

Fasting

is a way to Taqwa (piety)





إِنَّ الصَّلَاةَ تَنْهَىٰ عَنِ الْفَحْشَاءِ وَالْمُنْكَرِ ۗ

Indeed, prayer prohibits
immorality and wrongdoing,
Surat al Ankabut (29:45)



يَا أَيُّهَا الَّذِينَ آمَنُوا كُتِبَ عَلَيْكُمُ الصِّيَامُ كَمَا كُتِبَ عَلَى الَّذِينَ
مِن قَبْلِكُمْ لَعَلَّكُمْ تَتَّقُونَ

O you who have believed, decreed upon you is fasting
as it was decreed upon those before you that you may
become righteous -
Surat al Baqarah (2:183)



كَذَٰلِكَ يُبَيِّنُ اللَّهُ لِّلنَّاسِ لَعَلَّهُمْ يَتَّقُونَ

Thus does Allah make clear His ordinances to the people that they may become righteous.
Surat al Baqarah (2:187)

**THE PURPOSE OR THE
GOAL THAT ONE SHOULD
HOPE TO ACHIEVE FROM
FASTING IS TAQWA**



ESSENCE OF FASTING



FASTING HAS TWO FORMS OR ASPECTS:

One: apparent fasting
Second: hidden fasting



**THESE TWO KINDS OF
FASTING SHOULD BE
JOINED TOGETHER
DURING THE MONTH
OF RAMADAN**



Narrated Abu Huraira:
The Prophet (ﷺ) said, "Whoever does not give up false statements (i.e. telling lies), and evil deeds, and speaking bad words to others, Allah is not in need of his (fasting) leaving his food and drink."
Hadeeth al Bukhari no. 6057



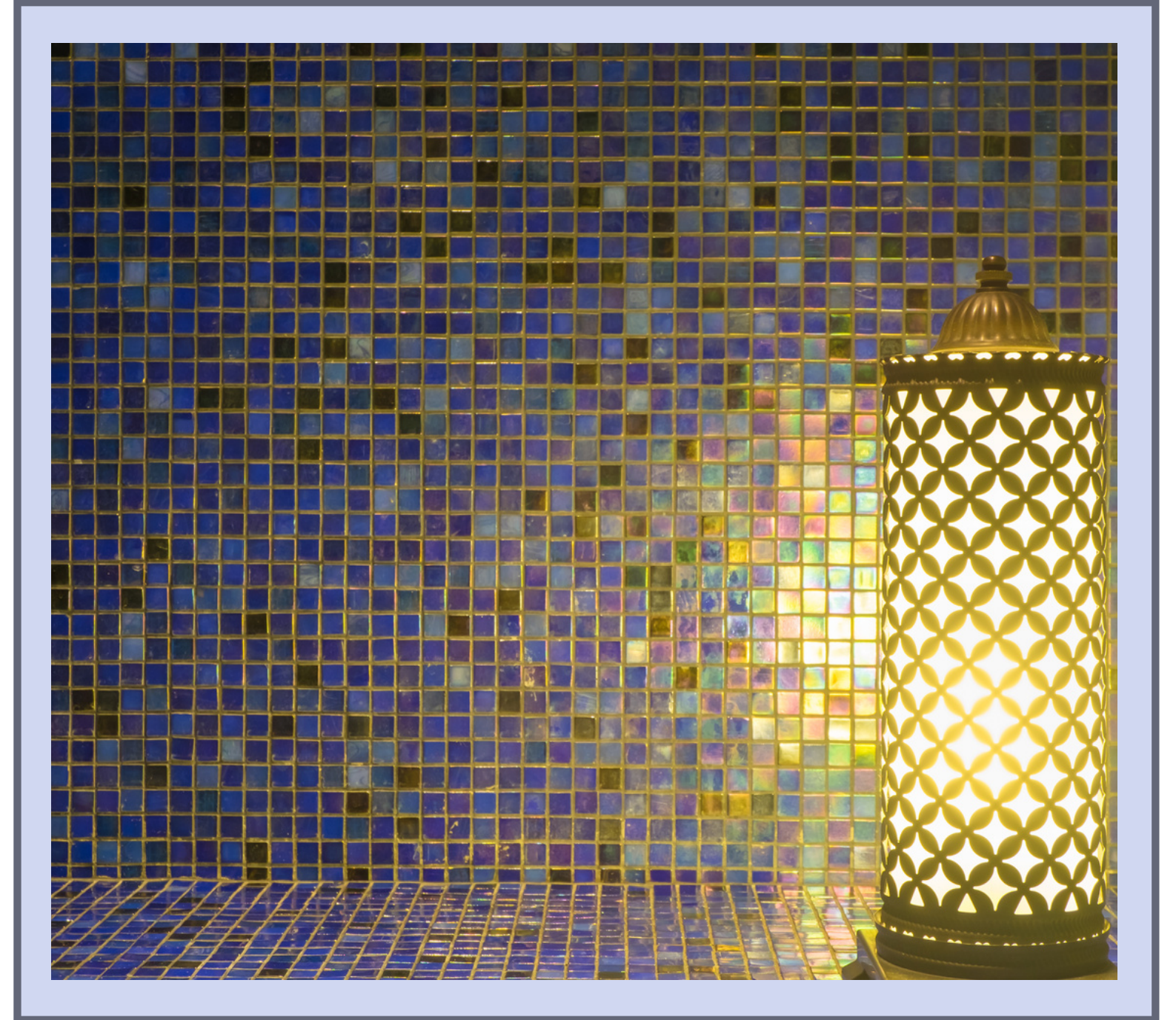
**THE TRUE FASTING IS
BY WHICH ONE
ACCOMPLISH TAQWA**



