

عش مع القرآن: سورة آل عمران

LIVE WITH THE QUR'AN: SURAH AAL IMRAAN

All praises are due to Allah. Anything good is from Allah and any mistakes are from ourselves and the shaitan. May Allah forgive us.

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بسم الله الرحمن الرحيم لا حول ولا قوة إلا بالله

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INTRODUCTION

ACCEPT OURSELVES

- Allah (سبحانه وتعالى) is Al Hayy Al Qayyoom The Ever-Living, The Self-Sustaining Master Who has the perfect life. And as human beings, we are not meant to be like "rocks", but we can become stiff and dry because we are made of sand. But what can make us lively and alive? Allah Al Hayy Al Qayyoom.
- People think that being perfect is a good life, but being perfectionist makes us miss out on

the essence of a good life. The essence of the good life is to see the perfection in things, and not to see the faults of things. The perfectionist cannot see perfection, but sees faults.

- Allah (سبحانه وتعالی) is perfect and He can easily make us flawless and immaculate, but this will not perfect us or bring out the best from us.
- Firmness does not mean being perfect, but to know that Allah (سبحانه وتعالى) is perfect and all that He does is perfect. Only Allah (سبحانه وتعالى) gives us a real and good life.
- We will not only have a good life through the commands of Allah (سبحانه وتعالى), but even through His decrees.
- We may go through decrees, disturbances and even failures in order to give "life" to our life.

- It is not about making everything perfect because then there will be no point to this life. If this life is perfect then this life will be jennah and we will not see a difference from this life and the next.
- If everyone is perfect, then each person will be proud and arrogant; they will be impressed with themselves. They will not need connections or friends, everyone will be separated.
- To be firm on good things does not mean being perfect, or blaming ourselves or others just because they make a mistake. We will fall if we expect perfection from ourselves or others.
- Anything where we think is off is actually the "meeting point of the two seas" – this is where

Allah (سبحانه وتعالى) will teach us what we do not know.

- The meeting of the two seas is when we face our values, our principles and what we know, with a decree that appears opposite. We can easily say something at that moment, but if we just remain patient, Allah (سبحانه وتعالى) will show us Who He is.
- when we believe in Allah Al Hayy He will place lively feelings in our heart. With faith, we will not see things as less, but as more. If there are problems, we will see favors. And if we have this in our heart, then Allah (سبحانه وتعالى) will make others see more than what it is.
- However, the more we focus on the outside, the less we will see the reality of ourselves. The nose we have matches the eyes we have,

matches the mouth we have, matches the ears we have – every part of our body is in proportion. The moment we change one part, all the other parts will be out of proportion.

- Now people filter their pictures so much that it has reached a point where some cannot accept what they look like in reality. And if we do not want to see our face in reality, then how can we see the reality of our heart? We will even not want to be around people because it means we have to show our reality.
- o Allah (سبحانه وتعالى) is Al Hayy Al Qayyoom and firmness is about acceptance; it is not about perfection. We are here in this life to know Who is Allah (سبحانه وتعالى); this is what is good for Us.

SURAH AL INFITAAR 6 TO 9

6

يَا أَيُّهَا الْإِنسَانُ مَا غَرَّكَ بِرَبِّكَ الْكَرِيمِ

O mankind, what has deceived you concerning your Lord, the Generous,

7

الَّذِي خَلَقَكَ فَسَوَّاكَ فَعَدَلَكَ

Who created you, proportioned you, and balanced you?

8

فِي أَيِّ صُورَةٍ مَّا شَاءَ رَكَّبَكَ

In whatever form He willed has He assembled you.

9

كَلَّا بَلْ تُكَذِّبُونَ بِالدِّينِ

No! But you deny the Recompense.

