

اَقْرَأْ بِاسْمِ رَبِّكَ

RECITE IN THE NAME OF YOUR LORD

All praises are due to Allah (سبحانه وتعالى). Anything good is from Allah (سبحانه وتعالى) and any mistakes are from ourselves and the shaitan. May Allah (سبحانه وتعالى) forgive us.

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

اقْرَأْ بِاسْمِ رَبِّكَ

## RECITE IN THE NAME OF YOUR LORD

19 OCTOBER 2022 | 23 RABI' AL AWWAL 1444 | CLASS #1

### INTRODUCTION

#### SURAH AL AHQAAF 15

رَبِّ أَوْزِعْنِي أَنْ أَشْكُرَ نِعْمَتَكَ الَّتِي أَنْعَمْتَ عَلَيَّ وَعَلَى وَالِدَيَّ وَأَنْ  
أَعْمَلَ صَالِحًا تَرْضَاهُ وَأَصْلِحْ لِي فِي ذُرِّيَّتِي ۖ إِنِّي تُبْتُ إِلَيْكَ وَإِنِّي مِنَ  
الْمُسْلِمِينَ

"My Lord, enable me to be grateful for Your favor which You have bestowed upon me and upon my parents and to work righteousness of which You will approve and make righteous for me my offspring. Indeed, I have repented to You, and indeed, I am of the Muslims."

- Sometimes Allah (سبحانه وتعالى) makes us see our whole life journey like a flash in front of our eyes. In the last class we mentioned the above dua that a person makes at the age of 40. This person goes through his journey of nurturing till he reaches the this golden age after which he does not see 'his story' anymore but his focus shifts to the nurturing of Allah (سبحانه وتعالى) through His Words.
- This is the age the Prophet (صلى الله عليه وسلم) received the revelation from Allah (سبحانه وتعالى).
- Allah Al Muhaymin (The Dominator) will be above 'his story' and everything else.
- Then as he sees more ayat (signs) of Allah (سبحانه وتعالى), real and complete feelings for

everything he went through in the past comes out. He will have a real understanding of Who his Rabb is.

- If one does not know Who is Allah (سبحانه وتعالى) or about His Actions, he will not read the signs correctly and it can also lead to misguidance.
- But the one who knows Allah (سبحانه وتعالى), knows that He is full of mercy so he sees everything as being full of goodness.
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## NURTURING OF OUR RABB

- We go through good and bad decrees in life. In Surah Ar Rahman Allah (سبحانه وتعالى) tells us several times:

## SURAH AR RAHMAN 13

فَبِأَيِّ آلَاءِ رَبِّكُمَا تُكَذِّبَانِ

So which of the favors of your Lord would you deny?

- What is the difference between the words (نَعْمٌ) and (آلَاءِ) ? The word نَعْمٌ or نعيم comes from ناعم meaning something gentle. Also it comes from the word نَعَمْ which means yes. The word آلاءِ can come from إِلَى or لا meaning no. There is still good and mercy but it includes both good and bad.
- There is the sun and the moon, stars and trees, merging of the two seas. In our lives we see good and bad, but Allah (سبحانه وتعالى) is above it everything. With Allah (سبحانه وتعالى) there is always justice and balance.

- If a person does not know that his Rabb (Lord) is Ar Rahman (The Most Merciful), he might think that he has been wronged in situations.
- We need to know that Allah (سبحانه وتعالى) is full of mercy, to never think wrong about Allah (سبحانه وتعالى), His decrees and His actions - otherwise this can lead to misguidance.
- We want to see and read the ayat (signs) of Allah (سبحانه وتعالى) in a way that is pleasing to Him to see His Beauty and Majesty.
- Allah Al Jameel is The Most Beautiful and nothing can increase or decrease His beauty. He shows us more and more of His beauty everyday. But if we see less beauty then that is for us to go back to ourselves and purify what lies within us and increase in faith so that we can see the beauty.

- The ayat (signs) of Allah (سبحانه وتعالى) are the most beautiful.
- The Words of Allah (سبحانه وتعالى) are the most beautiful.
- Our life journey is the most beautiful and this is when the heart is pure and beautiful.
- Then we can recite in the Name of our Rabb.

## SURAH AL ANBIYA 10

لَقَدْ أَنْزَلْنَا إِلَيْكُمْ كِتَابًا فِيهِ ذِكْرُكُمْ

We have certainly sent down to you a Book in which is your mention.

- Allah (سبحانه وتعالى) tells us that in the Qur'an we will see our remembrance and our honor will be there in it. It will elevate us and this is by our belief in Allah (سبحانه وتعالى), love for Allah

(سبحانه وتعالى) and love for the Prophet (صلى الله عليه وسلم).