THE RELATION BETWEEN TAQWA AND FASTING



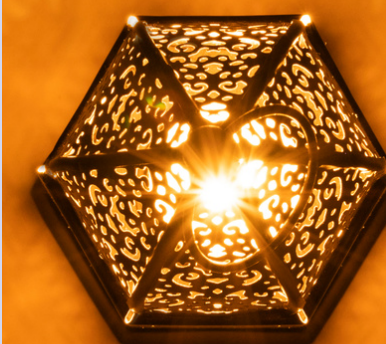
THE SIGNIFICANCE OF FASTING AND ITS VIRTUES IN ISLAM



1- ALLAH CHOSE TO REWARD FOR IT HIMSELF APART FROM THE REST OF THE PILLARS OF ISLAM

Narrated Abu Huraira:

The Prophet (ﷺ) said, "(Allah said), 'Every good deed of Adam's son is for him except fasting; it is for Me. and I shall reward (the fasting person) for it
Hadeeth al Bukhari no. 5927



مَنْ جَاءَ بِالْحَسَنَةِ فَلَهُ عَشْرُ أَمْثَالِهَا صِدْقًا وَمَنْ جَاءَ
بِالسَّيِّئَةِ فَلَا يُجْزَى إِلَّا مِثْلَهَا وَهُمْ لَا يُظْلَمُونَ

Whoever comes [on the Day of Judgement] with a good deed will have ten times the like thereof [to his credit], and whoever comes with an evil deed will not be recompensed except the like thereof; and they will not be wronged. Surat al An'am (6:160)



Ibn Hajar said: "Although all practices of worship are for Allah, here Allah singles out fasting, because it cannot be practiced for the sake of show off as no one except Allah can know whether one is observing fast or not. Therefore, fasting is a pure performance that cannot be blemished with hypocrisy."

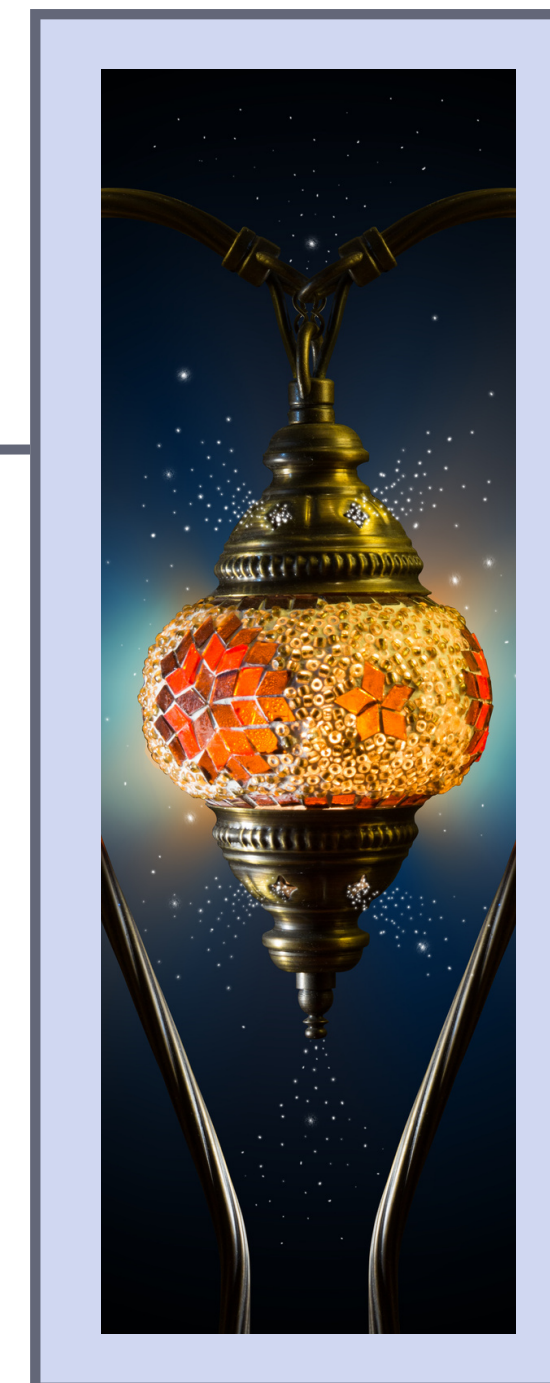


2- FASTING FOR THE SAKE OF ALLAH KEEPS HELL- FIRE AWAY FROM ONE'S FACE A DISTANCE OF SEVENTY YEARS

Narrated Abu Sa`id:

I heard the Prophet (ﷺ) saying, "Indeed, anyone who fasts for one day for Allah's Pleasure, Allah will keep his face away from the (Hell) fire for (a distance covered by a journey of) seventy years."