- Allah (سبحانه وتعالى) said, He created us, made us in proportion, and can assemble us in any image as He wills, according to His perfect knowledge and wisdom.
- If human beings deny themselves in the first place, then how will it be easy to accept other things? How can a person accept the Day of Recompense?
- Allah (سبحانه وتعالى) can tell us anything or use anything to bring "sparks" of faith. For those in the field of science, they will have "sparks" of faith when science in mentioned. And for us, there are topics that will bring out "sparks" of faith.
- Many times we put things on hold in our life because we are not taking that step, but before we make any movement, we need

knowledge. Before we diet, before we exercise, before we buy clothes, we have to know who we are and what suits us. Not every exercise matches all the body types and not every clothing matches all the body types.

- To look at the truth and reality is not easy; but this is not being alive. Life is to believe in Allah (سبحانه وتعالى).
- We do not need to be something else or to hide who we are. It is not about changing

ourselves, but to ask Allah Al Hayy Al Qayyoom for the guidance and truth. If we follow anything, then we will have a different identity each time, different lifestyle and different trend to follow. It is important to seek the truth from Allah (سبحانه وتعالى).

- Who is as-siddeeq (the ever-truthful)? The one who seeks the truth, and will continue to search for it until he is in peace.
- The Companions would even seek guidance from Allah (سبحانه وتعالى) for buying a shoe, and this shows they want everything truthfully. It is important to not disconnect our life from seeking the truth, even if it is clothing.
- Following anything untruthful will lead to sicknesses of the heart, and then we will lose our identity.

Allah (سبحانه وتعالى) is Al Hayy Al Qayoom – He is perfect and He will give us the perfect life. He wants us to seek the truth about ourselves first and then we can go straight.

SURAH AL BAQARAH 189

وَلَيْسَ الْبِرُّبِأَن تَأْتُوا الْبُيُوتَ مِن ظُهُورِهَا وَلَٰكِنَّ الْبِرَّمَنِ اتَّقَىٰ وَالْبُيُوتَ مِنْ أَبْوَابِهَا ۚ وَاتَّقُوا اللّهَ لَعَلَّكُمْ تُفْلِحُونَ

And it is not righteousness to enter houses from the back, but righteousness is [in] one who fears Allah. And enter houses from their doors. And fear Allah that you may succeed.

الله begins with seeing who we are, and not hiding. And then we seek the truth from Allah (سبحانه وتعالى). The truthful will seek the truth and speak the truth. We will not be at peace until we find it, and this is excellence.

The moment we change because we want people to see us a certain way, then we will not be satisfied.

LIVE WITH THE QUR'AN -SURAH AAL IMRAAN

SURAH AAL IMRAAN 12 قَدْ كَانَ لَكُمْ آيَةٌ فِي فِئَتَيْنِ الْتَقَتَا عِفِئَةٌ تُقَاتِلُ فِي سَبِيلِ اللهِ وَأُخْرَىٰ كَانَ لَكُمْ آيَةٌ فِي فِئَتَيْنِ الْتَقَتَا عِفِئَةٌ تُقَاتِلُ فِي سَبِيلِ اللهِ وَأُخْرَىٰ كَافِرَةٌ يَرَوْنَهُم مِثْلَيْمِ مَلْ يَشَاءُ إِنَّ كَافِرَةٌ يَرَوْنَهُم مِثْلَيْمٍ مَلْ يَشَاءُ إِنَّ كَافِرَةٌ يَرُوْنَهُ مِنْ يَشَاءُ إِنَّ كَافِرَةٌ يَرُوْنَهُ مِنْ يَشَاءُ إِنَّ لَعِبْرَةً لِأُولِي الْأَبْصَارِ فِي ذَلِكَ لَعِبْرَةً لِأُولِي الْأَبْصَارِ

Already there has been for you a sign in the two armies which met - one fighting in the cause of Allah and another of disbelievers. They saw them [to be] twice their [own] number by [their] eyesight. But Allah supports with His victory whom He wills. Indeed in that is a lesson for those of vision.

