



عش مع القرآن: سورة آل عمران

LIVE WITH THE QUR'AN: SURAH AAL IMRAAN

All praises are due to Allah. Anything good is from Allah and any mistakes are from ourselves and the shaitan. May Allah forgive us.



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Al Salam Islamic Center



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

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INTRODUCTION

CONNECT TO ALLAH – THE SOLUTION TO
EVERYTHING

- Religion is the way to happiness, connection to Allah (سبحانه وتعالى) is the solution to everything.

SURAH TA HA 2

مَا أَنْزَلْنَا عَلَيْكَ الْقُرْآنَ لِتَشْقَى

We have not sent down to you the Qur'an that
you be distressed

- We can reach a point in our life where we want to go to a therapist due to depression, anxiety or incessant whispers. And these types of feelings make it difficult to connect with others, even to those close to us. And this leads us to want a change in our life because no one can understand us.
- When someone feels lonely though they have people around them, what will they do? They will go to someone strange to them, and even pay money for it because no one is willing to listen.
- And when going to a therapist, a person has to relive their past, go back to painful memories, and then the therapist will paint an image of how the person should be.

- And this “new image” cannot be customized because no one can encompass us except Allah (سبحانه وتعالى). And the therapist has to go from one patient before and another patient after.

ALLAH AL KHAALIQ – THE CREATOR

- Though everyone is unique and different because Allah (سبحانه وتعالى) is Al Khaaliq – The Creator.
- We can reach a point of depression and anxiety when we are not content with how Allah (سبحانه وتعالى) created us and fashioned us, so we do not accept ourselves. As a result, we will try to find acceptance from others.
- If we want to be someone trustworthy and successful, it is not about being “copy and

paste” and seeing what worked for someone so it must work for me.

- When someone feels like a victim and goes to someone who does not know them, then it can lead them to being so proud because they are already feeling low so the other person will try to bring them up, but it can be an extreme.
- The inner battle between the soul and body is very difficult because the soul cannot accept the body and the body cannot accept the soul, so this person constantly sees faults in themselves. As a result they will say, “I am not worthy to live, I am not worthy for anyone to connect with me”, but what is the solution? (لا سبحانه وتعالى) – to know Allah (إله الا الله).
- Allah (سبحانه وتعالى) did not create us to be sad, anxious or desperate. Allah (سبحانه وتعالى) created

us and fashioned us in the best form. We do not need to seek the pleasure of others because that is not success. Success is when we believe in Allah (سبحانه وتعالى) and do everything based on taqwa.

- The real key is to go back to the essentials. When we feel we do not know what to do, we should go back to looking at ourselves, and how Allah (سبحانه وتعالى) fashioned us and created us in the best form. And this diverts our mind from looking at our imperfections.
- Allah (سبحانه وتعالى) is the Lord Who created everything in the best form and He made every creation and every atom in the best form.
- We go through complicated thinking because we compare the creations to one another – we look at how she looks, look at her hair. In the

end, we are not focusing on our creation and that Allah (سبحانه وتعالى) fashioned us in the best form because we have a great mission.

SURAH ADH DHAARIYAAT 56

وَمَا خَلَقْتُ الْجِنَّ وَالْإِنْسَ إِلَّا لِيَعْبُدُونِ

And I did not create the jinn and mankind except to worship Me.

- We are created to be a worshipper of Allah (سبحانه وتعالى) and people become depressed when away from the purpose of their creation.
- For example, the purpose of bees is to produce honey. If we say let the bees do the job of the ants and the ants do the job of the bees, what will happen? They will be exhausted and all die.
- If we do not use the way we are created, then we will feel useless, worthless and we will be put

down. Everyone is different and Allah (سبحانه وتعالى) created them with talents different from others, and each is created in the way suitable for them.

- The messengers are the best of people and Allah (سبحانه وتعالى) nurtures them differently from the rest. And the talents they have are different because Allah (سبحانه وتعالى) created them as mercy for humanity and to guide others.
- Allah (سبحانه وتعالى) created angels in the form suitable to fulfill their job. Even when raising children, we should not compare them to one another or to ourselves. One child may start walking and talking early and another later, but each is suitable for their future role.

