

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

عش مع الله العليم

LIVE WITH ALLAH AL 'ALEEM –
THE ALL-KNOWER

23 OCTOBER 2023 | 08 RABI' AL AKHIR 1445 | CLASS #80

INTRODUCTION

- In the time of Covid, everything becomes levelled to only see (لا إله إلا الله). In that time, a great support was the Names of Allah (جَلَّال), so that we only see Him and see our faults.
- And we will reach safely with all the challenges of life when we love Allah (جَلَّال), love the Prophet (ﷺ) and love for others what we love for ourselves. And then Allah (جَلَّال) will save us.

- If there is something missing then there is no connection. If there is no love of Allah (ﷻ) then there will be no purity. If there is no love of the Prophet (ﷺ) then there will be no truthfulness. And if there is no love for others what we love for ourselves, then there will be no abraar. We want to be pure, truthful and sincere.
- The abraar have no jealousy, ego or hatred and that is when we prefer others over ourselves, and when we give for others more than ourselves.

ALLAH AL TAYYIB – THE GOOD AND PURE

ALLAH IS AT TAYYIB

عَنْ أَبِي هُرَيْرَةَ، قَالَ قَالَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ "أَيُّهَا النَّاسُ إِنَّ اللَّهَ طَيِّبٌ لَا يَقْبَلُ إِلَّا طَيِّبًا وَإِنَّ اللَّهَ أَمْرَ الْمُؤْمِنِينَ بِمَا

أَمْرَبِهِ الْمُرْسَلِينَ فَقَالَ { يَا أَيُّهَا الرُّسُلُ كُلُوا مِنَ الطَّيِّبَاتِ وَاعْمَلُوا صَالِحًا إِنِّي بِمَا تَعْمَلُونَ عَلِيمٌ } وَقَالَ { يَا أَيُّهَا الَّذِينَ آمَنُوا كُلُوا مِنْ طَيِّبَاتِ مَا رَزَقْنَاكُمْ }. " ثُمَّ ذَكَرَ الرَّجُلَ يُطِيلُ السَّفَرَ أَشْعَثَ أَغْبَرَ يَمُدُّ يَدَيْهِ إِلَى السَّمَاءِ يَا رَبِّ يَا رَبِّ وَمَطْعَمُهُ حَرَامٌ وَمَشْرَبُهُ حَرَامٌ وَمَلْبَسُهُ حَرَامٌ وَغُذِيَ بِالْحَرَامِ فَأَنَّى يُسْتَجَابُ لِذَلِكَ. "

Abu Hurairah (may Allah be pleased with him) reported Allah's Messenger (peace and blessings of Allah be upon him) as saying: "O people, Allah is Good and He therefore, accepts only that which is good. And Allah commanded the believers as He commanded the Messengers by saying: 'O Messengers, eat of the good things, and do good deeds; verily I am aware of what you do'. And He said: 'O those who believe, eat of the good things that We gave you'. He then made a mention of a person who travels widely, his hair disheveled and covered with dust. He lifts his hand towards the sky (and thus makes the supplication): 'O Lord, O Lord,' whereas his diet is unlawful, his drink is unlawful, and his clothes are unlawful,

and his nourishment is unlawful. How then can his supplication be accepted?"¹

- The meaning of “maeda” means a table full of balanced food – from starters to dessert. And this table cannot accept any additions to it.
- Everything in the table is good and pure. It is nicely setup with beautiful plates and vessels. And all the food itself is nice to see and smell. And when we eat it, we enjoy eating it and then we feel good after it. We feel satisfied and there is no disturbance.
- When we eat good and lawful food, it will have an effect on our mood, temper, productivity and behavior.
- Allah At Tayyib means He is pure and everything from Him is good and pure. Every command and decree of Allah is good and

¹ Sahih Muslim 1015

pure. The opposite of something “Tayyib” (طيب) (pure) is “khabeeth” (خبیث) such as something ugly and wicked.