- Due to the faith of the believers, Allah (وتعالى) made the disbelievers to see them twice in number. And because of our faith, Allah (سبحانه وتعالى) will make others to see us as more beautiful.
- Every creation is created in the way that will make it easy for them to be who they are. So if we try to change ourselves to be something else, then it will be difficult for us, and we will be unable to remain it. And then we feel bad inside, and have to start all over again.
- It is important to believe that Allah (سبحانه وتعالى) created us in the best form; it is important to be firm by accepting the decree of Allah (سبحانه وتعالى). But what will make us shaky and overreact? When we expect something and

- see something different, whether we expect it from ourselves or others.
- Human beings have feelings, but we want truthful feelings. There is a perfect hereafter, but not in this life so that we seek excellence in this life. And that is by accepting who we are.
- When we look at ourselves, it is not about judging ourselves, but to see perfection in how Allah (سبحانه وتعالى) created us.
- After pregnancy, a lady can gain weight, and if she is told, "you've gained weight", then she can be so conscious; it can even be a knot in her life. And if she tries to lose weight, she finds it difficult because the heart is affected, and the body just holds on, so she finds it difficult to lose weight.

- We are not here to be perfect or to judge or be completed, but we are here to believe and accept.
- We are all created from sand, but we are nurtured by Allah (سبحانه وتعالى). And when we accept that nurturing, this "sand" will be precious to enter paradise.

SUPPLICATION TO NOT RELY ON OURSELVES

يَا حَيُّ يَا قَيُّومُ بِرَحْمَتِكَ أَسْتَغِيثُ أَصْلِحْ لِي شَأْنِي كُلَّهُ ، وَلَا تَكِلْنِي إِلَى نَفْسِي طَرْفَةَ عَيْنِ

O Ever Living, O Self-Subsisting and Supporter of all, by Your mercy I seek assistance, rectify for me all of my affairs and do not leave me to myself, even for the blink of an eye.

¹ Sahih Aj Jami'e 5820, Authenticated by Al Albani as Hasan

- There are too many measures and standards to everything that it has become difficult to keep up, so we are just spending money here and running there, only to be tired in the end. Though it is important to accept Allah Al Hayy Al Qayyoom. If we truly accept Allah as our Rabb, then He will guide us to the right knowledge that is perfect for us to take in.
- o To have the best is by accepting, and when we accept and believe, then Allah (سبحانه وتعالى) will make others see us in the best way.
- Our image with faith and without faith are different. Even the moment a person accepts Islam, their face glows.
- Everyone wants success and no one wants to lose or be defeated. Failure is disbelief and success is belief. Disbelief is to cover Allah's

- ayat, to cover the truth and to cover the reality.
- We do not just think of hiding ourselves, but to hide the signs and truth from Allah (سبحانه وتعالى).
 But when we accept and believe, then immediately we will have success.
- The believers were few in number and did not have experience in the battle, but Allah (وتعالى) made the disbelieves see them more in number and dignity. Allah (سبحانه وتعالى) gives success to the believers and will make others see them in the best way.
- When we accept our reality, our decrees, our family, our house, then Allah (سبحانه وتعالى) will give us victory by giving us the best.

DIVINE NURTURING LESSONS

- People think that being perfect is a good life, but being perfectionist makes us miss out on the essence of a good life. The essence of the good life is to see the perfection in things, and not to see the faults of things. The perfectionist cannot see perfection, but sees faults.
- Allah (سبحانه وتعالى) is perfect and He can easily make us flawless and immaculate, but this will not perfect us or bring out the best from us.
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- To be firm on good things does not mean being perfect, or blaming ourselves or others

just because they make a mistake. We will fall if we expect perfection from ourselves or others.

- It begins with seeing who we are, and not hiding. And then we seek the truth from Allah (سبحانه وتعالی). The truthful will seek the truth and speak the truth. We will not be at peace until we find it, and this is excellence.
- Human beings have feelings, but we want truthful feelings. There is a perfect hereafter, but not in this life so that we seek excellence in this life. And that is by accepting who we are.

MAY ALLAH MAKE US THE TRUTHFUL ONES. AMEEN.

REFERENCES

- TAFSEER SHEIKH AS SA'ADY تفسير الشيخ السعدي 1.
- TAFSEER IBN KATHIR تفسير ابن كثير 2.
- TAFSEER SHEIKH BIN UTHAYMEEN تفسير الشيخ بن عثيمين 3.



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ADDITIONAL RESOURCES

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