- Allah (سبحانه وتعالى) never leaves anyone with just making them happy to only live, but to make them happy by connecting to Him. Happiness is when we go back to our nature of being kind, generous, loving and believing in Allah (سبحانه وتعالى). The world, and the complications of life, the expectations and comparisons, trends and news mold us and make us a mixture distant from our origin and purpose. And as a result, our purpose becomes only for fame, power, money and so forth, forgetting our real purpose and happiness is to be a slave of Allah (سبحانه وتعالى).

THE REAL THERAPY – KNOWING ALLAH

- We can go to therapists and counselors, but in the end, we need to remember everyone is imperfect and has faults, but going to Allah (سبحانه وتعالى) is going to the One who is perfect, free of imperfections and faults.
- Sometimes we can go to a marriage counselor, but the counselor is divorced themselves. And this is just to show us that no one is perfect.
- We all want to have the best life and to be productive, and the solution is to go back to our nature and fitra, to go back to (لا إله إلا الله).
- Many people are going through problems and issues, and Allah (سبحانه وتعالى) is The All-Knower of what we are going through, and He is able to

decree the best decree to take us out of our issues.

- We have a plan, but Allah (سبحانه وتعالى) shows us a better plan, so we should not ignore any message Allah (سبحانه وتعالى) brings to us. Allah (سبحانه وتعالى) can use anyone to show Who He is because every decree is full of value and treasures, and that is when we accept and appreciate our Lord.
- Something that is common between all of us is that we are all facing some kind of issue, but the highlight is Allah (سبحانه وتعالى).

COMPANIONSHIP FOR ALLAH

- When the Prophet (ﷺ) migrated to Medina, he did two things. He first built a masjid so the

people can pray in congregation and he paired companions between the Emigrants and Supporters.

- The journey to Allah (سبحانه وتعالى) requires a place and companions. On the Day of Judgement, when there is chaos, changes, the sun drawing near, what will be highlighted on that Day. Will it be the worships of the one who prayed or fasted? No, because that is between the person and Allah (سبحانه وتعالى).
- The highlight will be companions who are not connected by blood or background, but the only thing that connects them is (لا إله إلا الله محمد (رسول الله). They come from different tribes, colors and backgrounds, but they connect because they believe in Allah (سبحانه وتعالى) and love Him.

- What will make us stand and be established on the Day of Judgement? Companionship.
- If we do not have companions then we will drown in our thoughts and become something artificial. We will become proud and arrogant if we are alone, and we will not be purified because we will not see our faults.
- Only Allah (سبحانه وتعالى) is One and we are pairs. We cannot have taqwa if we are all the same natures and doing the same thing and have the same needs. Otherwise there will be no purification.
- The Names of Allah (سبحانه وتعالى) are a solution to everything and we do not need to disclose our weakness and struggles to others because either they cannot understand us, or they make fun of us, or belittle us, or use it against

us. But with Allah (سبحانه وتعالى), we can be ourselves, we can be humble, poor, we can say we are not rich, we are not beautiful, but You Allah can enrich us and beautify us.

- When we accept our weakness and connect to the Most High, then surely He will honor us, elevate us and give us confidence.
- No matter how bad our state may be or how broken we may be, only Allah (سبحانه وتعالى) can bear us and accept us. (لا إله إلا الله) makes us have a strong bond because we are connected to Allah (سبحانه وتعالى). The moment we flee to people, the more it makes it worse and adds more problems. But going purely to Allah (سبحانه وتعالى) makes us strong.

- We can be at our lowest, but Allah (سبحانه وتعالى) wants to take us the highest. We can be at our weakest, but Allah (سبحانه وتعالى) wants to strengthen us. It is important to always start with Allah (سبحانه وتعالى) that we are weak and He will elevate us.
- Many times we want to find out who we are. We are made of soul and body, the soul is from Allah (سبحانه وتعالى) and the body is from the earth. And we will find ourselves when we feed our soul because we are here to worship Allah (سبحانه وتعالى). And when we do, then our body which is full of faults will be corrected. So when we work on the internal then Allah (سبحانه وتعالى) will fix the external.