- A good person attracts to a good person and good words and feelings attract to good words and feelings.
- But when there is wickedness and ugliness, then he will only be attracted to what is wicked. Even if he hears something good, he will interpret it to something wicked because there is wickedness inside him.
- As for the one who is good, even if he hears something bad, he will always interpret it as something good and as purification.
- A person will see people according to who he is. The way we see people is the way we are.

May Allah (ﷻ) make us all good and pure.

Ameen.

- Allah is so Pure and Good and only what is good will come to Him. Anything bad, wicked from intentions, words and actions will not reach Allah (ﷻ). No one can affect His purity and goodness.
- When we know Allah At Tayyib, we do not want to show any kind of evil or wickedness to others. We always want to say good and pure words. And the best word is (لا إله إلا الله). That is the good and pure word like the good tree which grows and flourishes.

SURAH IBRAHIM 24

أَلَمْ تَرَ كَيْفَ ضَرَبَ اللَّهُ مَثَلًا كَلِمَةً طَيِّبَةً كَشَجَرَةٍ طَيِّبَةٍ أَصْلُهَا
ثَابِتٌ وَفَرْعُهَا فِي السَّمَاءِ

See you not how Allah sets forth a parable? A goodly word as a goodly tree, whose root is firmly fixed, and its branches (reach) to the sky (i.e. very high).

- Even when people show evil, a tayyib person will still show his goodness.
- The Qur'an not only mentions to eat lawful food, but "Tayyib" food as well which is nourishing, smells good and looks nice.

Meanings of the word "Tayyib" (طيب)

- A good land means it flourishes.
- A good breeze is gentle.
- A good woman is a chaste woman.
- A good word is a word with no harm. We can say a word that is not haram, but it is hurtful, so it is not Tayyib.
- A good soul is a pleased and content soul.

- Allah At Tayyib only accepts what is pure because He is Tayyib and nothing bad will come from Him. That is why it is important to purify our intentions, our inner and our belief.

How can we be a Tayyib person?

- We may think we will be Tayyib with our faith or our prayer, but what can make us Tayyib. Let us have a look at the previously mentioned hadith.

SURAH AL MU'MINOON 51

يَا أَيُّهَا الرُّسُلُ كُلُوا مِنَ الطَّيِّبَاتِ وَاعْمَلُوا صَالِحًا إِنِّي بِمَا تَعْمَلُونَ عَلِيمٌ

O (you) Messengers! Eat of the Tayyibat [all kinds of Halal foods which Allah has made lawful (meat of slaughtered eatable animals, milk products, fats, vegetables, fruits, etc.)] and do righteous deeds. Verily! I am Well-Acquainted with what you do.

- To be pure is to begin by eating good food. Sometimes we think food is the last on our list. We want to eat good food in order to be a Tayyib person. It is something religious and not worldly.
- Food is a source to keep us connected to Allah (ﷻ), and to keep us pure. When children do not eat good food, they become very hyper.
- It is important to have different colors of food and from different groups. And then we satisfy all our senses.

SURAH AL MAEDA 3

الْيَوْمَ أَكْمَلْتُ لَكُمْ دِينَكُمْ وَأَتَمَمْتُ عَلَيْكُمْ نِعْمَتِي وَرَضِيتُ لَكُمُ
الْإِسْلَامَ دِينًا

This day I have perfected for you your religion and completed My favor upon you and have approved for you Islam as religion.

- We have a great role which is to worship Allah (ﷻ) and be grateful to Him.
- Allah (ﷻ) commands the messengers to eat good and lawful food.
- When we eat good food then it will impact our good deeds to be “saalih” (صَالِحًا) which means there is sincerity to Allah (ﷻ) and following the Prophet (ﷺ).
- Sometimes we struggle in performing good deeds, and here is the short-cut to eat good and pure food.
- Allah (ﷻ) commands the messengers, who are the best people, to eat good food.
- Righteous deeds are to love Allah (ﷻ), hope from Him and fear Him.

