

Recite in the Name of your Lord



اقرأ باسم ربك

# SURAH AN NAAS



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اقْرَأْ بِاسْمِ رَبِّكَ



## SURAH AN NAAS

We live with people  
Who have faults and shortcomings  
Needs and goals  
They move around  
They find comfort with one another  
Because they are “naas” - mankind

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## SURAH AN NAAS

But there is a clear enemy  
Lurking for any moment or word  
Spreading his poison to make people  
isolated and awkward  
But want a good end  
And to reach safely  
What's the way?

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## SURAH AN NAAS

### سورة الناس

### Surah An Naas

You are incomplete because

you are one of mankind

You are in need because

you are one of mankind

O human, you are weak

because you are one of mankind

You need attachment and protection

To get rid of obsessions

that destroy and distract you

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## SURAH AN NAAS

(قل أعوذ برب الناس)

Say, "I seek refuge in the Lord of mankind,

Say O Mohammed (ﷺ) to them

Seek help

With the Nurturer of Mankind

Everyone has faults,

and needs The Nurturer to complete him

Everyone is broken,

and needs The Nurturer to rectify him



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## SURAH AN NAAS

All that we go through  
and all that people go through  
Is from the Nurturer of Mankind  
Do not complain or be upset  
Do not surrender  
to the whispers and obsessions  
You are one of mankind  
Be pleased with the Nurturer of Mankind

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## SURAH AN NAAS

(ملك الناس)

**The Sovereign of mankind.**

Everyone is in need and does not own death or life

Does not own anything or anyone

Seek refuge with the King of Mankind

Everything is in His Hands

He owns mankind

He controls them

Account and recompense

are according to the King of Mankind

He is The True King

Do not think you own anything or anyone

You are one of mankind

Obey the King of Mankind

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## SURAH AN NAAS

(إِلَه النَّاسِ)

The God of mankind,

Everyone is weak and is in need of attachment

Everyone is scattered and needs oneness

Seek refuge with the God of Mankind

Worthy of worship and attachment

Perfect in all attributes

Perfect from all aspects

Protects you from whispers

Make Allah your concern

Find comfort with Allah and people will find

comfort with you

You are one of mankind

Attach to the God of Mankind



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## SURAH AN NAAS

(من شر الوسواس الخناس)

From the evil of the retreating whisperer -

There is a hidden enemy,  
you do not see him, but he sees you  
He flows in the human like the flow of blood  
He knows your weak points and faults  
He wants to expose you and bring you down  
Seek refuge with Allah from the evil of his whispers  
He flees and goes  
Do not be afraid or sad  
Allah is with you

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## SURAH AN NAAS

Do not surrender to his whispers and illusions  
Push it away by seeking refuge with Allah  
Be freed from his traps and chains  
Let gratitude be your weapon against him  
Remember Allah's blessings on you  
Remember Allah's nurturing towards you  
Remember His beauty and perfection  
You will become more grateful  
and further protected

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## SURAH AN NAAS

(الذي يوسوس في صدور الناس)

Who whispers [evil] into the breasts of mankind -

You are one of mankind

Do not be afraid,

your heart is in the protection of Allah

No whispers can reach to spoil your sincerity

But he spreads his whispers

In the chests of the people

To make them sad so they may despair

To make them rejoice

so they may become proud and arrogant

To make them angry

so they may transgress and oppress

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## SURAH AN NAAS

To disable the people  
So they find no comfort with one another  
O human, you are one of mankind  
Ask Allah to expand your chest and ease your affairs  
Be broad chested  
To the commands and decrees of Allah

Recite in the Name of your Lord

اقْرَأْ بِاسْمِ رَبِّكَ



## SURAH AN NAAS

(من الجنّة والنّاس)

From among the jinn and mankind."

O human

These whispers are from jinn, whom we cannot see

Spreading his whispers to the people

To adorn evil for them

And to dislike good for them

Occupying them with petty matters

Magnifying their deeds

so they are impressed with themselves

Magnifying their worries

so they are scattered and confused

Easing the way to sins so they may slip and regret



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## SURAH AN NAAS

Seek refuge with Allah from him and his evil  
And there is a more dangerous,  
more intense and closer whisperer  
The whispers of people  
Who provoke and incite  
Affecting us with their words and ways  
Occupying and surrounding our emotions  
Seek refuge with Allah from his evil  
And push away his evil with excellence  
and by doing good  
He will go away and retreat  
Or his state will become better  
And this is the state of mankind  
In all times and places

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## SURAH AN NAAS

O human

Surah An Naas is the end of this Book

Filled with great hope

A fortress against the accursed shaitan  
And from anyone who wants evil for you

It is a completion and end

We ask Allah to accept our good deeds

