






سورة الشرح


# SURAH ASH SHARH


These notes are based on a previous course. Anything good is from Allah and any mistakes are from ourselves and the shaitan. May Allah forgive us.

 [www.markazalsalam.com](http://www.markazalsalam.com)

 [t.me/markazalsalam](https://t.me/markazalsalam)

 +97150 8008875

 [info@markazalsalam.com](mailto:info@markazalsalam.com)

 [t.me/dropletsofdew](https://t.me/dropletsofdew)







Al Salam Islamic Center



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

## سورة الشرح

### SURAH ASH SHARH

## Taddabur Surah Ash Sharh (سورة الشرح)

### Introduction

- Surah Ash Sharh is a Makkan surah which was revealed while the Prophet (ﷺ) was facing many trials with the disbelievers. The meaning of (شرح) is opening of the chest.
- The theme of Surah Ash Sharh: Allah's blessings upon His Prophet (ﷺ) (نعم الله على نبيه صلى الله عليه وسلم)
- Our chest can be tight or opened by Allah (ﷻ). The best blessing after faith is to have 'opening of the chest' (انشراح الصدر). What does this mean?
  - He will not grieve on what's gone (لا يحزن على ما فاته)
  - He will not be sad of what's happened to him (لا يغم لما يصيبه)
  - He will not worry of what's ahead (لا يقلق لما ينتظره)
- After faith, we all want (انشراح الصدر) and this is from Allah (ﷻ). May Allah (ﷻ) grant us opening of the chest. Ameen.

- The best blessing:
  - In the duniya: opening of the chest
  - In the akhira: forgiveness of sins
- The surah tells us the reasons for opening of the chest and reasons for sadness and sorrow.

## Taddabur Surah Ash Sharh (سورة الشرح)

Ayat 1 to 4: Blessings of Allah (ﷻ) upon the Prophet (ﷺ).

**Ayah 1: (أَلَمْ نَشْرَحْ لَكَ صَدْرَكَ) (Have We not opened your breast for you (O Muhammad (ﷺ)))?)**

- Opening of the chest requires means:
  - When the heart opens then it can take on the commands of Allah (ﷻ), it will have good manners and think of the akhira.
  - When the chest is open then the limbs will go to what's pleasing to Allah (ﷻ).
- A person wants to have both knowledge and action and in order to act a person needs to have opening of the heart.
- Musa (as) made dua to Allah (ﷻ) asking for opening for the chest in order to be able to handle the heavy command of approaching Firaoun. **Surah Ta Ha 25: (قَالَ رَبِّ اشْرَحْ لِي صَدْرِي) ([Mûsa (Moses)] said: "O my Lord! Open for me my chest (grant me self-confidence, contentment, and boldness))**

## Ayat 2-3

وَوَضَعْنَا عَنْكَ وِزْرَكَ (۲) الَّذِي أَنْقَضَ ظَهْرَكَ (۳)

**And removed from you your burden, (2) Which weighed down your back? (3)**

- Then the other blessing upon the Prophet (ﷺ) is forgiveness of the sins. (وزر) is heavy and a load on the back. Sins make us heavy and they're a reason for sadness, worries and anxiety.
- If this is said to the Prophet (ﷺ), then surely for us we need to ask Allah (ﷻ) for forgiveness. May Allah (ﷻ) forgive us and remove the load from our back. Ameen.

**Ayah 4: (وَرَفَعْنَا لَكَ ذِكْرَكَ) (And have We not raised high your fame?)**

- Notice Allah (ﷻ) doesn't mention the disbelievers though they're a cause of sorrow, but a person needs to focus on himself. If we want opening of the chest then we need to go back to ourselves and ask Allah (ﷻ) to forgive us. We're weak and we need Allah's Words for support.
- Allah (ﷻ) exalted the position of the Prophet (ﷺ). The disbelievers and enemies might be putting you down, but it's in the Hands of Allah (ﷻ) to elevate your remembrance.
- The remembrance of the Prophet (ﷺ) is elevated through saying the shahada, in the adhan, in the khutbah, and even by nonbelievers he's remembered as one of the greatest people.

**Ayat 5-6:**

فَإِنَّ مَعَ الْعُسْرِ يُسْرًا (٥) إِنَّ مَعَ الْعُسْرِ يُسْرًا (٦)

Verily, along with every hardship is relief, (5) Verily, along with hardship is relief (i.e. there is one hardship with two reliefs, so one hardship cannot overcome two reliefs) (6)

- Notice with the one defined hardship there are so many eases and this is a great blessing. This is a glad tidings to everyone; it's as if hardship is in the middle and it's all surrounded with ease.

**Ayat 7-8:**

فَإِذَا فَرَغْتَ فَانصَبْ (٧) وَإِلَىٰ رَبِّكَ فَارْغَبْ (٨)

So when you have finished (your occupation), devote yourself for Allâh's worship. (7) And to your Lord (Alone) turn (all your) intentions and hopes. (8)

- Even though the command is for the Prophet (ﷺ) but this is good for us. What's required to get opening of the chest? Put in more effort in worships. A person needs to busy himself in worships. Make dua, seek forgiveness, read the Qur'an, pray more – if a person is doing it already then he should increase.
- Our happiness is when we connect to Allah (ﷻ) and we just think of ourselves and Allah (ﷻ); this makes us happier.
- It's important to have extra hope in your dua. Someone in fear needs more hope in Allah (ﷻ).

***May Allah (ﷻ) help us apply what we learned and grant us opening of the chest. Ameen.***

**ADDITIONAL RESOURCES**

PAST CLASS NOTES AND NEW POSTS ON TELEGRAM

THIS IS OPEN TO BOTH WOMEN AND MEN

<https://t.me/markazalsalampublicationsENG>