- And now we see how the shaitan wants to spoil our good deeds through food. Look at the story of Adam (عليه السلام) and Hawa and how the shaitan tricked them to eat from the tree.
- We find a great amount of diet trends and how the shaitan wants to deviate us.
- Allah (ﷻ) is The All-Knower of what is good for us and what we need in order to perform good deeds.

SURAH AL MU'MINOON 51

يَا أَيُّهَا الرُّسُلُ كُلُوا مِنَ الطَّيِّبَاتِ وَاعْمَلُوا صَالِحًا إِنِّي بِمَا تَعْمَلُونَ عَلِيمٌ

O (you) Messengers! Eat of the Tayyibat [all kinds of Halal foods which Allah has made lawful (meat of slaughtered eatable animals, milk products, fats, vegetables, fruits, etc.)] and do righteous deeds. Verily! I am Well-Acquainted with what you do.

SURAH AL BAQARAH 172

يَا أَيُّهَا الَّذِينَ آمَنُوا كُلُوا مِن طَيِّبَاتِ مَا رَزَقْنَاكُمْ وَاشْكُرُوا لِلَّهِ إِن
كُنْتُمْ إِيَّاهُ تَعْبُدُونَ

O you who have believed, eat from the good things which We have provided for you and be grateful to Allah if it is [indeed] Him that you worship.

- Allah (ﷻ) commands the believers to eat pure food from what He has provided them. We have to be so grateful to Allah (ﷻ) that we have access to food. The one who wakes up secure, has health and food for the day, then he has the whole duniya.

TO HAVE SECURITY, HEALTH, FOOD FOR THE DAY IS TO HAVE EVERYTHING

قال رسول الله صلى الله عليه وسلم: " من أصبح منكم آمناً في سربه، معافى في جسده، عنده قوت يومه، فكأنما حيزت له الدنيا بحذاقها "

Messenger of Allah (صلى الله عليه وسلم) said,
 "Whosoever begins the day feeling family security and good health; and possessing provision for his day is as though he possessed the whole world."²

- And the believers should be grateful to Allah (ﷻ) if they truly worship Him. When we are grateful to Allah (ﷻ), then it shows we are a worshipper.

SINS FORGIVEN WHEN WE PRAISE ALLAH AFTER EATING

عَنِ النَّبِيِّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ. قَالَ " مَنْ أَكَلَ طَعَامًا فَقَالَ
 الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنِي هَذَا وَرَزَقَنِيهِ مِنْ غَيْرِ حَوْلٍ مِنِّي وَلَا قُوَّةٍ
 غُفِرَ لَهُ مَا تَقَدَّمَ مِنْ ذَنْبِهِ " .

It was narrated from Sahl bin Mu'adh bin Anas Al-Juhani, from his father, that the Prophet (ﷺ) said: "Whoever eats food and said: Al- hamdu lillahil-ladhi at'amani hadha wa razaqanihi min ghayri hawlin minni wa la quwwatin

² Riyadh As Saliheen, At Tirmidhi, Book 1, Hadith 511

(Praise is to Allah Who has fed me this and provided it for me without any strength or power on my part), - his previous sins will be forgiven."³

ALLAH IS PLEASED WHEN WE PRAISE HIM AFTER EATING

قال رسول الله صلى الله عليه وسلم: "إن الله ليرضى عن العبد أن يأكل الأكلة فيحمده عليها، أو يشرب الشربة فيحمده عليها"

The Messenger of Allah (ﷺ) said, "Allah will be pleased with His slave who praises Him (i.e., says Al-hamdu lillah) when he eats and praises Him when he drinks".⁴

- When we say this dua, Allah (ﷻ) will forgive our sins and He will be pleased with us. And surely this will help us to perform good deeds.
- And if someone is making dua, but his food is haram, his earnings are haram and is being

³ Sunan Ibn Majah 3285

⁴ Riyadh As Saliheen, Muslim, Introduction, Hadith 140

nourished with haram then his dua will not reach Allah (ﷻ). May Allah (ﷻ) grant us good food. Ameen.