Hadeeth al Bukhari no. 2840



3- FASTING IS A PROTECTION

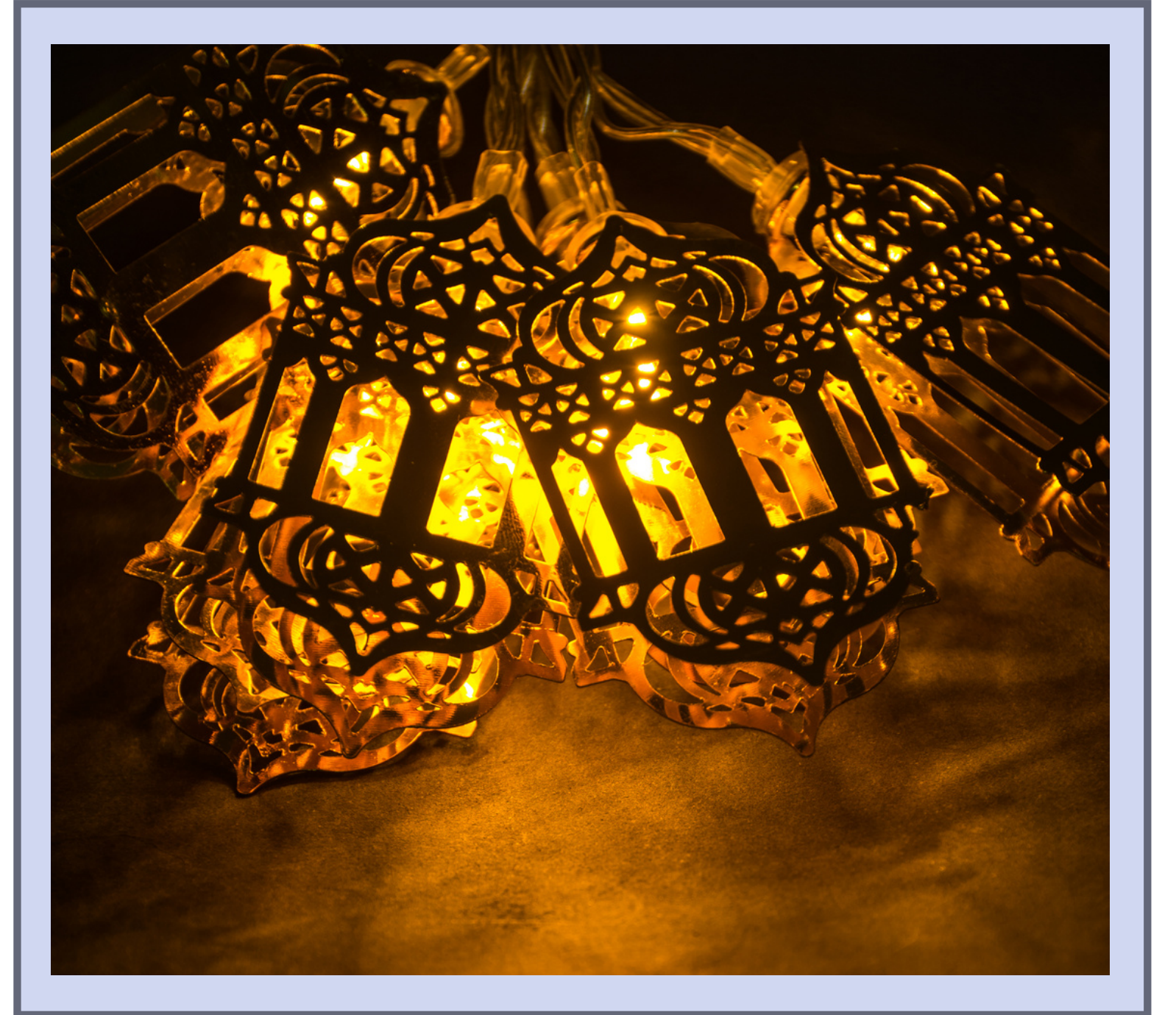
Narrated Abu Huraira:
Allah's Messenger (ﷺ) said,
"Fasting is a shield (or a
screen or a shelter).
Hadeeth al Bukhari no. 1894