- We want to remember that everything Allah (سبحانه وتعالى) does in our life story is to honor us as a human, and greater than this is to submit to Allah (سبحانه وتعالى) and believe in Him.
- The ayat of the Qur'an are the perfect words that our whole life will follow. That's why it's said that when we read the Qur'an it is reading us. We remember something and Allah (سبحانه وتعالى) shows us the next ayah is about the same matter. This is all to show there is always a connection with Allah (سبحانه وتعالى) and His Words.
- We are not only being nurtured to become better here in this life but to return back to



Allah (سبحانه وتعالى). This is a great journey. But with Allah (سبحانه وتعالى) it is full of mercy and majesty.

- We do not want to deny any of the blessings and favors of Allah (سبحانه وتعالى).

## SURAH AR RAHMAN 13

فَبِأَيِّ آلَاءِ رَبِّكُمَا تُكَذِّبَانِ

So which of the favors of your Lord would you deny?

- Even the jinn were affected by this ayah. The nurturing of jinn is different than the humans. To read the ayat of Allah (سبحانه وتعالى) we need His nurturing - to read it with feelings. May Allah (سبحانه وتعالى) nurture us in the best way.

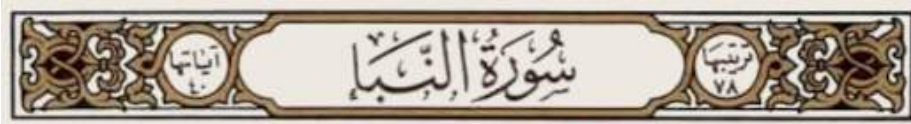
- We cannot encompass the nurturing of Allah (سبحانه وتعالى). He nurtures everyone and everything. He even nurtures the sun as it seeks permission everyday to rise for us to wake up, to pray and worship Allah (سبحانه وتعالى).

## SURAH AL KAHF 109

قُلْ لَوْ كَانَ الْبَحْرُ مِدَادًا لِكَلِمَاتِ رَبِّي لَنَفِدَ الْبَحْرُ قَبْلَ أَنْ تَنْفَدَ  
كَلِمَاتُ رَبِّي وَلَوْ جِئْنَا بِمِثْلِهِ مَدَدًا

Say, "If the sea were ink for [writing] the words of my Lord, the sea would be exhausted before the words of my Lord were exhausted, even if We brought the like of it as a supplement."

## SURAH AN NABA



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

عَمَّ يَتَسَاءَلُونَ ﴿١﴾ عَنِ النَّبَاِ الْعَظِيمِ ﴿٢﴾ الَّذِي هُمْ فِيهِ مُخْتَلِفُونَ ﴿٣﴾  
 كَلَّا سَيَعْمُونَ ﴿٤﴾ ثُمَّ كَلَّا سَيَعْمُونَ ﴿٥﴾ أَلَمْ نَجْعَلِ الْأَرْضَ مِهْدًا ﴿٦﴾  
 وَالْجِبَالَ أَوْتَادًا ﴿٧﴾ وَخَلَقْنَاكُمْ أَزْوَاجًا ﴿٨﴾ وَجَعَلْنَا نَوْمَكُمْ سُبَاتًا ﴿٩﴾  
 وَجَعَلْنَا اللَّيْلَ لِبَاسًا ﴿١٠﴾ وَجَعَلْنَا النَّهَارَ مَعَاشًا ﴿١١﴾ وَبَنَيْنَا  
 فَوْقَكُمْ سَبْعًا شِدَادًا ﴿١٢﴾ وَجَعَلْنَا سِرَاجًا وَهَاجًا ﴿١٣﴾ وَأَنْزَلْنَا  
 مِنَ الْمُعْصِرَاتِ مَاءً ثَجَّاجًا ﴿١٤﴾ لِنُخْرِجَ بِهِ حَبًّا وَنَبَاتًا ﴿١٥﴾ وَجَنَّاتٍ  
 أَلْفَافًا ﴿١٦﴾ إِنَّ يَوْمَ الْفَصْلِ كَانَ مِيقَاتًا ﴿١٧﴾ يَوْمَ يُنْفَخُ فِي الصُّورِ  
 فَنَأْتُونَ أَفْوَاجًا ﴿١٨﴾ وَفُتِحَتِ السَّمَاءُ فَكَانَتْ أَبْوَابًا ﴿١٩﴾ وَسُيِّرَتِ  
 الْجِبَالُ فَكَانَتْ سَرَابًا ﴿٢٠﴾ إِنَّ جَهَنَّمَ كَانَتْ مِرْصَادًا ﴿٢١﴾ لِلطَّاغِيْنَ  
 مَثَابًا ﴿٢٢﴾ لِيَبْثِنَ فِيهَا أَحْقَابًا ﴿٢٣﴾ لَا يَذُوقُونَ فِيهَا بَرْدًا وَلَا شَرَابًا  
 ﴿٢٤﴾ إِلَّا حَمِيمًا وَغَسَّاقًا ﴿٢٥﴾ جَزَاءً وَفَاقًا ﴿٢٦﴾ إِنَّهُمْ كَانُوا  
 لَا يَرْجُونَ حِسَابًا ﴿٢٧﴾ وَكَذَّبُوا بِآيَاتِنَا كِذَابًا ﴿٢٨﴾ وَكُلَّ شَيْءٍ  
 أَحْصَيْنَاهُ كِتَابًا ﴿٢٩﴾ فَذُوقُوا فَلَنْ نَزِيدَكُمْ إِلَّا عَذَابًا ﴿٣٠﴾

