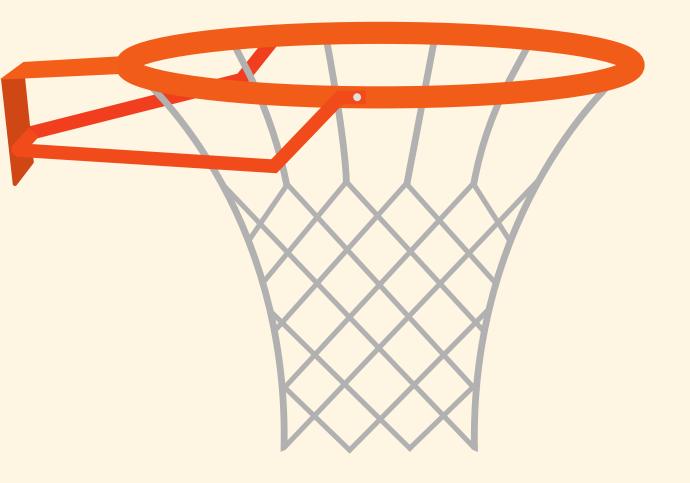


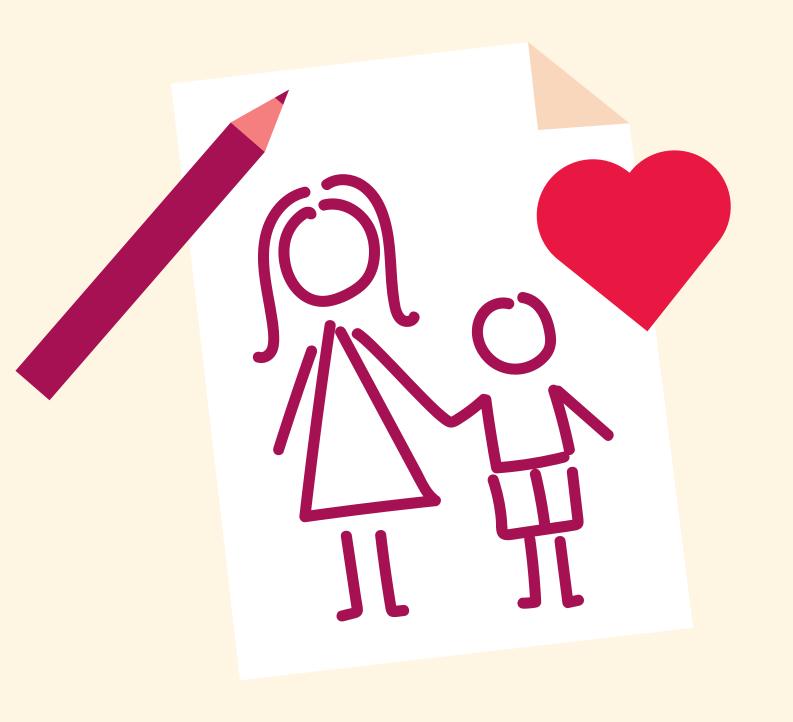


Sometimes we are learning something for the first time, and we need extra time to understand it, so we ask the teacher to repeat it for us again.



And sometimes people need time to change, so we need to be patient. Don't we like it when others are patient with us?





For example, our mother might be so patient with us, and she gives us more time to change, how do we feel? We feel we love her so much.

There is no one more patient and forbearing with us than Allah Al Haleem. Allah Al Haleem is so forbearing with us in order that we learn. He reminds us many times to pray, to have good manners and sometimes we make mistakes, but Allah Al Haleem is still forbearing with us and does not punish us on the spot.





He gives us time to repent, seek forgiveness and correct ourselves. There is no one more forbearing than Allah. He always wants to nurture us for the best.

Take the opposite of someone who is forbearing.
Such a person will be so impatient, wants
everything to be done quickly and wants people to
change quickly. They will be quick to account
others, misjudge them and misbehave with them.

