



مدارج السالكين

PATH OF THE TRAVELLER

All praises are due to Allah. Anything good is from Allah and any mistakes are from ourselves and the shaitan. May Allah forgive us.



سم الله الرحمن الرحيم
لا حول ولا قوة إلا بالله

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INTRODUCTION

- We all seek happiness and success, but to attain this cannot be without knowing our Creator and we cannot know Him without being guided to know Him. Allah (سبحانه وتعالى) will guide us through different feelings, emotions and decrees.
- After knowing Allah (سبحانه وتعالى) is perfect and has the best qualities, can we just hold it in our heart? No, we want to express, we want to show and that is our second purpose after

knowing Allah (سبحانه وتعالى) which is to love Him, attach to Him and worship Him.

- We love the One Who is divine and we will not be disappointed by the One Who will appreciate our feelings. But if we give all our feelings to an imperfect human, it will be mishandled because it is too much for them to handle. And in this way, the love will not turn against us, but to love Allah (سبحانه وتعالى) will increase us.
- What is our purpose? To know Allah (سبحانه وتعالى) and Who will teach us? Allah (سبحانه وتعالى), through different situations. And after knowing Who is Allah (سبحانه وتعالى), we will have feelings for Him, so we attach to Him.

- Allah (سبحانه وتعالى) is The Most Beloved Companion and we will never be irritated by His Companionship. He will not force it on us such that we become irritated, nor will He be so distant that He is unreachable. We will not find comfort except with Allah (سبحانه وتعالى).
- Allah (سبحانه وتعالى) does not want us to be humiliated to anyone, He takes care of us. Knowing Allah (سبحانه وتعالى) and attaching to Him gives us a good life, honor and self-respect. Unlike when we connect to anything worldly in this life because we will disrespect ourselves before anyone else disrespects us.
- When Allah (سبحانه وتعالى) joins us and unites us from different parts of the world, it is all to show

(سبحانه وتعالى). And to love for Allah (لا إله إلا الله) unconditionally will keep us united.

- And now we are approaching the month of Ramadan, may Allah (سبحانه وتعالى) make us reach it. And it is a time of taqwa, of being purified and of starting a new page.

PATH OF THE TRAVELLER (مدارج السالكين) YOU ALONE WE WORSHIP AND YOU ALONE WE ASK FOR HELP (إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ)

- We are all travelling to Allah (سبحانه وتعالى) and all us have a “ticket” to Him, and this ticket is “first class” if we accept and submit.
- It is important to submit and surrender to Allah (سبحانه وتعالى) and the moment we show that acceptance, Allah (سبحانه وتعالى) will change us for the better. Every situation and incident we

go through whether goodness or difficulty, whether we are praised or dispraised, whether we are respected or disrespected, whether it is “day” or “night”, it is important to accept and submit and then we will be in “first-class”.

- What is a believer? A believer is the one who sensitive to the what Allah (سبحانه وتعالى) tells him, more so that what others say or do. We will not look at people’s actions or behavior, but that Allah (سبحانه وتعالى) decreed for us.
- We are here in this life for a short-time; it is not our permanent residence, but in paradise. And here is not the place of perfection and comfort, but in paradise.
- And we will be in the best standard when we are with the Qur’an and Sunnah.

ALLAH AL MUQADIM AL MUAKHIR – THE EXPEDITED, THE DELAYER (المقدم المؤخر)

- Allah (سبحانه وتعالى) has the Most Beautiful Names. His Names are to make us better and live a better life. His Names fill our gaps and weaknesses.
- Allah (سبحانه وتعالى) is Al Muqadim Al Mu'akhir (The Expediter, The Delayer). Muqadim is to go forward and Mu'akhir is to be delayed. They go together.
- We see this in our lives. Sometimes applications are accepted or delayed. Or even when we go to restaurant, we see perhaps we reached earlier and those who came later are served before us.

- These situations are not to place judgement or be sensitive to them but to know Who is Allah.
- These Names can also be found in the universe. For example, certain things came before others. The creation of the jinn was before humans, parents come before children, the month of Sha'ban before Ramadan.
- Then there are certain matters that Allah (سبحانه) brought forward and favored based on His perfect wisdom. There are the prophets, and from them Allah (سبحانه وتعالى) favored some to be messengers. Among them, Allah (سبحانه) favored the messengers of determination. Then among them Allah (سبحانه) favored Ibrahim (عليه السلام) and the Prophet (ﷺ) as His Khalils, and among all, the Prophet (ﷺ) is the

best of mankind and seal of the messengers. All of this is according to His perfect knowledge and wisdom.

