

اقْرَأْ بِاسْمِ رَبِّكَ

RECITE IN THE NAME OF YOUR LORD

All praises are due to Allah . Anything good is from Allah and any mistakes are from ourselves and the shaitan. May Allah forgive us.

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

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INTRODUCTION

- To have expansion of heart is a big blessing and we want to have this expansion before Ramadan arrives. Allah (سبحانه وتعالى) is so Kind to make us feel this expansion.
- There are some matters that we learn and move on. But there are others that are ongoing and always accompanying us.
- Every ayah in this final juz is so solid that we cannot forget it. These are all lifetime stories and nurturing.

- Surah Adh Dhuha showed us the care of Allah (سبحانه وتعالى). It reminded us of when we were alone and He accommodated us, when we were misguided and lost and He showed us the way and when we were overburdened whether financially or emotionally and He enriched us.
- Perhaps we were in a foreign land before and someone helped us. Then over time Allah (سبحانه وتعالى) makes us established and makes us face situations to remind us of His Favors.
- The Name Ar Rabb and the word (وجد) is mentioned 3 times in Surah Adh Dhuha and this shows us that we are never lost with our Rabb.
- We mention this before going to Ash Sharh because though we may want immediate

expansion but we need to first acknowledge and be grateful for our past.

- The journey is not just about knowledge anymore but to be nurtured together.
- How can we have expansion of the chest without expressing, letting out and appreciating His blessings.
- Allah (سبحانه وتعالى) will surely not test us more than what we can bear and He will not test us with what we do not know about.
- In school we will not be tested by what we are not taught. The answer is already there. It would be unfair to be tested on what we do not know.
- We want to remain firm on what is solid, what is tied in our heart that cannot change. That is Rabbi Allah (My Rabb is Allah), Deenil Islam

(My religion is Islam) and Nabiyyina Muhammed (صلى الله عليه وسلم) (My messenger is Muhammed (صلى الله عليه وسلم)). And that is Laa Ilaaha illa Allah (There is no one worthy of worship except Allah). And to always think good of Allah (سبحانه وتعالى).

- All of these are our stronghold.

SURAH AL A'RAF 54

أَلَا لَهُ الْخَلْقُ وَالْأَمْرُ تَبَارَكَ اللَّهُ رَبُّ الْعَالَمِينَ

Unquestionably, His is the creation and the command; blessed is Allah , Lord of the worlds.

- Allah (سبحانه وتعالى) not only created everything but He also created the decree. Creation is a stage of the decree. Then there is the command from Allah.
- When the decrees come and situations happen it is not random. Everything is to

extract something from us from gratitude or making dua. This is the blessed nurturing.

- May Allah (سبحانه وتعالى) make every nurturing blessed, ongoing, inspiring for us and for others.

SURAH ASH SHARH



- This surah is about Allah's blessing on the Prophet (صلى الله عليه وسلم).
- Tafsir Ibn Kathir mentions the reason for revelation behind the surah. The revelation paused on the Prophet (صلى الله عليه وسلم) so the disbelievers were putting him down.
- The Prophet (صلى الله عليه وسلم) then said that he asked Allah (سبحانه وتعالى) for something but he

loved to not say it. This shows his purity and honesty with Allah (سبحانه وتعالى).

- We learn from this, as we go into the surah, we have to be so clear with Allah (سبحانه وتعالى).
- When we have feelings, we do not try to suppress or hide it, but to be truthful with Him.
- The Prophet (صلى الله عليه وسلم) said to Allah (سبحانه وتعالى) that He subjected the winds for Sulaiman (عليه السلام) and gave Isa (عليه السلام) the ability to bring the dead back to life. The Prophet (صلى الله عليه وسلم) also wanted some kind of miracle. But instead Allah (سبحانه وتعالى) reminded him of how He accommodated him when he was an orphan, guided him when he was misguided and enriched him when he was impoverished.

