


# ALLAH AL BARR

(The Most Kind)


All praises are due to Allah. Anything good is from Allah and any mistakes are from ourselves and the shaitan. May Allah forgive us.

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

# ALLAH AL BARR

## (The Most Kind)

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- The translation of the Name of Allah Al Barr is deeper than the Most Kind.
- This Name appears in Surah At Tur which is about turning away and rejecting any doubts that can come about the Day of Judgement.

### SURAH AT TUR 25 TO 28

25.

وَأَقْبَلَ بَعْضُهُمْ عَلَى بَعْضٍ يَتَسَاءَلُونَ

And they will approach one another, inquiring of each other.

26.

قَالُوا إِنَّا كُنَّا قَبْلُ فِي أَهْلِنَا مُشْفِقِينَ

They will say, "Indeed, we were previously among our people fearful [of displeasing Allah ].

27.

فَمَنْ لِّلّٰهُ عَلَيْنَا وَّوَقَانَا عَذَابَ السَّمُومِ

So Allah conferred favor upon us and protected us from the punishment of the Scorching Fire.

28.

اِنَّا كُنَّا مِنْ قَبْلُ نَدْعُوهُ ۗ اِنَّهُ هُوَ الْبَرُّ الرَّحِيْمُ

Indeed, we used to supplicate Him before. Indeed, it is He who is the Beneficent, the Merciful."

- The people of paradise gather around in paradise to remember our life now. This shows us that our life now is very special.
- They sit around facing each other and remember how they felt in this life. The word (أهل) denotes that they are on the same belief like a family.

- They were (مُشْفِقِينَ) - meaning they feared about what would happen to them. They feel the big favor of Allah (سبحانه وتعالى) Who protected them.
- The word (السَّمُوم) is a torment that goes to the pores. Sometimes we hear something and feel it down to our pores without even physically going through it.
- They remember when they were in life and they used to make dua (invocation). This teaches us to never leave dua.
- There can be situations when we cannot take action, but we can still sit in our place and make so much dua. We may not be able to speak to someone but making dua for them can change them and even generations.

- Barr means there is truthfulness, mercy, compassion and vastness that comes together. Allah (سبحانه وتعالى) is Al Barr Ar Raheem (The Most Kind, The Especially Merciful).

### TRUTHFULNESS LEADS TO BIRR

قَالَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ " إِنَّ الصِّدْقَ يَهْدِي إِلَى  
الْبِرِّ وَإِنَّ الْبِرَّ يَهْدِي إِلَى الْجَنَّةِ وَإِنَّ الرَّجُلَ لَيَصْدُقُ حَتَّى يُكْتَبَ  
صِدِّيقًا وَإِنَّ الْكَذِبَ يَهْدِي إِلَى الْفُجُورِ وَإِنَّ الْفُجُورَ يَهْدِي إِلَى  
النَّارِ وَإِنَّ الرَّجُلَ لَيَكْذِبُ حَتَّى يُكْتَبَ كَذَّابًا " .

'Abdullah reported Allah's Messenger (ﷺ) as saying: Truth leads one to Paradise and virtue leads one to Paradise and the person tells the truth until he is recorded as truthful, and lie leads to obscenity and obscenity leads to Hell, and the person tells a lie until he is recorded as a liar.<sup>1</sup>

<sup>1</sup> Sahih Muslim 2607a

- Barr is like a vast desert or a seed that brings much goodness when planted.
- Barr has to begin with truthfulness. We can show mercy, but it will not be blessed if it is not based on truthfulness.
- We can also be truthful but with harshness. This will also not be blessed. There needs to be both truthfulness and mercy.

#### SURAH AL BAQARAH 189

وَلَكِنَّ الْبِرَّ مَنِ اتَّقَىٰ

but righteousness is [in] one who fears Allah.

- Birr is to have taqwa.
- When we take a stand to be truthful we may have to be filtered from people or places or situations but this filtering needs to be with mercy.

- We face moments of truthfulness with mercy so what we leave behind something that can grow and remain. It is important to plant seeds with truthfulness and mercy.
- Truthfulness without mercy and mercy without truthfulness will not grow.
- The hearts of arbor are boiling out of mercy and truthfulness. They want so much goodness for others and this is why it is imperative to make dua. This keeps a person motivated to keep going.
- Knowing Allah Al Barr makes a person positive even when he faces doubts because there is surely going to be greatness and vastness later.

- This Name makes a person open minded, vast in his feelings, and strong hope in Allah (سبحانه وتعالى).
- He surrounds us with people who are positive and show mercy, so we do not sit and talk about problems because that is torment. But we remember Allah and His birr and mercy.

MAY ALLAH MAKE US FROM THE ABRAR WHO SPREAD  
GOODNESS TO OTHERS WITH TRUTHFULNESS AND MERCY.  
AMEEN.



## REFERENCES

١. تفسير الشيخ السعدي - TAFSEER SHEIKH AS SA'ADY

## ADDITIONAL RESOURCES



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