- And the good and pure people are the believers. When we eat good, we will speak good, listen to good and do good.
- But if we are not eating something good and pure, then how will our talk and actions be good? We will say something that is not good.
- The tayyiboon are the people of faith and good deeds, and they are the ones who eat what is good. We all want faith, we all want to do good, we all want to be around good people and we want to recycle “bad” to good. Anything wicked will not change those who are good and pure.

SURAH AT TAWBAH 72

وَعَدَ اللَّهُ الْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ جَنَّاتٍ تَجْرِي مِنْ تَحْتِهَا الْأَنْهَارُ
 خَالِدِينَ فِيهَا وَمَسَاكِنَ طَيِّبَةً فِي جَنَّاتِ عَدْنٍ وَرِضْوَانٌ مِّنَ اللَّهِ
 أَكْبَرُ ذَلِكَ هُوَ الْفَوْزُ الْعَظِيمُ

Allah has promised the believing men and believing women gardens beneath which rivers flow, wherein they abide eternally, and pleasant dwellings in gardens of perpetual residence; but approval from Allah is greater. It is that which is the great attainment.

- Paradise is a good and pure land, and everything there is Tayyib – good and pure people, food and homes. And their homes in this life was Tayyib, and that is their heart.
- Only the one who is Tayyib will enter paradise. The ones who are not tayyibeen will enter the fire because the fire will purify them.

SURAH AZ ZUMAR 73

وَسِيقَ الَّذِينَ اتَّقَوْا رَبَّهُمْ إِلَى الْجَنَّةِ زُمَرًا حَتَّىٰ إِذَا جَاءُوهَا
 وَفُتِحَتْ أَبْوَابُهَا وَقَالَ لَهُمْ خَزَنَتُهَا سَلَامٌ عَلَيْكُمْ طِبْتُمْ فَادْخُلُوهَا
 خَالِدِينَ

But those who feared their Lord will be driven to Paradise in groups until, when they reach it while its gates have been opened and its keepers say, "Peace be upon you; you have become pure; so enter it to abide eternally therein," [they will enter].

- We should make an effort to eat good food and it is not a waste of time.

SURAH AN NAHL 97

مَنْ عَمِلَ صَالِحًا مِّنْ ذَكَرٍ أَوْ أُنْثَىٰ وَهُوَ مُؤْمِنٌ فَلَنُحْيِيَنَّهٗ حَيٰوةً
 طَيِّبَةً

Whoever works righteousness, whether male or female, while he (or she) is a true believer (of Islâmic Monotheism) verily, to him We will give a good life

- Allah (ﷻ) will give us a good life when we believe and do good. And when we have a good life then we will have a good hereafter as well.

LIVE WITH ALLAH AL 'ALEEM – THE ALL-KNOWING

NAME OF ALLAH AL 'ALEEM IN SURAH AL MAEDA

SURAH AL MAEDA 97

جَعَلَ اللَّهُ الْكَعْبَةَ الْبَيْتَ الْحَرَامَ قِيَامًا لِلنَّاسِ وَالشَّهْرَ الْحَرَامَ
وَالْهَدْيَ وَالْقَلَائِدَ ذَلِكَ لِتَعْلَمُوا أَنَّ اللَّهَ يَعْلَمُ مَا فِي السَّمَاوَاتِ
وَمَا فِي الْأَرْضِ وَأَنَّ اللَّهَ بِكُلِّ شَيْءٍ عَلِيمٌ

Allah has made the Ka'bah, the Sacred House, standing for the people and [has sanctified] the sacred months and the sacrificial animals and the garlands [by which they are identified]. That is so you may know that Allah knows what is in the heavens and what is in the earth and that Allah is Knowing of all things.