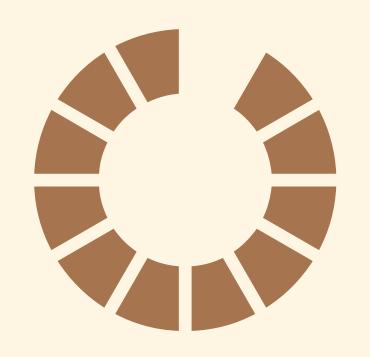


## Sometimes we don't know how to do something, we may be still learning, but we don't want someone to be upset with us.





We make mistakes many times, but Allah Al Haleem gives us so many opportunities to correct ourselves and to seek forgiveness. Allah Al Haleem is not quick to punish us.

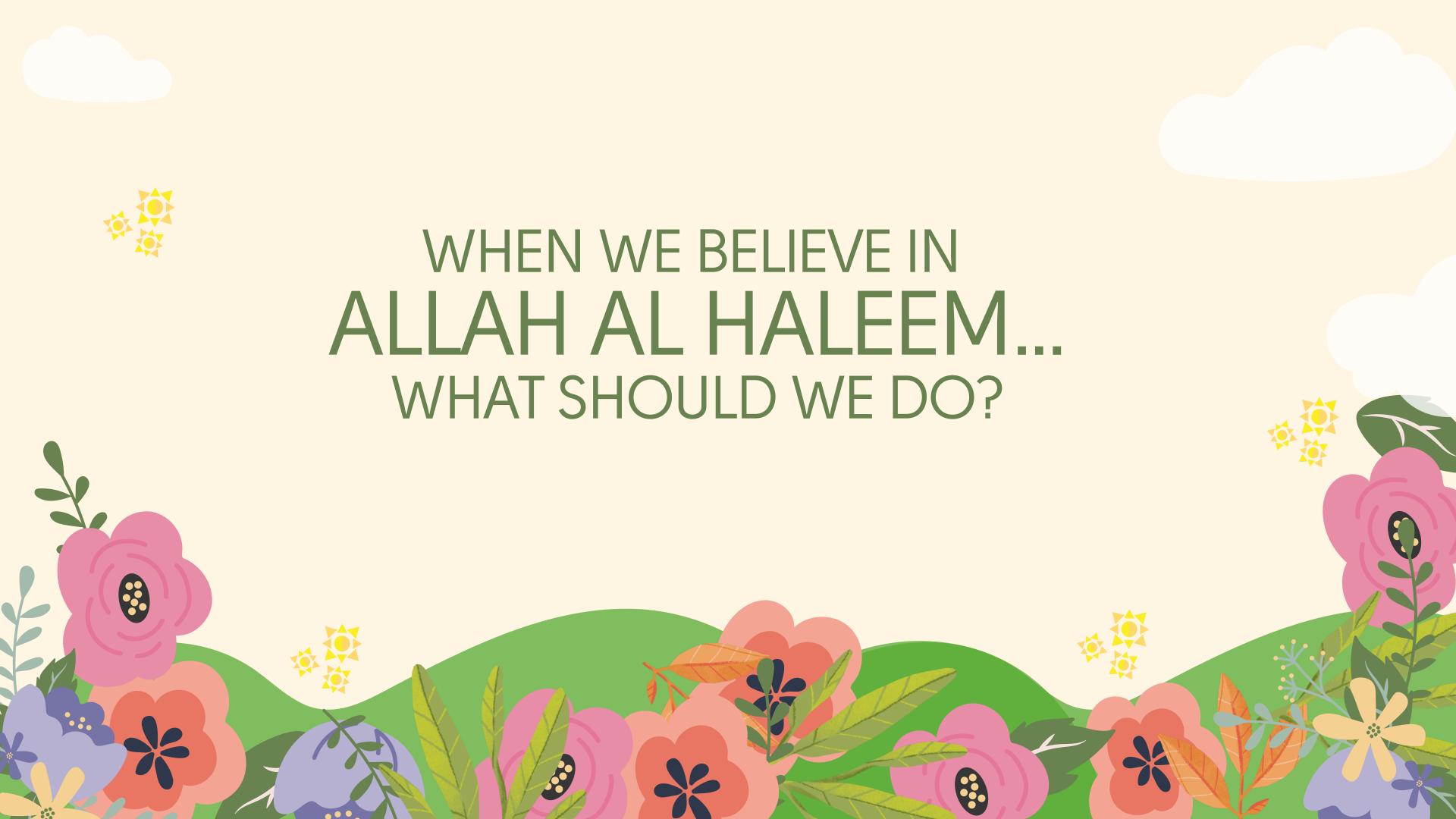


Sometimes a person has time to do good deeds, or someone has money to give for charity, but they are lazy about it. Nevertheless, Allah Al Haleem does not take away their time or wealth, but He gives them time to do good and to give. So we should never be deceived with the forbearance of Allah when we see nothing "bad" happens to us.