Narrated 'Alqama:
the Prophet (ﷺ) once said to us, 'O young
people! Whoever among you is able to marry,
should marry, and whoever is not able to
marry, is recommended to fast, as fasting
diminishes his sexual power.
Hadeeth al Bukhari no. 5065

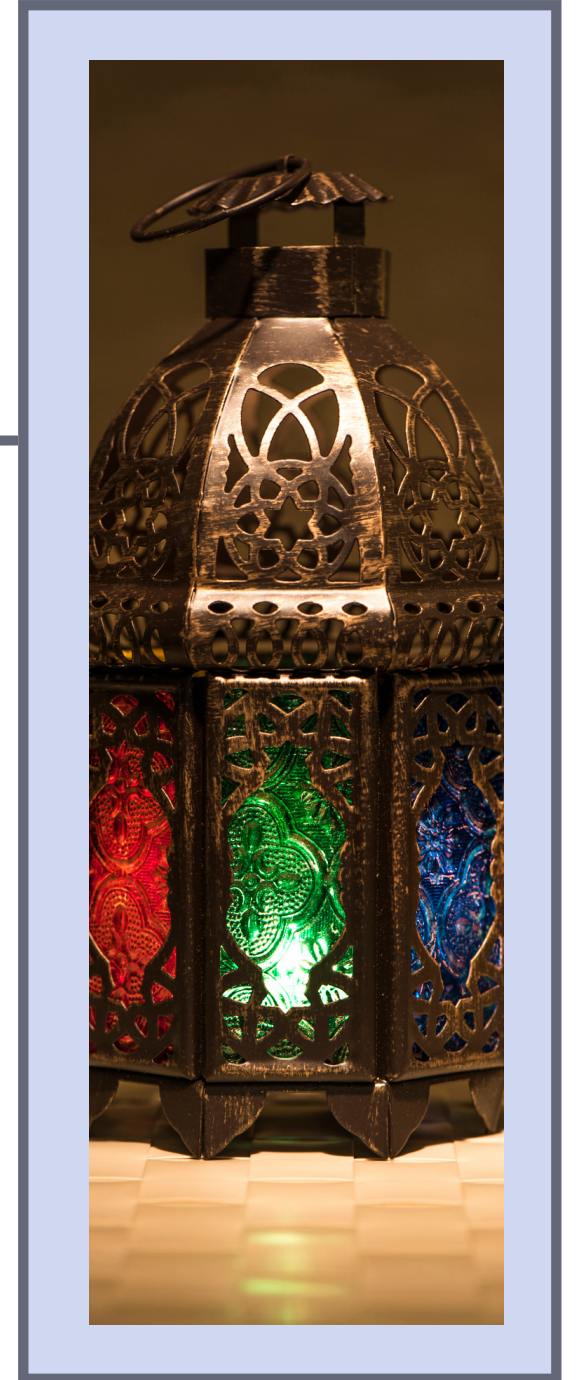


**FASTING WEAKENS THE
DESIRE IN THE SLAVE.**



WHY DOES FASTING LEAD TO TAQWA?

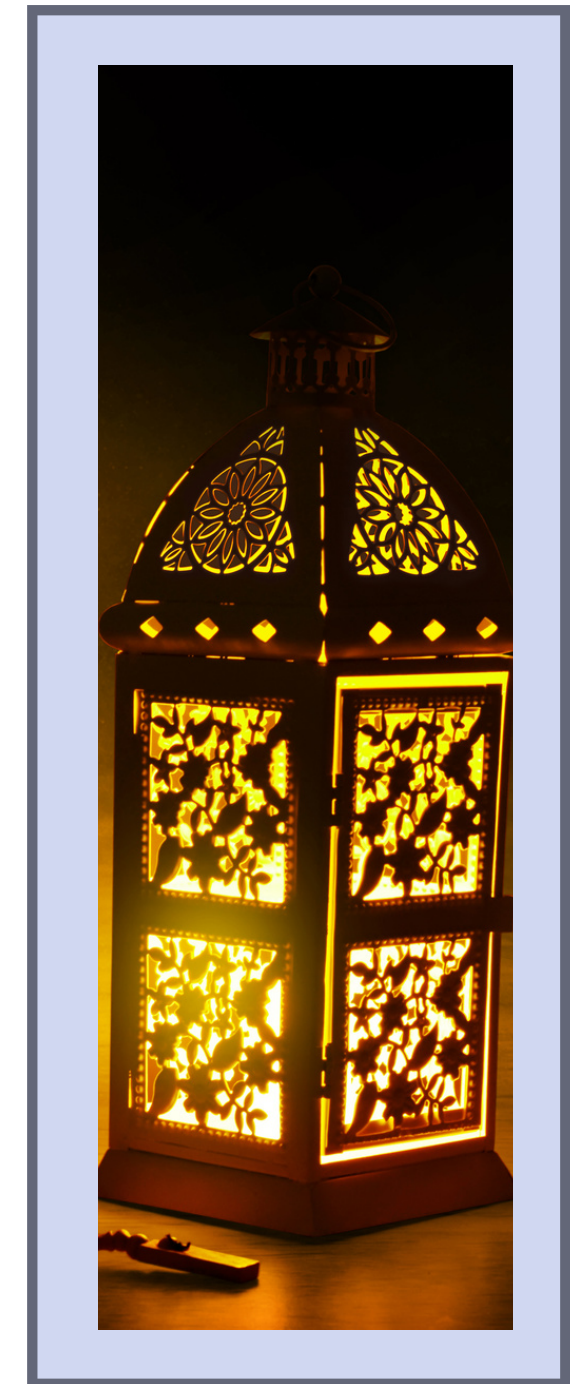
Meaning of Taqwa: to take action in obedience to Allah upon a light from Allah, hoping for the reward from Allah and abandoning disobedience to Allah upon a light from Allah, fearing His punishment