- These Names are mentioned in the dua -

SUPPLICATION FOR FORGIVENESS

اللَّهُمَّ اغْفِرْ لِي مَا قَدَّمْتُ وَمَا أَخَّرْتُ ، وَمَا أَسْرَرْتُ وَمَا أَعْلَنْتُ ، وَمَا
أَسْرَفْتُ ، وَمَا أَنْتَ أَعْلَمُ بِهِ مِنِّي أَنْتَ الْمُقَدِّمُ وَأَنْتَ الْمُؤَخِّرُ ،
لَا إِلَهَ إِلَّا أَنْتَ

*Allaahum-magh-fir lee maa qaddamtu wa maa
akh-khart, wa maa asrartu wa maa a'lantu wa
maa asraft, wa maa anta a'lamu bihi
minnee, 'antal-muqad-dimu wa antal-mu 'akh-
khir, laa ilaaha il-laa ant.*

O Allah, forgive me for [sins] I committed beforehand as well as those which shall come to pass, and those I have committed in secret as well as those I have committed in public, and where I have exceeded all bounds as well as those things about which You are more

knowledgeable. You are Al-Muqaddim (the Expediter) and Al-Muakh-khir (the Delayer).¹

- This dua shows us that sins can delay us and asking forgiveness can take us forward. This is out of the Perfect Wisdom of Allah.
- If a person is always sinning, He cannot see Who is Allah. But with asking forgiveness we can go forward with a good heart and not with a sick heart.
- When we know this Name, even if we see a certain job or marriage is delayed, we believe that Allah (سبحانه وتعالى) wants to take us forward in faith, nurturing and to take us forward to the next phase of our life. He always wants good for us.

¹ Muslim No# 771

- This brings balance and removes sensitivities for when matters are delayed and removes arrogance or pride when things go forward.
- We will go forward when we seek forgiveness, but we will be delayed with sins. If we say something bad or think bad, then it will delay us. So we want to ask forgiveness all the time, and not try to blame others or justify ourselves, but to ask for forgiveness from Allah (سبحانه وتعالى).
- And when we seek forgiveness from Allah (سبحانه وتعالى), it will not only take us forward, but it will make us humble and beautiful.

SURAH NUH 10 TO 13

10.

فَقُلْتُ اسْتَغْفِرُوا رَبَّكُمْ إِنَّهُ كَانَ غَفَّارًا

"I said (to them): 'Ask forgiveness from your Lord, verily, He is Oft-Forgiving;

11.

يُرْسِلِ السَّمَاءَ عَلَيْكُمْ مِدْرَارًا

'He will send rain to you in abundance,
12.

وَيُمْدِدْكُمْ بِأَمْوَالٍ وَبَنِينَ وَيَجْعَلْ لَكُمْ جَنَّاتٍ وَيَجْعَلْ لَكُمْ أَنْهَارًا

'And give you increase in wealth and children,
and bestow on you gardens and bestow on you
rivers.'"

13.

مَا لَكُمْ لَا تَرْجُونَ لِلَّهِ وَقَارًا

What is the matter with you, that [you fear not
Allah (His punishment), and] you hope not for
reward (from Allah or you believe not in His
Oneness).

- When we ask for forgiveness, Allah (سبحانه وتعالى) will replace our sins to go deeds and surely we will go forward in our livelihood and we will go forward in our faith.
- Allah (سبحانه وتعالى) will bring down rain of good deeds, knowledge and blessings. And He will grant us properties, wealth and children.

- When things are getting delayed, then we should ask for forgiveness because this will make us go faster.

TONGUE (اللسان)

- We want to be active in our path to Allah (سبحانه), and it is important to have a good heart and good tongue.
- Our tongue is a means to go to paradise and at the same time, the tongue can be a means to go to the fire, we ask Allah (سبحانه وتعالى) for the well-being. Ameen.
- A person can say one good word which can enlighten someone or make someone happy. We want to use our tongue to make others happy such as giving a compliment, making dua for someone sick, giving comfort and

advise to another, saying “I love you”. Among the most beloved deeds to Allah (سبحانه وتعالى) is to make someone happy for His sake.

- How can we use our tongue to make our children happy? By praising them. How can we use our tongue to make our husband happy? To say “I love you” and to obey.
- Someone might say, “I am not good with expressing”, so we should use our tongue to recite the Qur'an, remember Allah (سبحانه وتعالى) and so forth.
- And on the other hand, the tongue can be used in bad when backbiting, lying, criticizing, falsely accusing, putting others down, arguing, gossiping, slandering, complaining, speaking negatively about ourselves, mocking Allah (سبحانه وتعالى) and His religion, creating

innovation, speaking on behalf of Allah (سبحانه), blaming others, shouting at the kids, shouting at the husband and parents, swearing by other than Allah (سبحانه وتعالى), over praising the self and others, exposing the sins of another.