## NURTURING LESSONS FROM THE CLASS

- This nurturing is so special because it is not about one person but about everyone together.
- In the beginning there was instruction to recite a few ayat. Then after a while we notice we are free from any chains as we grow and recited more ayat.
- We want truthfulness in the middle. To say I don't want to stop at ayah 30 but to include ayah 31 which is about the success of the muttaqeen (pious).
- Allah (سبحانه وتعالى) shows us that when we take a step to Allah (سبحانه وتعالى) with truthfulness He will come closer to us.

- With Allah (سبحانه وتعالى) it is not about our plans or calculations. He is so much greater. There is so much Mercy.
- When we feel something inside us, we need companions to push us forward.
- Then the recitation flowed more as everyone recited more ayat than before.

## RECITE AND ASCEND

عَنْ عَبْدِ اللَّهِ بْنِ عَمْرٍو، قَالَ قَالَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ  
 وَسَلَّمَ " يُقَالُ لِصَاحِبِ الْقُرْآنِ اقْرَأْ وَارْتَقِ.

The Messenger of Allah (ﷺ) (سبحانه وتعالى) said:  
 One who was devoted to the Qur'an will be told  
 to recite, ascend<sup>1</sup>

- To recite is elevation in our understanding and also in our nurturing. With time the nurturing also becomes more and more tailored.

<sup>1</sup> Sunan Abi Dawud 1464

- To recite the nurturing of Allah (سبحانه وتعالى) we need companions. This makes it easier and more beautiful to understand the nurturing and to express it.
- In Surah Ar Rahman Allah (سبحانه وتعالى) shows us many opposites like the sun and the moon, the stars and the trees and the merging of the two seas. Any kind of merging of opposites in life brings out pearls and corals. In opposites we see the Majesty of Allah (سبحانه وتعالى).
- There are so many layers of the nurturing of Allah (سبحانه وتعالى) and only Allah (سبحانه وتعالى) allows us to see and understanding it.
- The nurturing of Allah (سبحانه وتعالى) is not only about ourselves alone and doing things right but to be together at whatever speed we are.

- What matters is to not transgress and to fear the position of Allah (سبحانه وتعالى). It is not about perfection but connection.
- We do not want to interfere in the nurturing of Allah (سبحانه وتعالى). Everything that happens is from Allah (سبحانه وتعالى) and in harmony and we do not want to disrupt it.
- We never want to go backward and leave what Allah (سبحانه وتعالى) opened for us through His nurturing. We never want to deny the blessings of Allah (سبحانه وتعالى) and reject what Allah (سبحانه وتعالى) opens for us. We want this light to be completed for all of us.
- We want to always believe and exalt the Name of Allah (سبحانه وتعالى).

- Only Allah (سبحانه وتعالى) knows what will make us taste the faith. When we taste something, it gets absorbed into us, unlike other senses.
- Surah An Naba mentions the Name of Allah (سبحانه وتعالى) Ar Rahman twice.
- And Surah Ar Rahman tells about fearing the position of our Rabb and this is more action from the slave.
- We need to take the way to Allah (سبحانه وتعالى) — (فَمَنْ شَاءَ اتَّخَذَ إِلَىٰ رَبِّهِ مَآبًا) (so he who wills may take to his Lord a [way of] return.) (78:39).
- Everything in this world is submitting to Allah. Even the animals are striving and submitting though they do not have any recompense This shows us how much Allah honored us as humans.



MAY ALLAH (سبحانه وتعالى) MAKE THE QUR'AN THE SPRING  
OF OUR HEARTS. AMEEN.

## REFERENCES

1. تفسير الشيخ السعدي - TAFSEER SHEIKH AS SA'ADY



## ADDITIONAL RESOURCES

[LISTEN TO THE CLASS – FOR WOMEN](#)

<https://vimeopro.com/markazalsalam/recite-in-the-name-of-your-lord>

TO REQUEST ACCESS TO THE RECORDING: <https://markazalsalam.com/recordings-notes>

[CLASS NOTES FOR WOMEN AND MEN](#)

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