

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

برنامج التربية القرآنية والنبوية

QUR'ANIC & PROPHETIC NURTURING PROGRAM

سورة الفاتحة

SURAH AL FATIHA

GUIDE US TO THE STRAIGHT PATH

07 AUGUST 2023 | 20 MUHARRAM 1445 | CLASS #20

All praises are due to Allah. Anything good is from Allah and any mistakes are from ourselves and the shaitan. May Allah forgive us.

www.markazalsalam.com



t.me/markazalsalam



+97150 8008875



info@markazalsalam.com



t.me/dropletsofdew



Al Salam Islamic Center

INTRODUCTION

- ♥ We can all feel sad in life, but it is important to say what is pleasing to Allah, and not what is displeasing to Him.
- ♥ After the death of the son of the Prophet Mohammed (ﷺ), Ibrahim, he said the heart grieves and the eyes shed tears, but we will only say what is pleasing to Allah.

THE HEART GRIEVES BUT TO SAY WHAT IS PLEASING TO ALLAH

وَكَانَ ظَنْرًا لِإِبْرَاهِيمَ . عَلَيْهِ السَّلَامُ . فَأَخَذَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ إِبْرَاهِيمَ فَقَبَّلَهُ وَشَمَّهُ ، ثُمَّ دَخَلْنَا عَلَيْهِ بَعْدَ ذَلِكَ ، وَإِبْرَاهِيمُ يَجُودُ بِنَفْسِهِ ، فَجَعَلَتْ عَيْنَا رَسُولِ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ تَذْرِفَانِ . فَقَالَ لَهُ عَبْدُ الرَّحْمَنِ بْنُ عَوْفٍ . رَضِيَ اللَّهُ عَنْهُ . وَأَنْتَ يَا رَسُولَ اللَّهِ فَقَالَ " يَا ابْنَ عَوْفٍ إِنَّهَا رَحْمَةٌ " . ثُمَّ أَتْبَعَهَا بِأُخْرَى فَقَالَ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ " إِنَّ الْعَيْنَ تَدْمَعُ ، وَالْقَلْبَ

يَحْزَنُ، وَلَا نَقُولُ إِلَّا مَا يَرْضَى رَبُّنَا، وَإِنَّا بِفِرَاقِكَ يَا إِبْرَاهِيمَ
 لَمَحْزُونُونَ "

We went with Allah's Messenger (ﷺ) to the blacksmith Abu Saif, and he was the husband of the wet-nurse of Ibrahim (the son of the Prophet). Allah's Messenger (ﷺ) took Ibrahim and kissed him and smelled him and later we entered Abu Saif's house and at that time Ibrahim was in his last breaths, and the eyes of Allah's Messenger (ﷺ) started shedding tears. `Abdur Rahman bin `Auf said, "O Allah's Apostle, even you are weeping!" He said, "O Ibn `Auf, this is mercy." Then he wept more and said, "The eyes are shedding tears and the heart is grieved, and we will not say except what pleases our Lord, O Ibrahim ! Indeed we are grieved by your separation."¹

♥ We are not just soul, but body as well. And we see out of Allah's mercy, when a person passes away, he is occupied with burying the dead,

¹ Sahih al-Bukhari 1303

taking care of the inheritance, so it goes into
“duniya mode” to bring balance.

سورة الفاتحة

SURAH AL FATIHA

OPENING CHAPTER



1

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah, the Entirely Merciful, the Especially Merciful.

2

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ

[All] praise is [due] to Allah, Lord of the worlds -

3

الرَّحْمَنِ الرَّحِيمِ

The Entirely Merciful, the Especially Merciful,

4

مَالِكِ يَوْمِ الدِّينِ

Sovereign of the Day of Recompense.

5

إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ

It is You we worship and You we ask for help.

6

اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ

Guide us to the straight path -

7

صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ

The path of those upon whom You have bestowed favor, not of those who have evoked [Your] anger or of those who are astray.

GUIDE US TO THE STRAIGHT PATH

اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ

Guide us to the straight path

- ♥ Our fitra is our true self. For example, a child behaves very naturally without thinking, “what will they think if I do this?”.
- ♥ The fitra does not go away or disappear, nor is it deactivated, but it can get covered due to the nafs or shaitan. And so now we see that “ugly” is seen as beautiful, and bad is seen as good, and good as bad.
- ♥ From the attributes of Allah is Initiator of the Heavens and the Earth (فاطر السماوات والأرض). Only

Allah can split and bring that inner-truth in all of us. Allah created us all pure.

- ♥ Allah created us and fashioned us; there is no change in the fitra granted to us by Allah, but then there are parents, siblings, friends and the shaitan. Though Allah will never leave the people. He will place us in a situation to split and bring out this fitra again, even if it is covered.
- ♥ People can have their fitra deeply covered, but when Allah wants to guide, He can bring anything to split this fitra.
- ♥ All of us came to the study circles in different times, but we all remember the time when we first came.
- ♥ And Allah placed in our fitra to feel guilty when we sin so that we return back to Him. Someone

might ask, “why do some people commit sin and not feel bad about it?”