When one observes fast:

1- he is practicing an act of obedience which no one knows about except his Lord.

2- He is abandoning violation the prohibition of Allah and committing sins whilst having the ability to do it.



THE GREAT IMPACT OF TAQWA

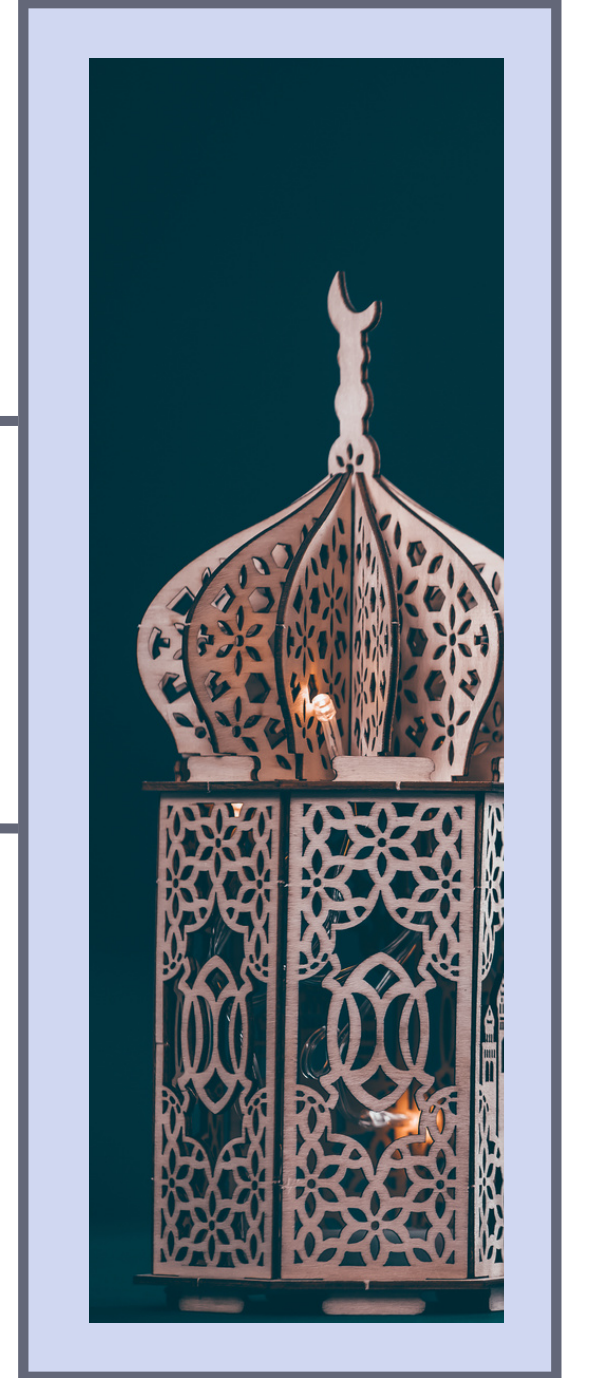


1- ALLAH MADE TAQWA A KEY TO GET OUT OF EVERY DIFFICULTY

وَمَنْ يَتَّقِ اللَّهَ يَجْعَلْ لَهُ مَخْرَجًا

And whoever fears Allah – He will make for him a way out

Surat At Talaq (65:2)



2-ALLAH MADE TAQWA A KEY TO PROVISION

وَيَرْزُقُهُ مِنْ حَيْثُ لَا يَحْتَسِبُ

And will provide for him from
where he does not expect.

Surat At Talaq (65:3)



3- ALLAH MADE TAQWA A KEY FOR MAKING MATTERS EASY

وَمَنْ يَتَّقِ اللَّهَ يَجْعَلْ لَهُ مِنْ أَمْرِهِ يُسْرًا

And whoever fears Allah – He will make for him of his matter ease.

