

# مدارج السالكين

## PATH OF THE TRAVELLER

All praises are due to Allah. Anything good is from Allah and any mistakes are from ourselves and the shaitan. May Allah forgive us.

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Al Salam Islamic Center



سم الله الرحمن الرحيم  
لا حول ولا قوة إلا بالله

# مدارج السالكين

## PATH OF THE TRAVELLER

31 DECEMBER 2022 | 07 JAMAD AL AKHIR 1444 | CLASS #15

## INTRODUCTION

### SUPPLICATION SEEKING ALLAH'S HELP

"يا معاذ، والله إني لأحبك، ثم أوصيك يا معاذ لا تدعن في دبر كل صلاة تقول: اللهم أعني على ذكرك وشكرك، وحسن عبادتك"

The Messenger of Allah (صلى الله عليه وسلم) held my hand and said, "O Mu'adh, By Allah, I love you and advise you not to miss supplicating after every Salat (prayer) saying:  
'Allahumma a'inni 'ala dhikrika wa shukrika, wa husni 'ibadatika,'

(O Allah, help me remember You, expressing gratitude to You and worship You in the best manner)".<sup>1</sup>

- It is important to highlight the rights of Allah (سبحانه وتعالى) before our rights, to highlight the goal before the means, and it is important to magnify Allah (سبحانه وتعالى).
- We are getting nurtured in this life in order to worship Allah (سبحانه وتعالى) alone and to extract shirk from us. The goal is to be a slave of Allah (سبحانه وتعالى).
- And Allah (سبحانه وتعالى) will provide us and give us when we seek His help.

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<sup>1</sup> Riyadh As Saliheen, Abu Dawud and An- Nasa'i , Book 1, Hadith 384

## PATH OF THE TRAVELLER (مدارج السالكين)

## SURAH AL FATIHA

1

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah, the Entirely Merciful, the Especially Merciful.

2

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ

[All] praise is [due] to Allah, Lord of the worlds -

3

الرَّحْمَنِ الرَّحِيمِ

The Entirely Merciful, the Especially Merciful,

4

مَالِكِ يَوْمِ الدِّينِ

Sovereign of the Day of Recompense.

5

إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ

It is You we worship and You we ask for help.

6

اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ

Guide us to the straight path -

7

صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ

The path of those upon whom You have bestowed favor, not of those who have evoked [Your] anger or of those who are astray.

YOU ALONE WE WORSHIP AND YOU ALONE WE ASK FOR HELP (إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ)

## FOUR TYPES OF PEOPLE WHEN IT COMES TO WORSHIPPING AND SEEKING HIS HELP

○ There are four types, all are wrong except one. We will have a look at the right one that is on the path travelling to Allah (سبحانه وتعالى).

### 1. PEOPLE WHO WORSHIP ALLAH AND SEEK HIS HELP

○ They know their goal and purpose is to worship Allah (سبحانه وتعالى). The goal of every decree and command are to worship Allah (سبحانه وتعالى).

- And at the same time, they do not rely on themselves to perform the worship. They trust in the Lordship of Allah (سبحانه وتعالى), and He provides them, gives them and sustains them.

### SUPPLICATION SEEKING ALLAH'S HELP

"يا معاذ، والله إني لأحبك، ثم أوصيك يا معاذ لا تدعن في دبر كل صلاة تقول: اللهم أعني على ذكرك وشكرك، وحسن عبادتك"

The Messenger of Allah (صلى الله عليه وسلم) held my hand and said, "O Mu'adh, By Allah, I love you and advise you not to miss supplicating after every Salat (prayer) saying:

*'Allahumma a'inni 'ala dhikrika wa shukrika, wa husni 'ibadatika,'*

(O Allah, help me remember You, expressing gratitude to You and worship You in the best manner)".<sup>2</sup>

<sup>2</sup> Riyadh As Saliheen, Abu Dawud and An- Nasa'i , Book 1, Hadith 384

- After every prayer, we connect with Allah (سبحانه وتعالى), and we want Allah (سبحانه وتعالى) to nurture us to help us to remember Him, be grateful to Him and worship Him in excellence. We need to be truthful in this.

## 2. PEOPLE WHO DO NOT WORSHIP ALLAH OR SEEK HIS HELP

- This person does not worship Allah (سبحانه وتعالى) or rely on Him either. This person does not think of the rights of Allah (سبحانه وتعالى), or to seek His pleasure or to rely on Him.
- It is a great blessing that Allah (سبحانه وتعالى) sees us, hears us and provides us, so we want to worship Him and ask Him because that is our honor.

- The one who leaves Allah (سبحانه وتعالى) is lost and is just everywhere; such as a person is arrogant.
- The moment we do not believe in Allah (سبحانه وتعالى), we will attach to anything we see and we hear.

### 3. PEOPLE WHO WORSHIP ALLAH BUT DO NOT SEEK HIS HELP

- Someone may pray, fast and recite the Qur'an, but does not rely on Allah (سبحانه وتعالى). Sometimes we do things without thinking of Allah (سبحانه وتعالى), we just do it without seeking His help.
- To seek His help is like we are drowning in feelings for Him to help us. We want to worship



Allah (سبحانه وتعالى), but we cannot without His help.

- Allah (سبحانه وتعالى) appreciates the feelings we have, and not about how much we do.
- Such people believe they are the ones who do things on their own, with no help from Allah (سبحانه وتعالى). They perform many worships, but they rely on themselves.
- When the heart goes forward to Allah (سبحانه وتعالى), then the limbs do not overpower the person.
- It is not only about focusing on what we do, but to focus on Allah (سبحانه وتعالى). When there is no isti'ana then we only focus on ourselves.
- Our heart does not move when do not seek help of Allah (سبحانه وتعالى).

#### 4. PEOPLE WHO DO NOT WORSHIP ALLAH BUT ONLY SEEK HIS HELP

- They have a great amount of reliance in Allah (سبحانه وتعالى) to get what they want, but no worship.
- For example, if they want money or position, they rely on Allah (سبحانه وتعالى) and they speak with so much trust in Him that we become impressed, but there is no worship of Allah (سبحانه وتعالى).
- This is an example of someone who only thinks of the means, but forgets the goal. And he only relies on Allah (سبحانه وتعالى) for his duniya. May Allah (سبحانه وتعالى) make us from the first group and we seek refuge in Him from being from the other groups.

- In conclusion, to love Allah (سبحانه وتعالى) and to know Him is the motive, and when we love Him, we will not look at the work we do because we love Him.
- And we do not rely on anyone to bring us something except Allah (سبحانه وتعالى). If we rely on ourselves or others, then how can we keep up our standard of loving Allah (سبحانه وتعالى)?

MAY ALLAH MAKE US WORSHIP HIM ALONE AND SEEK HIS HELP. AMEEN.

## REFERENCES

1. مدارج السالكين - ابن القيم



## ADDITIONAL RESOURCES

LISTEN TO THE CLASS – FOR WOMEN

<https://vimeopro.com/markazsalam/path-of-the-traveller>

TO REQUEST ACCESS TO THE RECORDING:

<https://markazsalam.com/recordings-notes>

CLASS NOTES FOR WOMEN AND MEN

FOR STUDENTS OF KNOWLEDGE, TEACHERS AND DA'EES IN ENGLISH

<https://t.me/markazsalampublicationsENG>

FOR STUDENTS OF KNOWLEDGE, TEACHERS AND DA'EES IN ARABIC

<https://t.me/markazsalampublicationsAR>

FOR CHILDREN CLASS NOTES

<https://t.me/dropletsofdew>

FOR BEGINNERS TO ISLAM

<https://t.me/truthfulentry>