COVERING OF THE HEART

عَنْ أَبِي هُرَيْرَةَ، عَنْ رَسُولِ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ قَالَ " إِنَّ الْعَبْدَ إِذَا أَخْطَأَ خَطِيئَةً نَكَتَتْ فِي قَلْبِهِ نُكْتَةٌ سَوْدَاءٌ فَإِذَا هُوَ نَزَعَ وَاسْتَغْفَرَ وَتَابَ سُقِلَ قَلْبُهُ وَإِنْ عَادَ زِيدَ فِيهَا حَتَّى تَعْلُوَ قَلْبَهُ وَهُوَ الرَّانُ الَّذِي ذَكَرَ اللَّهُ : (كَلَّا بَلْ رَانَ عَلَى قُلُوبِهِمْ مَا كَانُوا يَكْسِبُونَ

The Messenger of Allah (ﷺ) said: “Verily, when the slave (of Allah) commits a sin, a black spot appears on his heart. When he refrains from it, seeks forgiveness and repents, his heart is polished clean. But if he returns, it increases until it covers his entire heart. And that is the ‘Ran’ which Allah mentioned: ‘Nay, but on their hearts is the Ran which they used to earn.’”²

² Jami` at-Tirmidhi 3334

SURAH AN NOOR 34 TO 35

34

وَلَقَدْ أَنْزَلْنَا إِلَيْكُمْ آيَاتٍ مُّبَيِّنَاتٍ وَمَثَلًا مِّنَ الَّذِينَ خَلَوْا مِن قَبْلِكُمْ
وَمَوْعِظَةً لِّلْمُتَّقِينَ

And We have certainly sent down to you distinct verses and examples from those who passed on before you and an admonition for those who fear Allah.

35

اللَّهُ نُورُ السَّمَاوَاتِ وَالْأَرْضِ ۚ مَثَلُ نُورِهِ كَمِشْكَاةٍ فِيهَا مِصْبَاحٌ ۚ
الْمِصْبَاحُ فِي زُجَاجَةٍ ۚ الزُّجَاجَةُ كَأَنَّهَا كَوْكَبٌ دُرِّيٌّ يُوقَدُ مِن شَجَرَةٍ
مُّبَارَكَةٍ زَيْتُونَةٍ لَا شَرْقِيَّةٍ وَلَا غَرْبِيَّةٍ يَكَادُ زَيْتُهَا يُضِيءُ وَلَوْ لَمْ
تَمْسَسْهُ نَارٌ ۚ نُورٌ عَلَى نُورٍ ۗ يَهْدِي اللَّهُ لِنُورِهِ مَن يَشَاءُ ۚ وَيَضْرِبُ اللَّهُ
الْأَمْثَالَ لِلنَّاسِ ۗ وَاللَّهُ بِكُلِّ شَيْءٍ عَلِيمٌ

Allah is the Light of the heavens and the earth. The example of His light is like a niche within which is a lamp, the lamp is within glass, the glass as if it were a pearly [white] star lit from [the oil of] a blessed olive tree, neither of the east nor of the west, whose oil would almost glow even if untouched by fire. Light upon light. Allah guides to His light whom He wills. And Allah

presents examples for the people, and Allah is Knowing of all things.

- ♥ Ignorance is darkness so there is the light of knowledge. Disbelief is darkness and there is the light of belief. Shirk is darkness and tawheed (Oneness of Allah) is light. Disobedience is darkness and obedience is light.
- ♥ We dislike anything ugly and imperfect, but like anything beautiful and perfect.
- ♥ And when there is darkness and light, what do we like? Light to penetrate the darkness, and the Light of Allah is unlimited.
- ♥ There is a lantern which has glass, and there is the pure olive oil. If someone has a lantern and glass, but without olive oil, can it be lit? No.
- ♥ This “olive oil” is the original guidance and that is the fitra. Olive oil on its own glows and

shimmers and when it's lit, then there is more light.

- ♥ Olive oil is from a blessed tree – the olive tree. And this shows how it is pure. And the olive tree is not in the east or west, it is in the middle. And the message of the messengers is not “eastern” or “western”, it is not “extreme”, but applicable to all. The “east” is more spiritual leaning and overly humiliating and the “west” is more body leaning. It is about “me, confidence, self”.