Surat At Talaq (65:4)



4- ALLAH MADE TAQWA A MEANS OF EXPIATION OF SINS

ذٰلِكَ اَمْرُ اللّٰهِ اَنْزَلَهُۥ اِلَيْكُمْ ۗ وَمَنْ يَتَّقِ اللّٰهَ يَكْفِرْ عَنْهُۥ سَيِّئَاتِهٖ
وَيُعْظِمْ لَهُۥ اَجْرًا

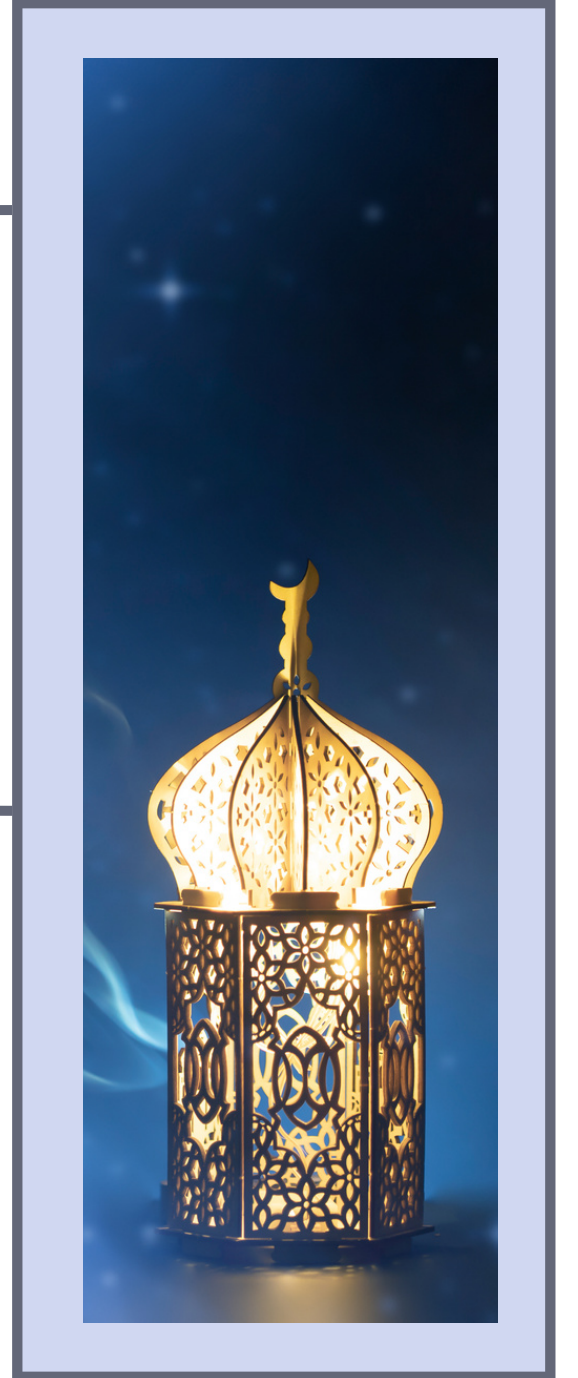
That is the command of Allah , which He has sent down to you; and whoever fears Allah - He will remove for him his misdeeds and make great for him his reward. Surat At Talaq (65:5)



5- TAQWA IS A MEANS OF SALVATION IN THE HEREAFTER

وَإِنْ مِنْكُمْ إِلَّا وَارِدُهَا كَانَ عَلَى رَبِّكَ حَتْمًا مَقْضِيًّا
ثُمَّ نُنَجِّي الَّذِينَ اتَّقَوْا وَنَذَرُ الظَّالِمِينَ فِيهَا جِثِيًّا

