

بِسْمِ رَبِّكَ اقْرَأْ بِاسْمِ رَبِّكَ

Recite in the Name of Your Lord

To begin in the Name of Your Rabb shows there are decrees, there is nurturing and a journey, but to begin in the Name of Allah is immediate attachment to Allah alone.

And after reading in the Name of Your Rabb, it will open for each person connection to their own nurturing and to read Allah's ayat and action in their life.

Just as we recite the Qur'an, the Qur'an reads us. There we find our remembrance, our life and our story.

The age of forty is a golden age mentioned in the Qur'an. Before forty, we were living the nurturing, but after it, we read the nurturing.

حَتَّىٰ إِذَا بَلَغَ أَشُدَّهُ وَبَلَغَ أَرْبَعِينَ سَنَةً قَالَ رَبِّ أَوْزِعْنِي أَنْ أَشْكُرَ نِعْمَتَكَ الَّتِي أَنْعَمْتَ عَلَيَّ وَعَلَىٰ وَالِدَيَّ وَأَنْ أَعْمَلَ صَالِحًا تَرْضَاهُ وَأَصْلِحْ لِي فِي ذُرِّيَّتِي ۗ إِنِّي تُبْتُ إِلَيْكَ وَإِنِّي مِنَ الْمُسْلِمِينَ

Until, when he reaches maturity and reaches [the age of] forty years, he says, "My Lord, enable me to be grateful for Your favor which You have bestowed upon me and upon my parents and to work righteousness of which You will approve and make righteous for me my offspring. Indeed, I have repented to You, and indeed, I am of the Muslims." [Surah Al Ahqaaf 15]

At this age, a person starts to read the nurturing of Allah. Where we lived, where we studied and where we are reminds us to be grateful for our parents. We want to perform deeds pleasing to Allah because that is the peak. We ask Allah to reform our offspring, and this can be anything that is carried after us, and not just our name. It can be the one who carries the knowledge, the books, the places of worship, and anything that is left behind and carried afterwards. Nevertheless, it is important to always return to Allah and submit to Him. He will accept the best of our deeds and overlook our sins.

The age of forty was the start of revelation and prophethood for the Messenger of Allah (ﷺ). There was a period of seclusion, and despite being in a cave, there was vastness – His Lord's ayat were being revealed to Him. The Prophet (ﷺ) was nurtured to bring the ayat to us. And we can take these ayat with ease.

...With the Qur'an, we will read our story....

اقْرَأْ بِاسْمِ رَبِّكَ

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