EVERYONE IS BORN ON THE FITRA

عَنْ أَبِي هُرَيْرَةَ، قَالَ قَالَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ " مَا
 مِنْ مَوْلُودٍ إِلَّا يُلَدُّ عَلَى الْفِطْرَةِ فَأَبَوَاهُ يُهَوِّدَانِهِ وَيُنَصِّرَانِهِ
 وَيُشْرِكَانِهِ "

Abu Huraira reported Allah's Messenger (ﷺ) as saying: No baby is born but is upon the Fitra (of Islam). It is his parents who make him a Jew or a Christian or a Polytheist.³

³ Sahih Muslim 2658

- ♥ Every newborn baby is born on the fitra, middle, and not extreme. Every newborn is born Muslim. Our fitra is to turn to One and not to like partners. Our fitra is to love justice and hate injustice.
- ♥ A baby does not like to be shared, he will say, “that’s my mommy”, and we think this child is selfish. But this is in the fitra to love One and not be shared, and that is tawheed, to direct it turn to Allah alone.
- ♥ Allah placed in human beings to hate being partnered or ignored, but that is to turn to Allah alone, and to not ignore Allah. Then after learning tawheed of Allah alone, then the child is taught we are not one, we need partners. For example, Musa (عليه السلام) knew that Firaoun sees himself as one, but Musa (عليه السلام) asked

Allah (swt) to have Haroon (عليه السلام) as a partner so they may remember Him and glorify Him much.

- ♥ Allah also placed it in our nature to like perfection and completion, why? So that we attach to Allah Who is perfect and that everyone else is imperfect. For example, if a child is given a broken cookie, he will not accept it, and says he wants the “complete and round” cookie.
- ♥ A child loves what is beautiful, beautiful clothes, beautiful books, beautiful room, why? So that we know only Allah is The Most Beautiful and He has The Most Beautiful Names, and all of His Attributes and Actions are the Most Beautiful.

- ♥ Our fitra is like to be clean and not to dirty. For example, a baby will cry when he needs to be changed.
- ♥ Cleanliness and taking care of the self is fitra. It is fitra to brush our hair and clean it, but it is not fitra to not wash or brush.

SUNAN OF THE FITRA

- ♥ People think fitra is going back to nature and not doing anything, but this is not the case. The Prophet (ﷺ) said there are things that we should do:
 1. Trim the moustache (for the male)
 2. To leave the beard (for the male)
 3. To use the siwak (to clean the teeth and mouth). This means we should brush our teeth, take care of the odor of our mouth.

4. Rinse the nose
5. Cut the nails and toenails, and do not leave it for more than forty nights.
6. To clean the joints, whether knuckles, elbows, knees.
7. To pluck (wax) the underarms, and if it is too painful, then to shave
8. To shave the pubic hair (not wax it and not to have someone else wax it either). The 'awra is not to be exposed to other women. It is important to perform ghusl after a relation and menstruation.
9. To clean the private parts after answering the call of nature. To clean until the discharge is gone.
10. To rinse the mouth, especially after food

11. Circumcision of the male

SUNNAN OF THE FITRA

عَنْ عَائِشَةَ، قَالَتْ قَالَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ. "عَشْرٌ مِنَ الْفِطْرَةِ قَصُّ الشَّارِبِ وَإِعْفَاءُ اللَّحْيَةِ وَالسِّوَاكُ وَالِاسْتِنْشَاقُ بِالْمَاءِ وَقَصُّ الْأَظْفَارِ وَغَسْلُ الْبَرَاجِمِ وَنَتْفُ الْإِبْطِ وَحَلْقُ الْعَانَةِ وَانْتِقَاصُ الْمَاءِ". يَعْنِي الْإِسْتِنْجَاءَ. قَالَ زَكَرِيَّا قَالَ مُصْعَبٌ وَنَسِيتُ الْعَاشِرَةَ إِلَّا أَنْ تَكُونَ الْمُضْمَضَةَ.

"The Messenger of Allah (ﷺ) said: 'Ten things are connected to the Fitrah: trimming the mustache, letting the beard grow, using the siwak, rinsing out the nostrils with water, clipping the nails, washing the joints, plucking the armpit hairs, shaving the pubic hairs, washing the private parts with water.'" (One of the narrators) Zakariyya said: "Mus'ab said: 'I have forgotten the tenth thing, but it may have been rinsing out the mouth.'"⁴

♥ So the fitra is clean and similarly it is important to keep our heart clean too.

MAY ALLAH GRANT US A SOUND FITRA. AMEEN

⁴ Sunan Ibn Majah 293

REFERENCES

1. تفسير الشيخ السعدي – TAFSEER SHEIKH AS SA'ADY



ADDITIONAL RESOURCES

LISTEN TO THE CLASS – FOR WOMEN

<https://vimeopro.com/markazalsalam/qnpn-surah-al-fatih>

TO REQUEST ACCESS TO THE RECORDING:

<https://markazalsalam.com/recordings-notes>

CLASS NOTES FOR WOMEN AND MEN

FOR STUDENTS OF KNOWLEDGE, TEACHERS AND DA'EES IN ENGLISH

<https://t.me/markazalsalampublicationsENG>

FOR STUDENTS OF KNOWLEDGE, TEACHERS AND DA'EES IN ARABIC

<https://t.me/markazalsalampublicationsAR>

FOR CHILDREN CLASS NOTES

<https://t.me/dropletsofdew>

FOR BEGINNERS TO ISLAM

<https://t.me/truthfulentry>