

ALLAH AL HALEEM

(The Most Forbearing)

All praises are due to Allah. Anything good is from Allah and any mistakes are from ourselves and the shaitan. May Allah forgive us.



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- Even if there is wrong happening, if someone is sinning, if someone is far from Allah (سبحانه وتعالى), if someone is being unjust, Allah Al Haleem will still give them time, provide them, make them smile, give them food, drink, employment and home.
- Allah (سبحانه وتعالى) is Al Haleem (The Most Forbearing) not only to the wrongdoers but to the good-doers as well. They could be lazy, falling behind, they could be doing better but they are not - Allah (سبحانه وتعالى) is still Haleem with them. He will still give them time to return

back to Him, repent to Him, change for better and go back to doing good deeds again.

- Allah (سبحانه وتعالى) is not the One to take us into account the moment we make a mistake. This is not the way of Allah.
- How many times do we sin in a day? Think wrong, misjudge and find out we were wrong? Constantly. But Allah (سبحانه وتعالى) does not take us to account.

SURAH AN NAHL 61

وَلَوْ يُؤَاخِذُ اللَّهُ النَّاسَ بِظُلْمِهِمْ مَا تَرَكَ عَلَيْهَا مِنْ دَابَّةٍ وَلَكِنْ
يُؤَخِّرُهُمْ إِلَىٰ أَجَلٍ مُّسَمًّى ۖ

And if Allah were to impose blame on the people for their wrongdoing, He would not have left upon the earth any creature, but He defers them for a specified term.

- This is all from His mercy, forgiveness and forbearance toward us.

- This teaches us that forbearance is a very beautiful quality that Allah (سبحانه وتعالى) loves.

FORBEARANCE, AND DELIBERATENESS

أَنَّ النَّبِيَّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ قَالَ لِأَشَجِّ عَبْدِ الْقَيْسِ " إِنَّ فِيكَ
خَصْلَتَيْنِ يُحِبُّهُمَا اللَّهُ الْجِلْمُ وَالْأَنَاةُ "

Ibn 'Abbas narrated that the Messenger of Allah said to the Ashajj 'Abdul-Qais: "Indeed there are two traits in you that Allah loves: Forbearance, and deliberateness."¹

- No one likes a person who is always hasty and nagging them. Allah (سبحانه وتعالى) wants us to change for the better so He gives us time.
- If we constantly nag children, they will feel pressured, not want to turn to us and they will turn to others. We don't want to lose these connections.

¹ Jami` at-Tirmidhi 2011

- Knowing the forbearance of Allah teaches us to be forbearing and to think good of others.
- At the same time, when we see someone do bad, it is not for us to think ‘why are they not being punished?’
- There are eight angels who carry the Throne of Allah. They glorify Allah (سبحانه وتعالى) and they say ‘glory be to Your Forbearance, even though You have perfect knowledge. (سبحانك). (على عفوك بعد علمك).
- Allah (سبحانه وتعالى) knows every wrong and good we are doing yet He is forbearing with us.
- This teaches us to not take people to account. A person may have started on the wrong path but with time they change.

- Sometimes we are not able to deal with situations or people so we leave it out of our weakness. But never think when Allah (سبحانه وتعالى) gives time to someone doing wrong it is because He cannot deal with it.
- Allah (سبحانه وتعالى) gives us time to return to Him, to repent to Him and to change.
- His forbearance is related to His mercy.
- We do not want to be someone who is very pushy. Allah (سبحانه وتعالى) deals with us with extended deadlines so this is how we want to deal with others.
- This Name is also mentioned in the supplication for distress.

SUPPLICATION FOR DISTRESS

لَا إِلَهَ إِلَّا اللَّهُ الْعَظِيمُ الْحَلِيمُ ، لَا إِلَهَ إِلَّا اللَّهُ رَبُّ الْعَرْشِ الْعَظِيمِ ،
لَا إِلَهَ إِلَّا اللَّهُ رَبُّ السَّمَوَاتِ وَرَبُّ الْأَرْضِ وَرَبُّ الْعَرْشِ الْكَرِيمِ

Laa ilaaha il-lal-laahul 'azeemul-haleem, laa ilaaha il-lal-laahu rab-bul-'arshil-'azeem, laa ilaaha il-lal-laahu rabbus-samaa-waati wa rab-bul-arḍi wa rab-bul-'arshil-kareem

None has the right to be worshipped except Allah, The Magnificent, The Most Clement. None has the right to be worshipped except Allah, Lord of the magnificent throne. None has the right to be worshipped except Allah, Lord of the heavens, Lord of the Earth and Lord of the noble throne.²

- The word of tawheed is repeated in this supplication. This supplication is proclaiming the Oneness of Allah, His perfect love and magnification. We are not directly asking Allah (سبحانه وتعالى) to remove our distress.
- Returning back to Allah (سبحانه وتعالى) purely takes us out from any situation. When we return back to Him as a slave who believes in

² Sahih Al Bukhari 6346

His perfection blocks out any problem and calamity.

- Allah (سبحانه وتعالى) is greater than our problems and He will make a way out which we can never imagine.
- Out of Allah's mercy and wisdom, sins have evil consequences. For instance, why does fire burn? So that we do not keep putting our hands back in the fire and we step back.
- May Allah (سبحانه وتعالى) help us always return back to Him and not be deceived by His forbearance.
- If we do bad and find that nothing bad is happening to us, it is not to be deceived but to know it is the forbearance of Allah.

MAY ALLAH HELP US RETURN BACK TO HIM. AMEEN.

REFERENCES

تفسير الشيخ السعدي. 1 – TAFSEER SHEIKH AS SA'ADY

ADDITIONAL RESOURCES



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