SURAH AL MAEDA 96 TO 100

96

أَحِلَّ لَكُمْ صَيْدُ الْبَحْرِ وَطَعَامُهُ مَتَاعًا لَكُمْ وَلِلسَّيَّارَةِ ۖ وَحُرِّمَ
عَلَيْكُمْ صَيْدُ الْبَرِّ مَا دُمْتُمْ حُرْمًا ۗ وَاتَّقُوا اللَّهَ الَّذِي إِلَيْهِ
تُحْشَرُونَ

Lawful to you is game from the sea and its food as provision for you and the travelers, but forbidden to you is game from the land as long as you are in the state of ihram. And fear Allah to whom you will be gathered.

97

جَعَلَ اللَّهُ الْكَعْبَةَ الْبَيْتَ الْحَرَامَ قِيَامًا لِلنَّاسِ وَالشَّهْرَ الْحَرَامَ
وَالْهَدْيَ وَالْقَلَائِدَ ۚ ذَلِكَ لَتَعْلَمُوا أَنَّ اللَّهَ يَعْلَمُ مَا فِي السَّمَاوَاتِ
وَمَا فِي الْأَرْضِ وَأَنَّ اللَّهَ بِكُلِّ شَيْءٍ عَلِيمٌ

Allah has made the Ka'bah, the Sacred House, standing for the people and [has sanctified] the sacred months and the sacrificial animals and the garlands [by which they are identified]. That is so you may know that Allah knows what is in the heavens and what is in the earth and that Allah is Knowing of all things.

98

اعْلَمُوا أَنَّ اللَّهَ شَدِيدُ الْعِقَابِ وَأَنَّ اللَّهَ غَفُورٌ رَحِيمٌ

Know that Allah is severe in penalty and that Allah is Forgiving and Merciful.

99

مَا عَلَى الرَّسُولِ إِلَّا الْبَلَاغُ وَاللَّهُ يَعْلَمُ مَا تُبْدُونَ وَمَا تَكْتُمُونَ

Not upon the Messenger is [responsibility] except [for] notification. And Allah knows whatever you reveal and whatever you conceal.

100

قُلْ لَا يَسْتَوِي الْخَبِيثُ وَالطَّيِّبُ وَلَوْ أَعْجَبَكَ كَثْرَةُ الْخَبِيثِ
فَاتَّقُوا اللَّهَ يَا أُولِي الْأَلْبَابِ لَعَلَّكُمْ تُفْلِحُونَ

Say, "Not equal are the evil and the good, although the abundance of evil might impress you." So fear Allah, O you of understanding, that you may be successful.

Homework: prepare good food for the home, family and children.

MAY ALLAH AT TAYYIB GRANT US GOOD AND PURE FOOD.
AMEEN.

REFERENCES

1. الجامع أسماء الله الحسنى - ماهر مقدم
2. فقه الأسماء الحسنى - عبد الرزاق البدر
3. النهج الأسى - د. محمد النجدي



ADDITIONAL RESOURCES

[LISTEN TO THE CLASS – FOR WOMEN](#)

<https://vimeopro.com/markazalsalam/live-with-allah-al-aleem>

TO REQUEST ACCESS TO THE RECORDING:

<https://markazalsalam.com/recordings-notes>

[CLASS NOTES FOR WOMEN AND MEN](#)

FOR STUDENTS OF KNOWLEDGE, TEACHERS AND DA'EES IN ENGLISH

<https://t.me/markazalsalampublicationsENG>

FOR STUDENTS OF KNOWLEDGE, TEACHERS AND DA'EES IN ARABIC

<https://t.me/markazalsalampublicationsAR>

FOR CHILDREN CLASS NOTES

<https://t.me/dropletsofdew>

FOR BEGINNERS TO ISLAM

<https://t.me/truthfulentry>