


مدارج السالكين

PATH OF THE TRAVELLER

All praises are due to Allah. Anything good is from Allah and any mistakes are from ourselves and the shaitan. May Allah forgive us.

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Al Salam Islamic Center



بسم الله الرحمن الرحيم
لا حول ولا قوة إلا بالله

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INTRODUCTION

SUPPLICATION TO REMEMBER ALLAH

"يا معاذ، والله إني لأحبك، ثم أوصيك يا معاذ لا تدعن في دبر
كل صلاة تقول: اللهم أعني على ذكرك وشكرك، وحسن
عبادتك"

The Messenger of Allah (صلى الله عليه وسلم) held my hand and said, "O Mu'adh, By Allah, I love you and advise you not to miss supplicating after every Salat (prayer) saying: 'Allahumma a'inni 'ala dhikrika wa shukrika, wa husni 'ibadatika,' (O Allah, help me remember You, expressing gratitude to You and worship You in the best manner)".¹

¹ Riyadh As Saliheen, Abu Dawud and An- Nasa'i , Book 1, Hadith 384

ALLAH IS ABLE TO DO ALL THINGS

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ ، لَهُ الْمُلْكُ ، وَلَهُ الْحَمْدُ وَهُوَ عَلَى
كُلِّ شَيْءٍ قَدِيرٌ

(Lā ilāha illallāh, waḥdahu lā sharīka lahu, lahu-
mulku wa lahu-ḥamdu, wa huwa `alā kulli
shay'in qadīr)

None has the right to be worshipped but Allah,
Alone without partner, to Him belongs all that
exists, and to Him is the praise, and He is
powerful over all things,

SURAH AL ISRAA 80

وَقُلْ رَبِّ أَدْخِلْنِي مُدْخَلَ صِدْقٍ وَأَخْرِجْنِي مُخْرَجَ صِدْقٍ وَاجْعَلْ لِي
مِنْ لَدُنْكَ سُلْطَانًا نَصِيرًا

And say, "My Lord, cause me to enter a sound
entrance and to exit a sound exit and grant me
from Yourself a supporting authority."

- ◉ There are changes in life and we cannot remain in one state.

SURAH AL FURQAN 62

وَهُوَ الَّذِي جَعَلَ اللَّيْلَ وَالنَّهَارَ خُلْفَةً مِّمَّنْ أَرَادَ أَنْ يَذَّكَّرَ أَوْ أَرَادَ
شُكُورًا

And it is He who has made the night and the day in succession for whoever desires to remember or desires gratitude.

- Allah (سبحانه وتعالى) is The One Who makes changes. There are transitions from night to day, from extreme stillness to extreme liveliness, but what is needed from us? Determination is needed (الإرادة).
- There is (إرادة الله) – the Want of Allah, and we also have (إرادة) which is our determination. In times of changes, either we are determined to remember Allah (سبحانه وتعالى) and His blessings or we are determined to be grateful.

PATH OF THE TRAVELLER (مدارج السالكين)

- We will be learning a precious book – (مدارج السالكين) – which is the path, steps and elevation of those who are travelling and heading to Allah (سبحانه وتعالى).
- We begin with praising Allah (سبحانه وتعالى) and we begin by bearing witness that no one is worthy of worship except Allah (سبحانه وتعالى). We witness there is no one perfect except Allah (سبحانه وتعالى), and this is the strongest handhold.
- And we bear witness that Mohammed (ﷺ) is the Messenger of Allah and he was sent as a mercy to the whole worlds.

- We cannot go through this life without (لا إله إلا الله) because that is the key to paradise and the key to this life.
- When we have the two testimonies of faith then we will do everything with ikhlaas, sincerity to Allah (سبحانه وتعالى) and we will take the Prophet (ﷺ) as our role model.
- The Qur'an is guidance for all and the Sunnah is wisdom which further explains the Qur'an. Our heart will be alive and our insight will be deeper with the Qur'an and Sunnah, and this is what makes it complete.
- People may witness beautiful things or horrible things, but it does not mean anything if we do not witness to (لا إله إلا الله محمد رسول الله).

- We need something to keep us going and if we do not have the Qur'an and Sunnah, then we will only follow other philosophies or thoughts because a person has turned away from the divine resources.
- The way to Allah (سبحانه وتعالى) never makes us less, incomplete or poor. The way to Allah (سبحانه وتعالى) completes us and gives us more strength. And even if there are challenges, we need to believe that when Allah (سبحانه وتعالى) draws that path for us, it will complete us.
- We want to benefit from every decree and every moment in our life. Every moment is needed to make us more complete and grant us more strength in our way to Allah (سبحانه وتعالى).

- Now which surah tells us to not waste our time and is sufficient if we have this surah? Surah Al ‘Asr.

SURAH AL ‘ASR

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

1

وَالْعَصْرِ

By time,

2

إِنَّ الْإِنْسَانَ لِفِي خُسْرٍ

Indeed, mankind is in loss,

3

إِلَّا الَّذِينَ آمَنُوا وَعَمِلُوا الصَّالِحَاتِ وَتَوَاصَوْا بِالْحَقِّ وَتَوَاصَوْا

بِالصَّبْرِ

Except for those who have believed and done righteous deeds and advised each other to truth and advised each other to patience.

- Imam Ash Shafi'ee (may Allah have mercy on him) said if no surah was revealed in the Qur'an except for this surah then it will be sufficient.
- We have to understand that we are all heading to Allah (سبحانه وتعالى). Our time is limited and "squeezed", but we want to get the best from it.
- This surah gives us completion, even if we are imperfect and weak. We do not want to be a loser, so what will make us a successful person?
- Allah (سبحانه وتعالى) first swears by a very a special time of day which if we miss it then we will lose everything.
- Surely, the human is drowning in loss. He can lose his family, health, wealth, deeds, faith and happiness, but what can make us not lose and

do the best every time? To be complete both inside and outside, how?

- There are two points to make us complete from the inside and two points to make us complete from the outside.

INNER COMPLETION

- Our inner-strength is our faith. Faith gives us security. With faith, we will not feel threatened.
- We want to believe in Allah (سبحانه وتعالى) and all pillars of faith. If we lose our faith then we lose everything.
- And the deeds are the output of faith.

OUTER COMPLETION

- (تَوَاصَوْا) is to enjoin, advise and take care. And when we are with people, we need to enjoin

and advise each other based on truth, and not falsehood or desires.

- We also have to enjoin with patience. It is important to be patient when facing harm or misunderstandings from others. We also need to be patient to perform good deeds and to be patient when facing a decree.
- With these four points, we will see a complete picture.

MAY ALLAH GRANT US FAITH AND PROTECT US FROM LOSS.
AMEEN.

REFERENCES

1. مدارج السالكين - ابن القيم

RELATED RESOURCES

SURAH AL 'ASR TEACHER MANUAL



ADDITIONAL RESOURCES

LISTEN TO THE CLASS – FOR WOMEN

<https://vimeopro.com/markazalsalam/path-of-the-traveller>

TO REQUEST ACCESS TO THE RECORDING:

<https://markazalsalam.com/recordings-notes>

CLASS NOTES FOR WOMEN AND MEN

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