- We think to have blessings or expansion is with something exceptional. We may underestimate being an orphan, misguided or poor, but this is what made the Prophet (صلى الله عليه وسلم) so relatable to everyone.
- The journey Allah (سبحانه وتعالى) has taken each one of us through to be on this path of learning, loving and feeling is not something simple but in fact a great blessing that we never want to underestimate.
- We all went through different stages of loneliness and Allah (سبحانه وتعالى) accommodated us. The Prophet (صلى الله عليه وسلم) lost his wife and uncle and Allah (سبحانه وتعالى) gave him console by taking him on the Night Journey.

- Every day He is guiding us and taking us out from some kind of misguidance.
- We have many responsibilities, yet He always enriched us.
- Ultimately we want to talk about His blessings because they are all a favor from Him.

SURAH ASH SHARH 1

أَلَمْ نَشْرَحْ لَكَ صَدْرَكَ

Did We not expand for you, [O Muhammad],
your breast?

- To have expansion of the chest is to not be sad when looking back at the past or worried when imagining the future.
- A person with expansion in the chest is not making up scenes in his mind because these bad scenarios tighten us and they are from the shaithan.

- When there is this expansion, a person can take in the commands and the decree from Allah (سبحانه وتعالى). He can pardon and move on in life.
- This is important in our path to Allah (سبحانه وتعالى).
- We want to be longing to meet Allah (سبحانه وتعالى) with expansion in our chest and not to reach Him after being worn out with trials.
- Allah (سبحانه وتعالى) is the One Who gives us this expansion of the chest.
- The surah starts with expansion and ends with so much hope.
- Whatever we are going through, He will take us out of it.

- The word (شرح) also means to elaborate and open a subject.
- We want to have elaboration of blessing, and nurturing.
- We do not want to suppress and be tight but be transparent with Allah (سبحانه وتعالى). Then through the nurturing there will be expansion.
- After the tightness felt by the Prophet (صلى الله عليه وسلم), Allah (سبحانه وتعالى) took him up to the heavens.

SURAH ASH SHARH 2

وَوَضَعْنَا عَنْكَ وِزْرَكَ

And We removed from you your burden

- All of the sins. of the Prophet (صلى الله عليه وسلم) are forgiven.

- All the messengers are infallible from saying anything wrong about Allah (سبحانه وتعالى) and they do not fall into major sins.

SURAH ASH SHARH 3

الَّذِي أَنْقَضَ ظَهْرَكَ

Which had weighed upon your back

- Sometimes when a person is burdened with responsibility, or hears something and feels disappointed or feels heavy with sins, he can feel heavy and pain in his back.
- If the back is weighed down, then the chest in the front cannot be free.
- If a person is burdened, it shows on his stature.

SURAH ASH SHARH 4

وَرَفَعْنَا لَكَ ذِكْرَكَ

And raised high for you your repute.

- Allah (سبحانه وتعالى) exalted the remembrance of the Prophet (صلى الله عليه وسلم).
- No other messenger is remembered as much and as greatly as him. To enter Islam we say the shahadatain, then his name is mentioned in the adhaan and in the prayer.
- The adhaan is taking place in every moment in one part after another throughout the day, so his name is mentioned all the time.
- This shows us more that Islam is the religion from Allah (سبحانه وتعالى) as no human can think of this.
- We increase in sending blessings on the Prophet (صلى الله عليه وسلم).
- No one has their life remembered, recorded, studied and memorized more than his life.

- We feel very proud that Allah (سبحانه وتعالى) made us from his ummah.

SURAH ASH SHARH 5

فَإِنَّ مَعَ الْعُسْرِ يُسْرًا

For indeed, with hardship [will be] ease.