LIVE WITH THE QUR'AN – SURAH AAL IMRAAN

SURAH AAL IMRAAN 1 TO 2

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

1

الم

Alif, Lam, Meem.

2

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ

Allah - there is no deity except Him, the Ever-Living, the Sustainer of existence.

- Allah Al Hayy Al Qayyoom can make our faith alive and established. And this shows that no one can have the perfect and best life except Allah (سبحانه وتعالى). We need our connections to be alive, firm and connected. We do not want any life, but the best quality of life, the best quality of knowledge and the best quality of

faith. Who can maintain the best life for us?
Allah Al Qayyoom.

- Surah Al Baqarah is all about self-purification and Surah Aal Imraan is how to have the best life together and to remain firm on our faith.
- In the journey to Allah (سبحانه وتعالى), we need purification and to be lanterns who spread the knowledge of Allah (سبحانه وتعالى) all over.
- We should never think that in order to be firm on the religion, we need to be strict and narrow-minded, rather we need examples and stories.
- No one knew this would be the class today. We talked about purification, then we talked about companionship and then we reached the Names of Allah (سبحانه وتعالى).

- We need companionship to purify ourselves from bad thoughts and we need companions to remember Allah (سبحانه وتعالى). And when we remember Allah (سبحانه وتعالى), He will remember us.
- Only Allah Al Hayy Al Qayyoom can give us the best life, and everything is to bring out the best from us. And at the end, we spoke of spreading the knowledge of the Names of Allah (سبحانه وتعالى) which is the best knowledge to spread.
- People can easily talk about other people, but to have companions talking about Allah (سبحانه وتعالى) is light upon light. May Allah (سبحانه وتعالى) make us all lanterns. Ameen.

SURAH AN NOOR 35 TO 38

35

اللَّهُ نُورُ السَّمَاوَاتِ وَالْأَرْضِ ۖ مَثَلُ نُورِهِ كَمِشْكَاةٍ فِيهَا مِصْبَاحٌ ۚ
 الْمِصْبَاحُ فِي زُجَاجَةٍ ۚ الزُّجَاجَةُ كَأَنَّهَا كَوْكَبٌ دُرِّيٌّ يُوقَدُ مِنْ شَجَرَةٍ
 مُبَارَكَةٍ زَيْتُونَةٍ لَا شَرْقِيَّةٍ وَلَا غَرْبِيَّةٍ يَكَادُ زَيْتُهَا يُضِيءُ وَلَوْ لَمْ
 تَمْسَسْهُ نَارٌ ۚ نُورٌ عَلَى نُورٍ ۗ يَهْدِي اللَّهُ لِنُورِهِ مَن يَشَاءُ ۚ وَيَضْرِبُ اللَّهُ
 الْأَمْثَالَ لِلنَّاسِ ۖ وَاللَّهُ بِكُلِّ شَيْءٍ عَلِيمٌ

Allah is the Light of the heavens and the earth.
 The example of His light is like a niche within
 which is a lamp, the lamp is within glass, the
 glass as if it were a pearly [white] star lit from
 [the oil of] a blessed olive tree, neither of the
 east nor of the west, whose oil would almost
 glow even if untouched by fire. Light upon light.
 Allah guides to His light whom He wills. And Allah
 presents examples for the people, and Allah is
 Knowing of all things.

36

فِي بُيُوتٍ أَذِنَ اللَّهُ أَنْ تُرْفَعَ وَيُذْكَرَ فِيهَا اسْمُهُ يُسَبِّحُ لَهُ فِيهَا بِالْغُدُوِّ
وَالْآصَالِ

[Such niches are] in mosques which Allah has ordered to be raised and that His name be mentioned therein; exalting Him within them in the morning and the evenings

37

رَجَالٌ لَا تُلِهِمْ تِجَارَةٌ وَلَا بَيْعٌ عَنْ ذِكْرِ اللَّهِ وَإِقَامِ الصَّلَاةِ وَإِيتَاءِ
الزَّكَاةِ يَخَافُونَ يَوْمًا تَتَقَلَّبُ فِيهِ الْقُلُوبُ وَالْأَبْصَارُ

[Are] men whom neither commerce nor sale distracts from the remembrance of Allah and performance of prayer and giving of zakah. They fear a Day in which the hearts and eyes will [fearfully] turn about -

38

لِيَجْزِيَ اللَّهُ أَحْسَنَ مَا عَمِلُوا وَيَزِيدَهُم مِّن فَضْلِهِ ۗ وَاللَّهُ يَرْزُقُ
مَنْ يَشَاءُ بِغَيْرِ حِسَابٍ

That Allah may reward them [according to] the best of what they did and increase them from

His bounty. And Allah gives provision to whom
He wills without account.