We should not think that what we're doing is ok or that we don't need to change or that we don't need to seek forgiveness. When we know Allah Al Haleem, we will always want to do better and seek forgiveness. We will love Him so much.









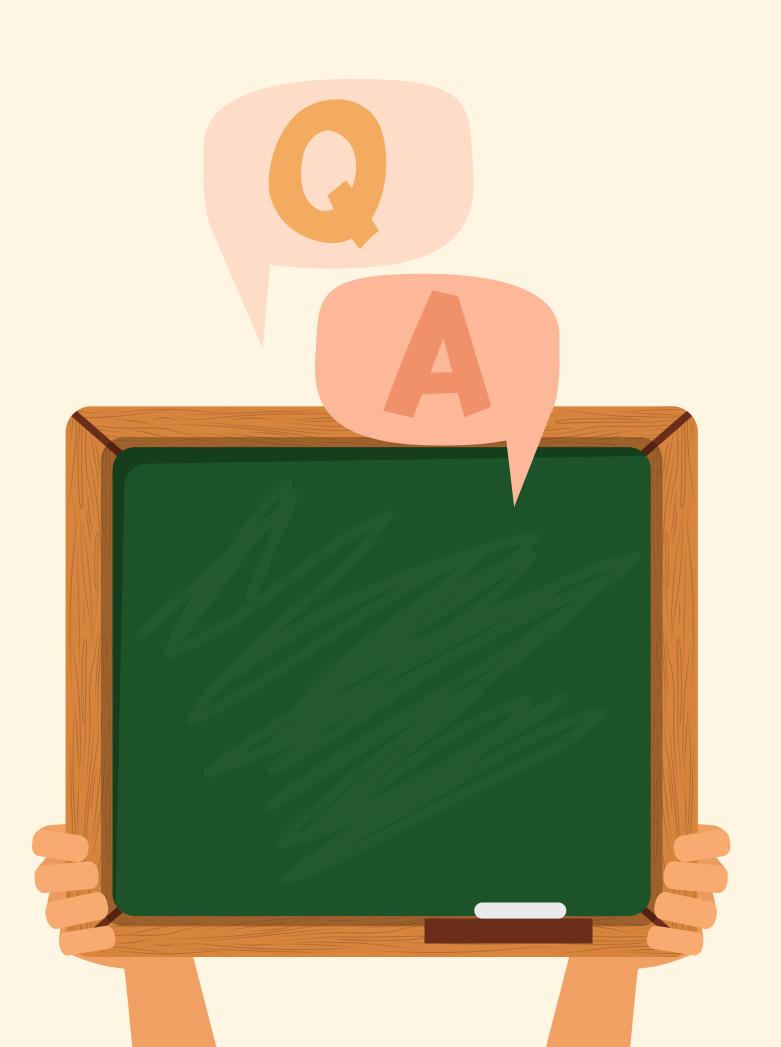
## We don't want to punish people or account them so quickly.



## We want to be forbearing because now we know about Allah Al Haleem.







When we teach someone, we have to be patient and not expect them to get it straight away.



If there is some work that we need to get done, we should be patient, and not be hasty or irritated.

## Allah is Al Haleem and He loves those who are forbearing.



Knowing this Names makes us patient with others and to not get upset quickly.