- This is confirmation. These are things never to forget.
- Ease is with the difficulty - at the same time.
- We are quick to see the difficulty in the test but there is ease in that moment of test.
- Even if there is difficulty, Alhamdulillah, we are still alive.
- Even if we feel lost, Alhamdulillah, we can still make dua, we have a heart to remember Allah (سبحانه وتعالى) and to have hope in Him.
- We can underestimate these feelings.

SURAH ASH SHARH 6

إِنَّ مَعَ الْعُسْرِ يُسْرًا

Indeed, with hardship [will be] ease.

- This ease is surrounded by ease as this ayah is repeated.

SURAH ASH SHARH 7

فَإِذَا فَرَغْتَ فَانصَبْ

So when you have finished [your duties], then stand up [for worship].

- Even if someone has many responsibilities, in the night he can be free from them and focus on connecting with Allah (سبحانه وتعالى). This gives strength.
- Sometimes we are doing something, and something else comes up but then later we go back to what we were going.

SURAH ASH SHARH 8

وَإِلَىٰ رَبِّكَ فَارْغَبْ

And to your Lord direct [your] longing.

- We always have so much hope in Allah (سبحانه وتعالى).

NURTURING LESSONS

- Expansion of the chest is from Allah (سبحانه وتعالى).
- We do not forget about the blessings but we acknowledge and speak of it.
- We have to constantly ask forgiveness to be freed of our burdens.

EVERY SON OF ADAM SINS

عَنْ أَنَسٍ، أَنَّ النَّبِيَّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ قَالَ " كُلُّ ابْنِ آدَمَ
خَطَّاءٌ وَخَيْرُ الْخَطَّائِينَ التَّوَّابُونَ " .

Anas narrated that the Prophet (ﷺ) said: "Every son of Adam sins, and the best of the sinners are the repentant."

- Seeking forgiveness is something ongoing.
- We want to be remembered by Allah (سبحانه وتعالى).

EVERY SON OF ADAM SINS

عَنْ أَبِي هُرَيْرَةَ . رَضِيَ اللَّهُ عَنْهُ . قَالَ قَالَ النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ " يَقُولُ اللَّهُ تَعَالَى .. وَأَنَا مَعَهُ إِذَا ذَكَرَنِي ، فَإِنْ ذَكَرَنِي فِي نَفْسِهِ ذَكَرْتُهُ فِي نَفْسِي ، وَإِنْ ذَكَرَنِي فِي مَلَأٍ ذَكَرْتُهُ فِي مَلَأٍ خَيْرٍ مِنْهُمْ

The Prophet (ﷺ) said, "Allah says: ..and I am with him if He remembers Me. If he remembers Me in himself, I too, remember him in Myself; and if he remembers Me in a group of people, I remember him in a group that is better than they¹

- We never want to disconnect from Him. May Allah (سبحانه وتعالى) make everything we face to be a worship and to have much hope in Him
- When we go through tests we can feel tight, and heavy but we push through by believing

¹ Sahih al-Bukhari 7405

that He is nurturing us to be in His vicinity in paradise.

- We do not want to underestimate the nurturing from Allah (سبحانه وتعالى) because it is a big blessing.
- From the fruits of tawheed is that a person will not blame anyone because he believes that one can cause harm or bring benefit except Allah (سبحانه وتعالى).

MAY ALLAH ADORN THE FAITH IN OUR HEARTS. AMEEN

REFERENCES

1. تفسير الشيخ السعدي - TAFSEER SHEIKH AS SA'ADY



ADDITIONAL RESOURCES

LISTEN TO THE CLASS – FOR WOMEN

<https://vimeopro.com/markazalsalam/recite-in-the-name-of-your-lord>

TO REQUEST ACCESS TO THE RECORDING: <https://markazalsalam.com/recordings-notes>

CLASS NOTES FOR WOMEN AND MEN

FOR STUDENTS OF KNOWLEDGE, TEACHERS AND DA'EES IN ENGLISH

<https://t.me/markazalsalampublicationsENG>

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FOR BEGINNERS TO ISLAM

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