pregnancy, it was a light and easy pregnancy. We know that the Prophet (ﷺ) was born on Monday in the Year of the Elephant, but the exact date is not known.
- When the Prophet (ﷺ) was born, his grandfather was so happy that he named him, “Mohammed”. It was not a commonly known name at the time, and so the people questioned why “did you not call him after your father?”, as that was a custom then.
- What did Abdulmutallib say? He said, “I called him Mohammed because I wish for the One in the sky (Allah) to praise him and I want those in the earth to praise him”, and this is what has happened. There is no human more praised than the Prophet (ﷺ). And in the end, it is Allah

(سبحانه وتعالى) Who guides and inspires to the name.

- It is important to choose good names, good in meaning and sound. And the most beloved names to Allah (سبحانه وتعالى) are 'Abdallah and 'Abdarrahman.
- And the name "Mohammed" is mentioned in the Tawrat and Injeel. Eisa (عليه السلام) said "Ahmed" will come after him, and that is another name for Mohammed.

## SURAH AS SAFF 6

وَإِذْ قَالَ عِيسَى ابْنُ مَرْيَمَ يَا بَنِي إِسْرَائِيلَ إِنِّي رَسُولُ اللَّهِ إِلَيْكُمْ  
مُصَدِّقًا لِمَا بَيْنَ يَدَيَّ مِنَ التَّوْرَةِ وَمُبَشِّرًا بِرَسُولٍ يَأْتِي مِنْ بَعْدِي  
اسْمُهُ أَحْمَدُ فَلَمَّا جَاءَهُمْ بِالْبَيِّنَاتِ قَالُوا هَذَا سِحْرٌ مُبِينٌ



And [mention] when Jesus, the son of Mary, said, "O children of Israel, indeed I am the messenger of Allah to you confirming what came before me of the Torah and bringing good tidings of a messenger to come after me, whose name is Ahmad." But when he came to them with clear evidences, they said, "This is obvious magic."

- The first to nurse the Prophet (ﷺ) was his mother and then the servant of his uncle Abu Lahab whose name was "Thuwaybah".
- When the Prophet (ﷺ) grew up, he still took care of her, despite her being the servant of Abu Lahab who was an enemy to him. And this shows his kindness and gentleness.
- Mohammed (ﷺ) was nursed with them for a month, but the grandfather of the Prophet (ﷺ) wanted him to be sent to the desert with a wet-nurse. Previously this was the tradition of the

elite in society in which wet-nurses from the desert would come to take the newborns of the elite so they may adopt the pure Arabic language and be in a clean environment for their own physical and mental health.

- So these wet-nurses from the desert would come to the city and they would be paid for this service for two years.
- When these wet-nurses arrived, they took the newborns, except for the Prophet (ﷺ) since his father passed away. Despite his grandfather being there and with his position in society, they still would not accept it since he had no father.
- It is important to never underestimate anyone, little did they know that in the future, he will be

the leader of the whole world and he will be the first to enter paradise.

- But there will be someone better to come, who took him? Next week in sha'a Allah.

## ACTIONS ARE BASED ON INTENTIONS

حَدَّثَنَا الْحُمَيْدِيُّ عَبْدُ اللَّهِ بْنُ الزُّبَيْرِ، قَالَ : حَدَّثَنَا سُفْيَانُ ، قَالَ :  
 حَدَّثَنَا يَحْيَى بْنُ سَعِيدٍ الْأَنْصَارِيُّ ، قَالَ : أَخْبَرَنِي مُحَمَّدُ بْنُ  
 إِبْرَاهِيمَ التَّيْمِيُّ ، أَنَّهُ سَمِعَ عَلْقَمَةَ بْنَ وَقَّاصٍ اللَّيْثِيَّ ، يَقُولُ :  
 سَمِعْتُ عُمَرَ بْنَ الْخَطَّابِ رَضِيَ اللَّهُ عَنْهُ عَلَى الْمِنْبَرِ، قَالَ :  
 سَمِعْتُ رَسُولَ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ، يَقُولُ : " إِنَّمَا الْأَعْمَالُ  
 بِالنِّيَّاتِ، وَإِنَّمَا لِكُلِّ امْرِئٍ مَا نَوَى، فَمَنْ كَانَتْ هِجْرَتُهُ إِلَى دُنْيَا  
 يُصِيبُهَا أَوْ إِلَى امْرَأَةٍ يَنْكِحُهَا، فَهِجْرَتُهُ إِلَى مَا هَاجَرَ إِلَيْهِ "

Narrated 'Umar bin Al-Khattab (رضي الله عنه) : I  
 heard Allah's Messenger (ﷺ) saying, "The reward  
 of deeds depends upon the intentions and  
 every person will get the reward according to

what he has intended. So whoever emigrated for worldly benefits or for a woman to marry, his emigration was for what he emigrated for."<sup>2</sup>

- This is an important hadith because our deeds are based on our intentions, and we want all our deeds to be for Allah (سبحانه وتعالى).

O ALLAH, SEND SALAH UPON MUHAMMAD AND UPON THE FAMILY OF MUHAMMAD, AS YOU SENT SALAH UPON IBRAHIM AND UPON THE FAMILY OF IBRAHIM, AND SEND BLESSINGS UPON MUHAMMAD AND UPON THE FAMILY OF MUHAMMAD AS YOU SENT BLESSINGS UPON IBRAHIM AND THE FAMILY OF IBRAHIM. YOU ARE INDEED WORTHY OF PRAISE, FULL OF MAJESTY.

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<sup>2</sup> Sahih al-Bukhari 1

## REFERENCES

1. كنوز السيرة النبوية - الشيخ عثمان الخميس



## RELATED RESOURCES

SURAH ASH SHARH

## ADDITIONAL RESOURCES

LISTEN TO THE CLASS – FOR WOMEN

<https://vimeopro.com/markazalsalam/live-with-the-prophets-way>

TO REQUEST ACCESS TO THE RECORDING:

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