- It is important to deal with the mistakes of people in a gentle way. It takes a great amount of time to build a reputation, but can it can be destroyed in no time.

ALLAH IS IN NO NEED OF A FAST WITH
EVIL SPEECH AND ACTIONS

وعنه عن النبي صلى الله عليه وسلم قال: "إن العبد ليتكلم
بالكلمة من رضوان الله تعالى ما يُلقى لها بالاً يرفعه الله بها
درجات، وإن العبد ليتكلم بالكلمة من سخط الله تعالى لا يُلقى
لها بالاً يهوي بها في جهنم".

The Prophet (ﷺ) said, "A man utters a word pleasing to Allah without considering it of any significance for which Allah exalts his ranks (in Jannah); another one speaks a word displeasing to Allah without considering it of any importance, and for this reason he will sink down into Hell."²

- Words are like a sword, it is very sharp and once it comes out, it injures.

SURAH AL BAQARAH 83

وَقُولُوا لِلنَّاسِ حُسْنًا

And speak to people good [words]

- Allah (سبحانه وتعالى) never leaves anyone and in Surah Adh Dhuha, it is a time when everything is active and open, but we can still feel lonely. Allah (سبحانه وتعالى) reminds us that He will never disconnect with us.

² Riyadh As Saliheen, Al Bukhari, Book 17, Hadith 5

- And we should remember when we were lost, Allah (سبحانه وتعالى) guided us. And if we find someone lost, we should help them too. When someone asks, we should not put them down. We were empty before, but Allah (سبحانه وتعالى) enriched us emotionally, so what should we do? Speak generously of the blessing of our Lord. And this will keep the connection all the time.
- We should use any disconnection as a way of connection to Allah (سبحانه وتعالى).

SURAH ADH DHUHA

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

1

وَالضُّحَىٰ

By the morning brightness

2

وَاللَّيْلِ إِذَا سَجَىٰ

And [by] the night when it covers with darkness,

3

مَا وَدَّعَكَ رَبُّكَ وَمَا قَلَىٰ

Your Lord has not taken leave of you, [O Muhammad], nor has He detested [you].

4

وَلِلْآخِرَةِ خَيْرٌ لَّكَ مِنَ الْأُولَىٰ

And the Hereafter is better for you than the first [life].

5

وَلَسَوْفَ يُعْطِيكَ رَبُّكَ فَتَرْضَىٰ

And your Lord is going to give you, and you will be satisfied.

6

أَلَمْ يَجِدْكَ يَتِيمًا فَآوَىٰ

Did He not find you an orphan and give [you] refuge?

7

وَوَجَدَكَ ضَالًّا فَهَدَىٰ

And He found you lost and guided [you],

8

وَوَجَدَكَ عَائِلًا فَأَغْنَىٰ

And He found you poor and made [you] self-sufficient.

9

فَأَمَّا الْيَتِيمَ فَلَا تَقْهَرْ

So as for the orphan, do not oppress [him].

10

وَأَمَّا السَّائِلَ فَلَا تَنْهَرْ

And as for the petitioner, do not repel [him].

11

وَأَمَّا بِنِعْمَةِ رَبِّكَ فَحَدِّثْ

But as for the favor of your Lord, report [it].

MAY ALLAH GUIDE US TO ALL THAT IS PLEASING TO HIM.
AMEEN.

REFERENCES

1. مدارج السالكين - ابن القيم

ADDITIONAL RESOURCES

LISTEN TO THE CLASS – FOR WOMEN

<https://vimeopro.com/markazalsalam/path-of-the-traveller>

TO REQUEST ACCESS TO THE RECORDING:

<https://markazalsalam.com/recordings-notes>

CLASS NOTES FOR WOMEN AND MEN

FOR STUDENTS OF KNOWLEDGE, TEACHERS AND DA'EES IN ENGLISH

<https://t.me/markazalsalampublicationsENG>

FOR STUDENTS OF KNOWLEDGE, TEACHERS AND DA'EES IN ARABIC

<https://t.me/markazalsalampublicationsAR>

FOR CHILDREN CLASS NOTES

<https://t.me/dropletsofdew>

FOR BEGINNERS TO ISLAM

<https://t.me/truthfulentry>