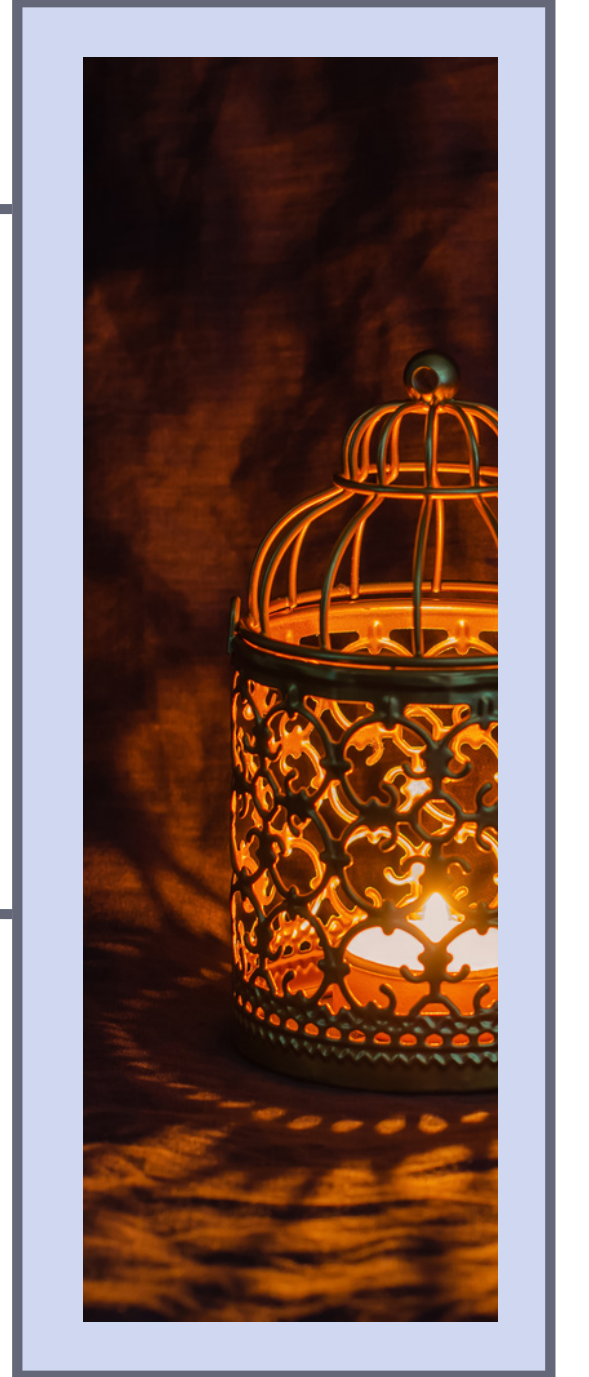
Then We will save those who feared Allah and And there is none of you except he will come to it. This is upon your Lord an inevitability decreed. leave the wrongdoers within it, on their knees. Surat MARYAM (19:71-72)



6- ALLAH WILL BE WITH HIM

وَاتَّقُوا اللَّهَ وَاعْلَمُوا أَنَّ اللَّهَ مَعَ الْمُتَّقِينَ

And fear Allah and know that Allah is with those who fear Him. Surat al Baqarah (2:194)



7- ALLAH LOVES PIOUS

بَلَىٰ مَنْ أَوْفَىٰ بِعَهْدِهِ وَاتَّقَىٰ فَإِنَّ اللَّهَ يُحِبُّ الْمُتَّقِينَ

But yes, whoever fulfills his commitment and fears Allah – then indeed, Allah loves those who fear Him.
Surat Aal Imran (3:76)



8- ALLAH WILL HONOR HIM ON THE DAY OF RESURRECTION

يَوْمَ نَحْشُرُ الْمُتَّقِينَ إِلَى الرَّحْمَنِ وَفْدًا

On the Day We will gather the righteous to the Most Merciful as a delegation
Surat MARYAM (19:85)

