



ALLAH AL MUQEET (The Nourisher)

All praises are due to Allah. Anything good is from Allah (سبحانه وتعالى) and any mistakes are from ourselves and the shaitan. May Allah forgive us.



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Al Salam Islamic Center

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

ALLAH AL MUQEET

(The Nourisher)

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- The nourishment from Allah Al Muqeet is in the right place, time and amount to bring balance.
- The word (قَوْتُ) refers to essential nourishment.
- He nourishes every creation in a way suitable for them. Like the nourishment of angels is tasbeeh. Animals are nourished in a way suitable for them. In the same way, herbivores are not given meat but meat is for carnivores and omnivores.

- He also nourishes the body, heart and minds of people with specific things.
- For example, if we eat only what we want we can harm ourselves. Till we reach a stage where a doctor will give us specific instructions and quantities of food to eat in order to bring us back to balance.
- Allah (سبحانه وتعالى) set specific times for our five daily prayers. We cannot say I want to pray fajr in isha time.
- When we go for hajj or umrah, the meeqat is place we enter ihram. When we hear the announcement that we will reach the meeqat soon, it makes us conscious. This specific time and place makes us have more taqwa.
- This is how Allah (سبحانه وتعالى) nurtures us.

- We cannot enter anytime into fasting.
- Even if a person is going into surgery many matters need to be measured and stabilized.
- Allah (سبحانه وتعالى) nourishes us with what we need in every phase of our lives. When we are born we drink mother's milk and as we grow our nourishment also changes.
- From nourishment of our hearts is to follow the Prophet (صلى الله عليه وسلم). We cannot innovate and follow anyone.
- We cannot skip Allah (سبحانه وتعالى) and His command or skip respecting Him. This brings balance to maintain respect and love and this is uloohiyah.

- If a person says I have feelings for Allah (سبحانه) and I will pray to Him anyway I want this is not the right nourishment or balance.
- When we give the right position to Allah (سبحانه), to His Messenger and to those He gave position above us, He will make our path easy.
- When there is position, there will not be excessiveness, wastage or unfulfilled matters.
- May Allah (سبحانه وتعالى) help us to have taqwa to accept His decree and not go against Him.
- Everything come in the right time and place.
- May Allah help us live this balanced life to give the position to Allah (سبحانه وتعالى) and His Messenger and understand our position of being His slaves.

- This gives life to the hearts and bodies and make it active to go in the right way.
- Dajjal will test the people with food and the nourishment for believer in that time is the remembrance of Allah.

MAY ALLAH HELP US GIVE HIM HIS POSITION. AMEEN.

REFERENCES

1. TAFSEER SHEIKH AS SA'ADY - تفسير الشيخ السعدي.



ADDITIONAL RESOURCES

CLASS NOTES FOR WOMEN AND MEN

FOR STUDENTS OF KNOWLEDGE, TEACHERS AND DA'EES IN ENGLISH

<https://t.me/markazalsalampublicationsENG>

FOR STUDENTS OF KNOWLEDGE, TEACHERS AND DA'EES IN ARABIC

<https://t.me/markazalsalampublicationsAR>

FOR CHILDREN CLASS NOTES

<https://t.me/dropletsofdew>

FOR BEGINNERS TO ISLAM

<https://t.me/truthfulentry>