- Allah (سبحانه وتعالى) is able to provide us with no account and He can give us companions so that we glorify Allah (سبحانه وتعالى) and remember Him much together.

SURAH AR RAHMAN 26 TO 27

26

كُلُّ مَنْ عَلَيْهَا فَانٍ

Everyone upon the earth will perish,

27

وَيَبْقَىٰ وَجْهُ رَبِّكَ ذُو الْجَلَالِ وَالْإِكْرَامِ

And there will remain the Face of your Lord,
Owner of Majesty and Honor.

SUPPLICATING BY ALLAH'S GREATEST NAME

قَالَ سَمِعَ النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ. رَجُلًا يَقُولُ اللَّهُمَّ إِنِّي
أَسْأَلُكَ بِأَنَّ لَكَ الْحَمْدَ لَا إِلَهَ إِلَّا أَنْتَ وَحْدَكَ لَا شَرِيكَ لَكَ الْمَنَّانُ
بَدِيعُ السَّمَوَاتِ وَالْأَرْضِ ذُو الْجَلَالِ وَالْإِكْرَامِ فَقَالَ " لَقَدْ سَأَلَ
اللَّهُ بِاسْمِهِ الْأَعْظَمِ الَّذِي إِذَا سُئِلَ بِهِ أُعْطِيَ وَإِذَا دُعِيَ بِهِ أَجَابَ

"The Prophet (صلى الله عليه وسلم) heard a man say:

*'Allahumma! Inni as'aluka bi-anna lakal-hamd.
La ilaha illa Anta, wahdaka la sharika laka. Al-
Mannan. Badi'us-samawati wal-ard. Dhul-jalali
wal-ikram*

(O Allah! I ask You by virtue of the fact that all praise is due to You; none has the right to be worshiped but You alone, and You have no partner or associate, the Bestower, the Originator of the heavens and the earth, the Possessor of majesty and honor.' He said: 'He has asked Allah by His Greatest Name which, if He is

asked thereby He gives and if He is called upon thereby He answers¹".

DIVINE NURTURING LESSONS

- *The inner battle between the soul and body is very difficult because the soul cannot accept the body and the body cannot accept the soul, so this person constantly sees faults in themselves. As a result they will say, "I am not worthy to live, I am not worthy for anyone to connect with me", but what is the solution? (لا (سبحانه وتعالى) - to know Allah (إله الا الله*
- *We are created to be a worshipper of Allah (سبحانه وتعالى) and people become depressed when away from the purpose of their creation.*

¹ Sunan Ibn Majah 3858

○ Allah (سبحانه وتعالى) never leaves anyone with just making them happy to only live, but to make them happy by connecting to Him. Happiness is when we go back to our nature of being kind, generous, loving and believing in Allah (سبحانه وتعالى). The world, and the complications of life, the expectations and comparisons, trends and news mold us and make us a mixture distant from our origin and purpose. And as a result, our purpose becomes only for fame, power, money and so forth, forgetting our real purpose and happiness is to be a slave of Allah (سبحانه وتعالى).

○ We all want to have the best life and to be productive, and the solution is to go back to our nature and fitra, to go back to (لا إله إلا الله).

- Something that is common between all of us is that we are all facing some kind of issue, but the highlight is Allah (سبحانه وتعالى).
- No matter how bad our state may be or how broken we may be, only Allah (سبحانه وتعالى) can bear us and accept us.
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soul because we are here to worship Allah (سبحانه وتعالى). And when we do, then our body which is full of faults will be corrected. So when we work on the internal then Allah (سبحانه وتعالى) will fix the external.

MAY ALLAH GRANT US PROVISION WITH NO END. AMEEN.

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