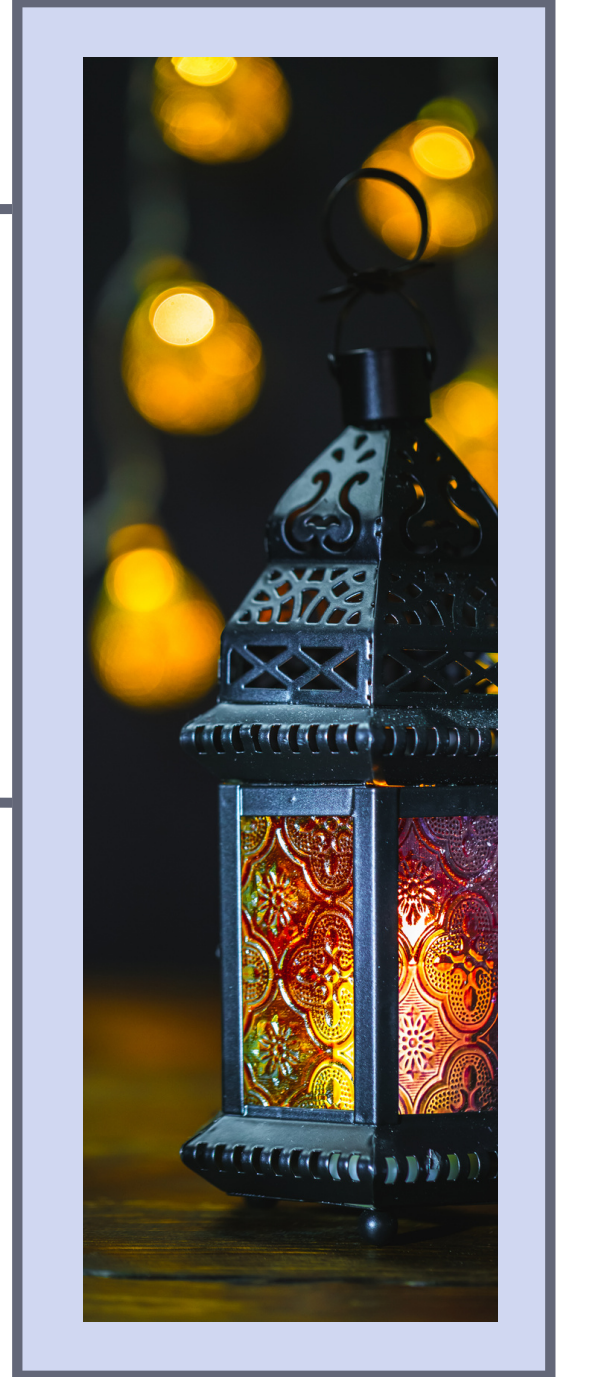


9- ALLAH PREPARED JANNAH FOR THEM

وَسَارِعُوا إِلَىٰ مَغْفِرَةٍ مِّن رَّبِّكُمْ وَجَنَّةٍ عَرْضُهَا
السَّمَاوَاتُ وَالْأَرْضُ أُعِدَّتْ لِلْمُتَّقِينَ

And hasten to forgiveness from your Lord and a garden as wide as the heavens and earth, prepared for the righteous

Surat Aal Imran (3:133)

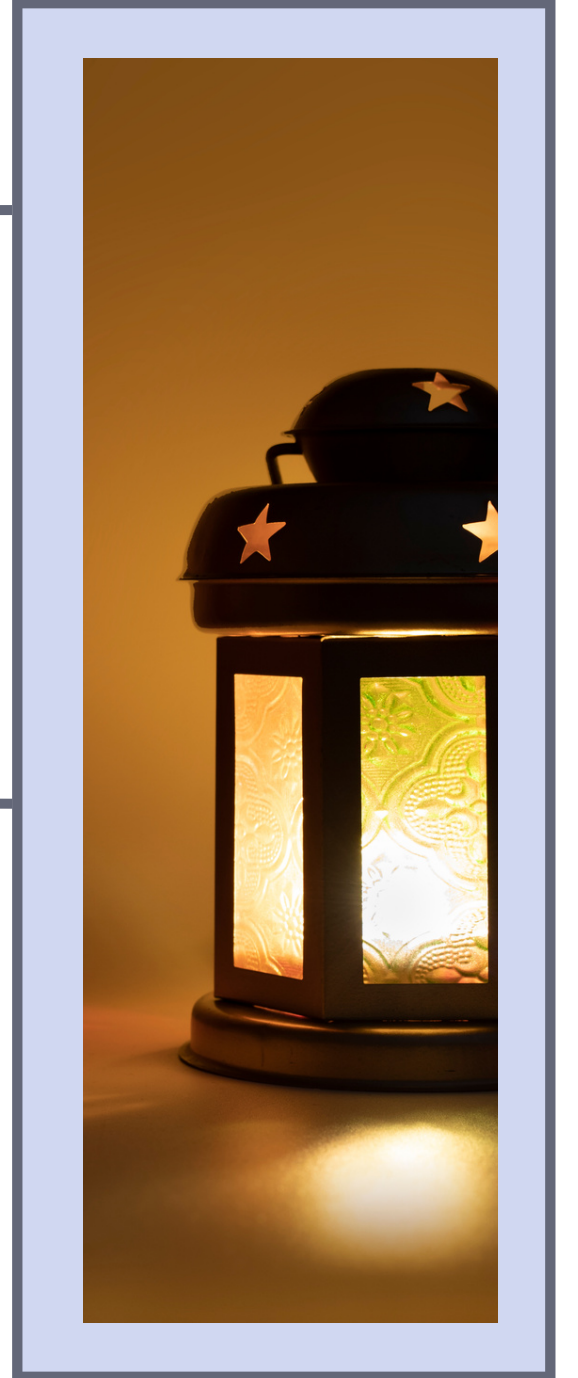


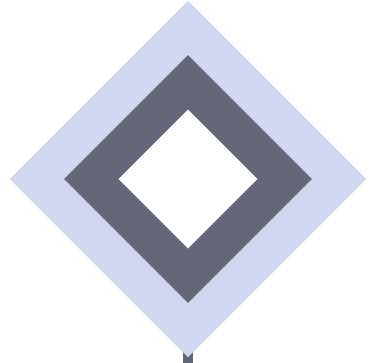
BEWARE OF LOSING THE REWARD OF YOUR FASTING

وَاللَّهُ يُرِيدُ أَنْ يَتُوبَ عَلَيْكُمْ وَيُرِيدُ الَّذِينَ يَتَّبِعُونَ
الشَّهَوَاتِ أَنْ تَمِيلُوا مَيْلًا عَظِيمًا

Allah wants to accept your repentance, but those who follow [their] passions want you to digress [into] a great deviation.

Surat an Nisaa (4:27)





اللهم بلغنا رمضان
O ALLAH, MAKE US
REACH RAMADAN

